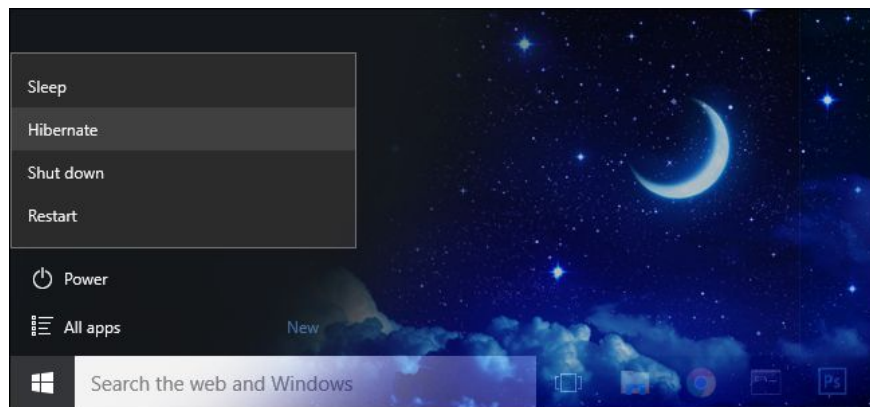


# How to enable / disable Hibernate mode in Windows 10

Hibernation as its name implies is the 'deeper' version of Sleep mode. Instead of keeping apps running in RAM, Hibernate mode transfers all data to the hard drive.

This allows the computer to shut down completely and use no power compared to Sleep mode.

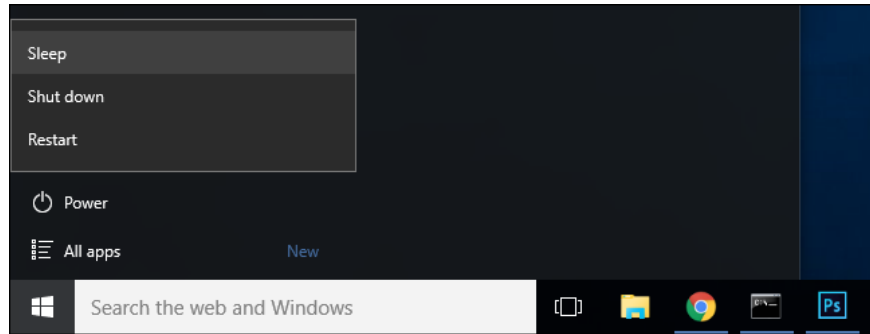
In the past, this mode had a slight impact on performance, it would take longer to start the computer and continue working. But with today's modern solid state drives - SSDs, shutting down and starting up with Hibernate hibernation is very flexible, as fast as Sleep mode, so there are almost no downsides.



With this mode, your computer can completely shut down while keeping the open applications and programs the next time you boot. All data will be quickly transferred from the hard drive to RAM in seconds, making the job much smoother and saving much more time.

If you do not understand what **Hibernate** is, you can refer to the following article: [Difference between Sleep and Hibernate in Windows](#).

## How to enable Hibernate mode on Windows 8 and 10

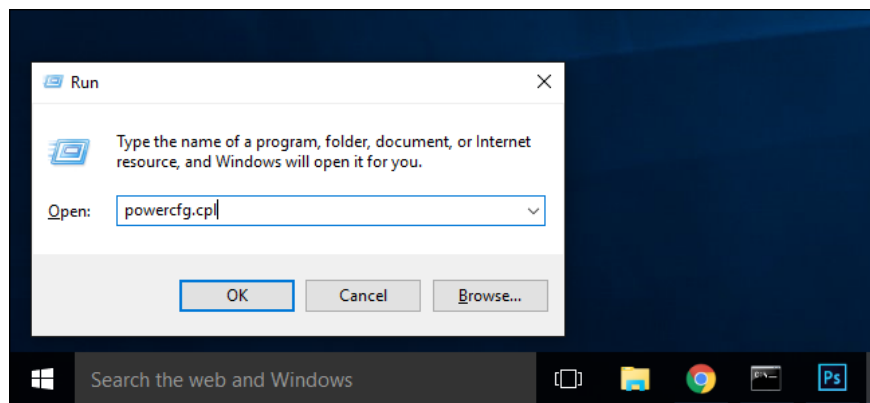


**Hibernate** hibernation option is disabled by default in **Windows 8 and 10** , but fortunately enabling it is easy.

**Step 1:** In Windows 8, you can press the shortcut Windows + I to open the **Settings** menu , then select **Control Panel** and select 'Power Options'.

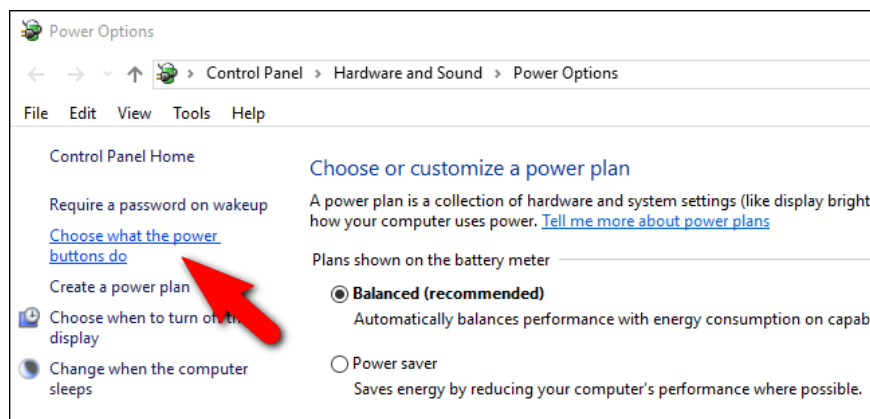
For Windows 10 press as well Windows + I, but instead select **System** then select **Power and Sleep** from the left navigation panel and finally click **Additional power settings**.

However I have a quick way that can be applied to both versions of Windows, just press the key combination WIN + R to pull up the **Run** dialog then type ' *powercfg.cpl* ' and hit **enter**.

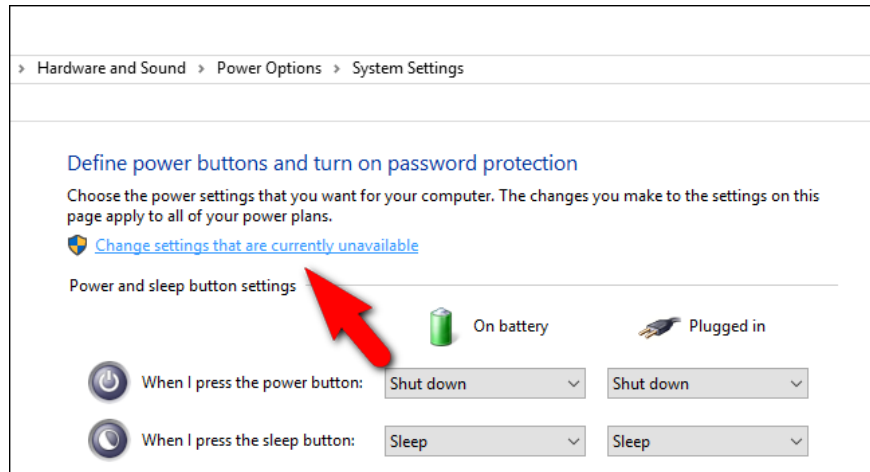


This command is a direct shortcut to the **Power Options** settings **menu** . From here on out, the steps are exactly the same on both operating systems.

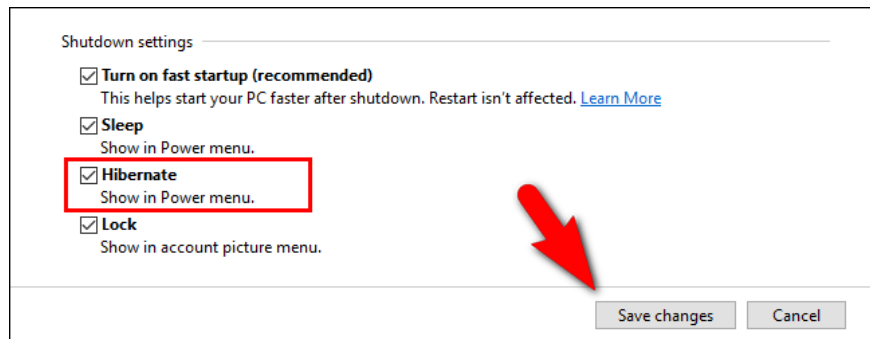
**Step 2:** Choose ' **Choose what the power buttons do** ' from the left navigation panel.



**Step 3:** At the top of the window, click on ' **Change settings that are currently unavailable** ' .



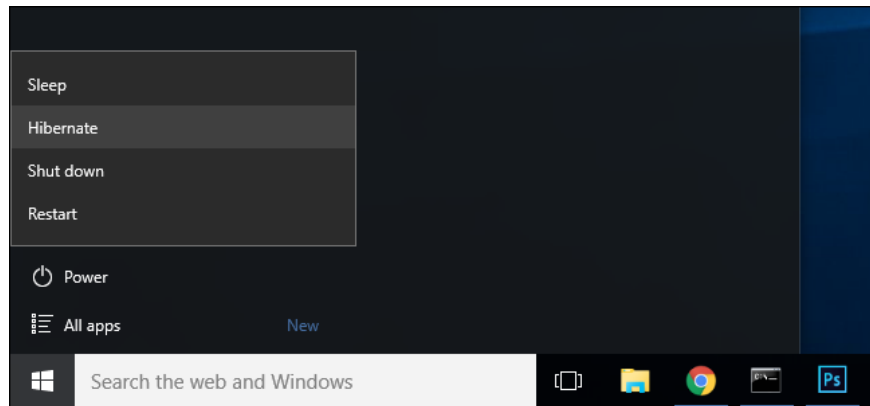
**Step 4:** Scroll to the bottom of the window and check ' **Hibernate: Show in Power menu** ' then click the **Save changes** button .



Finally, close the **Power Options** panel . This change takes effect immediately after that, you don't need to restart your computer.

**Note:** To turn off this mode, just uncheck **Hibernate** and tap **Save changes** again.

Now when you press the **Power** button in the **Start** menu , we will see the **Hibernate** option under Sleep. Left click on it then Windows will move the applications running on RAM and hard drive, shut down completely and wait for you to restart the computer -> display exactly open applications and programs.



The tutorial on how to enable / disable Hibernate mode on Windows 10 here is the end. I believe that when using this mode, the process of working on your Windows computer will save a considerable amount of time. If your friends are also using Windows, do not hesitate to share how to enable and use this hibernation with them.

You finished reading the article "**How to enable / disable Hibernate mode in Windows 10**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.