

# How to download Instagram Reels

You might want to download Instagram Reels videos offline so you can watch them whenever you want - or to easily reshare them with your friends via messaging apps.

Instagram Reels and IGTV are the two main video features available on Instagram. Unlike IGTV, Reels videos are kept short, just like Tik Tok.

So you might want to download Instagram Reels videos offline so you can watch them whenever you want - or to easily reshare them with your friends via messaging apps.

In this article, TipsMake.com.com will show you how to download Instagram Reels videos to your device.

## How to download any Instagram video to your device

By default, online videos consume a lot of data. Downloading videos offline is a useful way to save data. That way, the next time you want to watch the video again, you don't have to use your valuable data.

This also allows you to share videos with friends on messaging apps, even if you lose the sharing link.

The method that the article outlines here is not as simple as Tik Tok's method of saving videos. Instead, you use Instagram's Story feature to save the Reel to your phone.

Here's how to save those Instagram Reels videos to your device storage:



1. Go to any Instagram Reels video you want and tap the **Send button**.
2. Select **Add Reel to Your Story** (on iPhone) or **Add Post to Your Story** (on Android).
3. On the Story preview page, tap and hold the video with two fingers - one finger on top and one finger on the bottom.
4. Scale the video to fit perfectly on the Story preview page.
5. Click the **Download** icon in the menu above to save the video. Instagram will save the video on your device almost instantly.

And that's how you save any Instagram Reels video to your device without using any third-party apps or websites.

You can find your video inside the **Photos** app on iPhone when it's saved to **your Camera Roll**. If you are using an Android device, the video will be saved in the Instagram folder.

This method also works for IGTV videos.

## Save Instagram Reels videos to watch offline

Downloading Instagram Reels videos for offline viewing can be useful in many different situations. While there are plenty of other third-party downloaders, none beats the built-in one.

So instead of taking extra steps to save Reels, take matters into your own hands by using Instagram's built-in method.

And as you may already know, many third-party downloaders have reliability issues.

Hope you are successful.

## Video instructions for downloading Instagram Reels

You finished reading the article "**How to download Instagram Reels**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.