

# How to heal in Final Fantasy 16

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Final Fantasy 16 sequels in the ever-growing popular game series. The game has not been officially released yet, but the test version (demo) is attracting a lot of interest. Final Fantasy 16 promises to bring many new mechanics while retaining some familiar old mechanics. From what the demo has shown, it is clear that the game will have eye-catching and fascinating battles.

Those who have tested in the demo will know that the game is fast-paced and you won't be able to take your eyes off your enemies during battles. The main character is Clive, and he is low power at first. However, through fighting enemies, Clive will strengthen and improve his overall stats.

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In his journey Clive will have to encounter many powerful enemies, some of which are much higher level than himself. While lower level enemies won't pose much of a threat, higher level enemies can take a fair bit of Clive's health. If the player does not pay attention to his health bar, he can die very quickly. But fortunately there are quite a few items that help Clive heal.



In the bottom left corner of the screen, there are many items displayed. The player can heal by just pressing the up or right button on the D-pad. By default, potions can be used by pressing up, while High Potions are restored by pressing the Right button.

## Where can I find a healing pot?

Clive's fights will often leave him with low health. So players will try to get as many healing items as possible. According to the game, High Potions and Potions are popular throughout the game's world, and Clive will automatically pick them up without pressing any buttons. Clive will heal a small amount of health if using Potions, while High Potions will heal more. High Potions restore 40% of your maximum health, while Potions are 20%.



As the game goes on, you can expect to find more and more and they will certainly be very useful when fighting strong enemies.

There is also a limit to the number of Potions and other items Clive can carry at one time. If the inventory is full, the item will be used. So you have to use items wisely so that players save on healing items.

Final Fantasy 16 will be released on June 22, 2023, for PlayStation 5.

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