

How to disable Windows 10 updates, permanently block automatic Windows 10 updates.

Every week, the system automatically downloads and updates Windows 10 to the latest version, which can be frustrating for users due to slow performance, freezing, crashing, or lag. Therefore, Taimienphi will show you how to quickly and easily disable Windows 10 updates in less than a minute.

If you want to control updates on Windows 10, this guide provides detailed instructions with simple steps **on how to disable Windows 10 updates**. Utilize the available settings to manage updates flexibly and conveniently.



Permanently Disable Windows 10 Updates:

1. Disable Windows 10 updates using software.
2. Disable them in services.
3. Disable them in Windows Update Settings.
4. Disable them using Group Policy Editor.
5. Disable automatic Windows 10 updates when connected to Wi-Fi in Metered Connection mode.
6. Disable Windows 10 updates via the Registry.
7. Disable Windows 10 updates for 35 days.
8. Restore Windows 10 to a previous version.

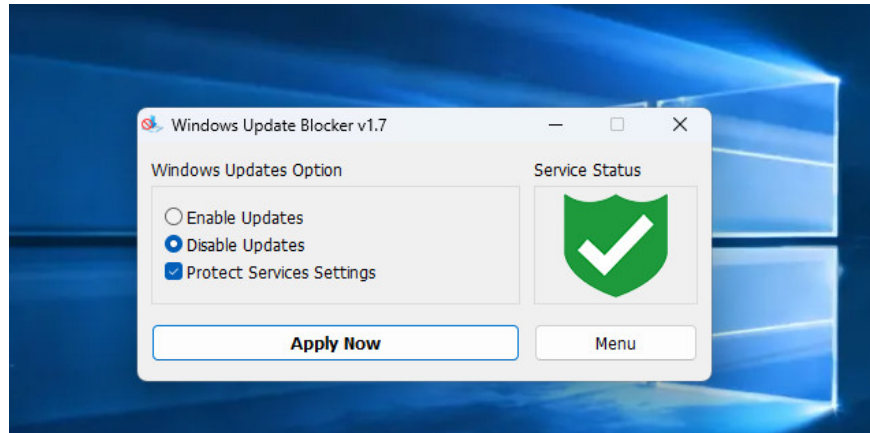
Ways to permanently disable Windows 10 updates.

1. Disable Windows 10 updates using software.

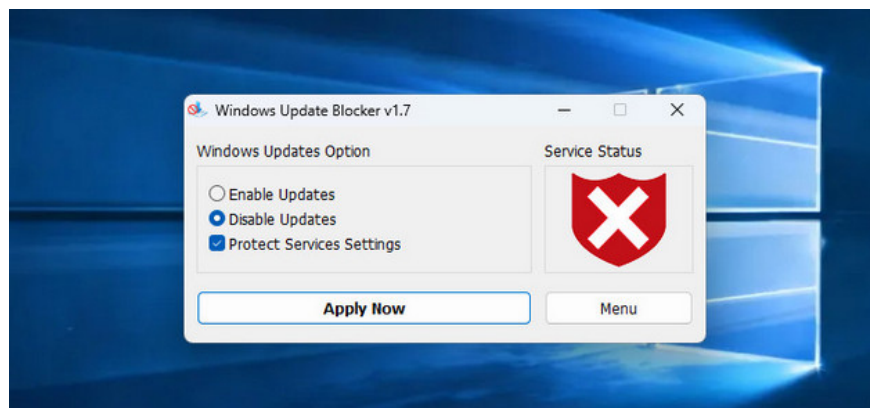
For those who are not tech-savvy or computer-savvy, using software to disable automatic Windows 10 updates is the most suitable option. With just a simple click, everything is completely resolved. This tool can also disable **Windows 11 updates** and updates for other operating systems.

Step 1: First, you need to download the latest version of **the Windows Update Blocker** tool from here.

Step 2: Extract and open the software, select Disable Update => click Apply Now.



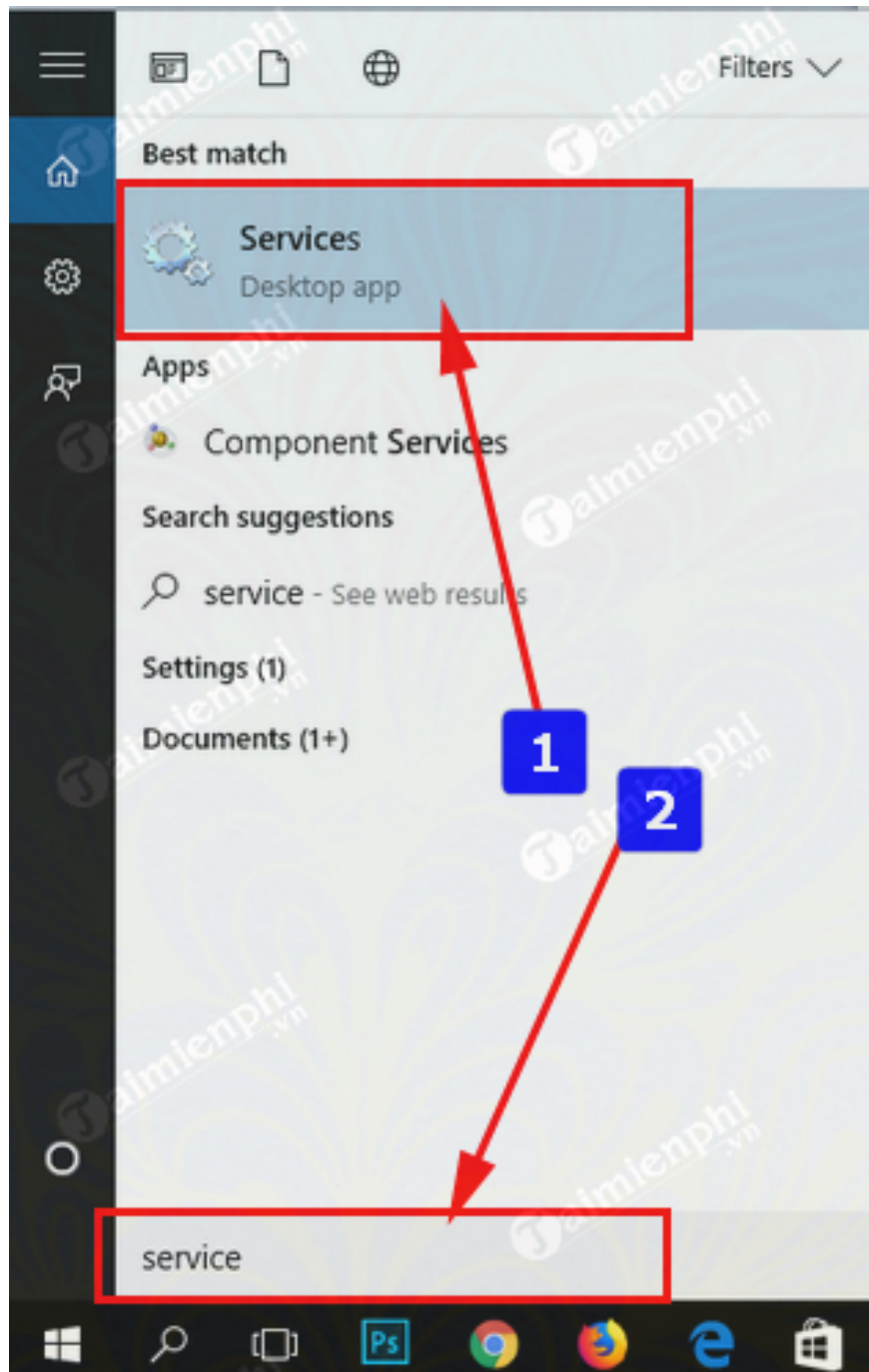
- When the Service Status notification turns red, it means you have successfully disabled Windows 10 updates on your computer or laptop.



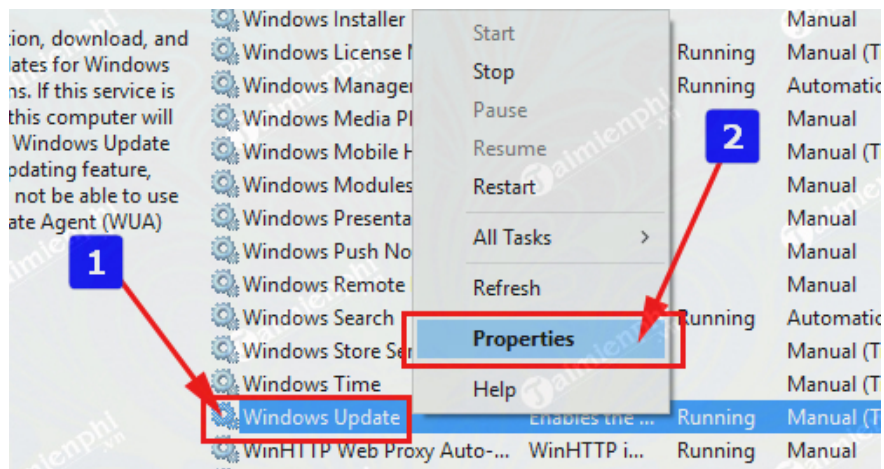
2. Disable Windows 10 updates by turning them off in services.

In the services section, you can disable the automatic download and installation of Windows 10 updates on your computer or laptop. This method is currently used by many people because of its effectiveness and ease of operation.

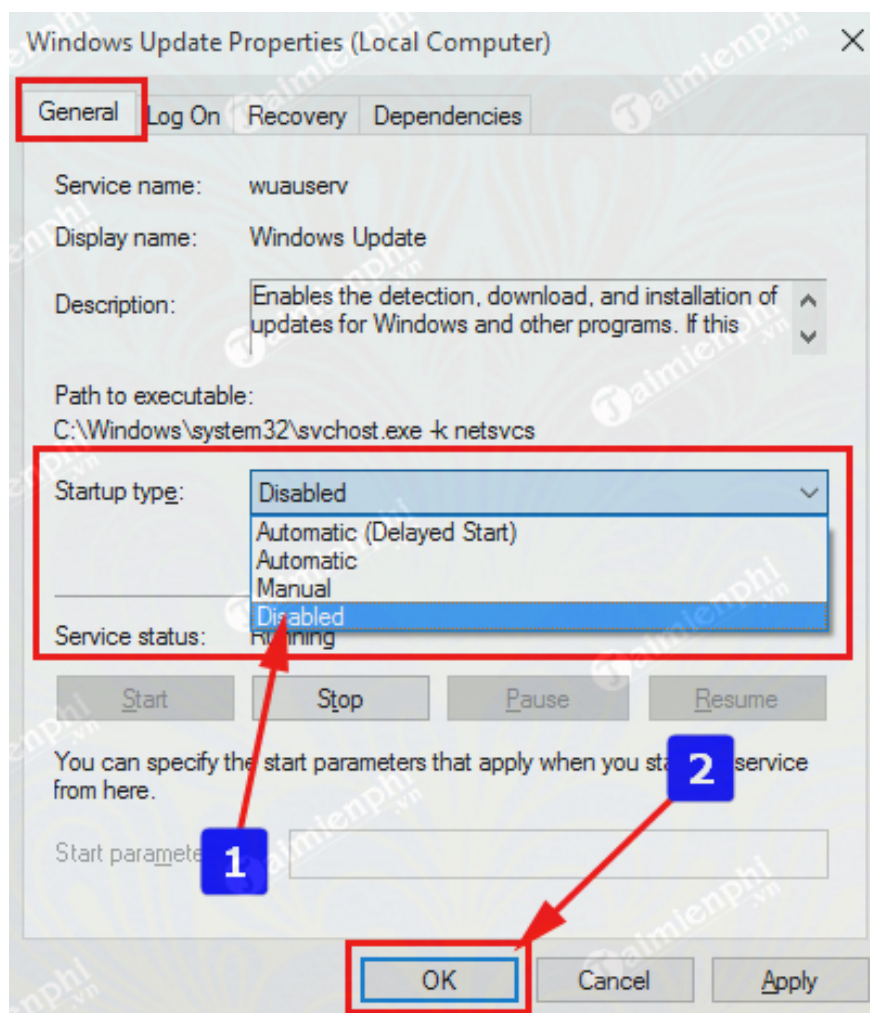
Step 1: From the Search box on the **Taskbar** => Type " **services** " => Select **Services**



Step 2: Scroll down and select **Windows Update** => select **Properties**



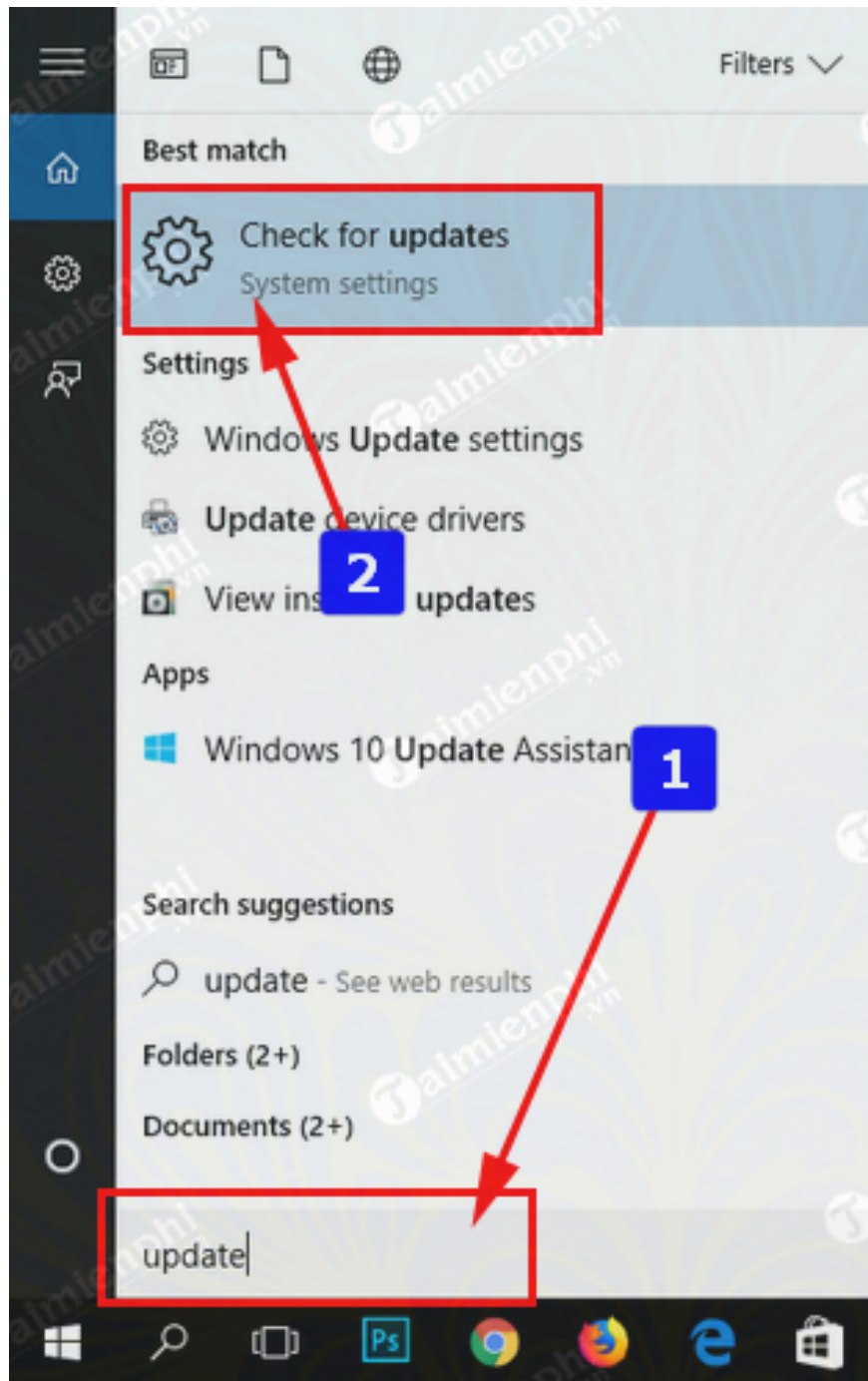
Step 3: In the **Garage** tab => **Startup type** => select **Disables** => select **Apply** => select **OK**



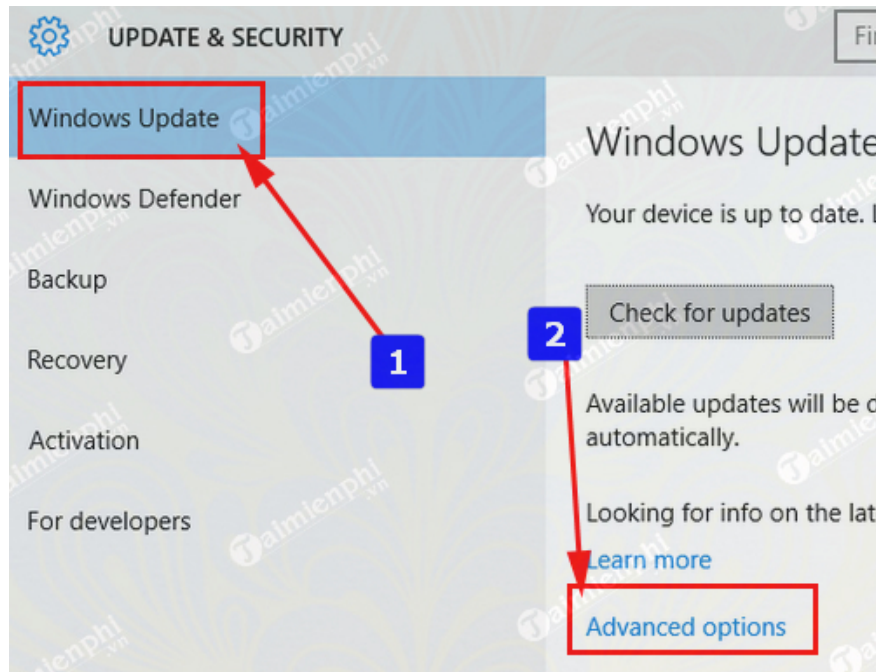
3. Turn off Update Win 10 in Windows Update Settings

This setting doesn't completely disable automatic Windows 10 updates, but it will send a notification to the user before the update, giving you time to prepare so that it doesn't affect other activities on your computer.

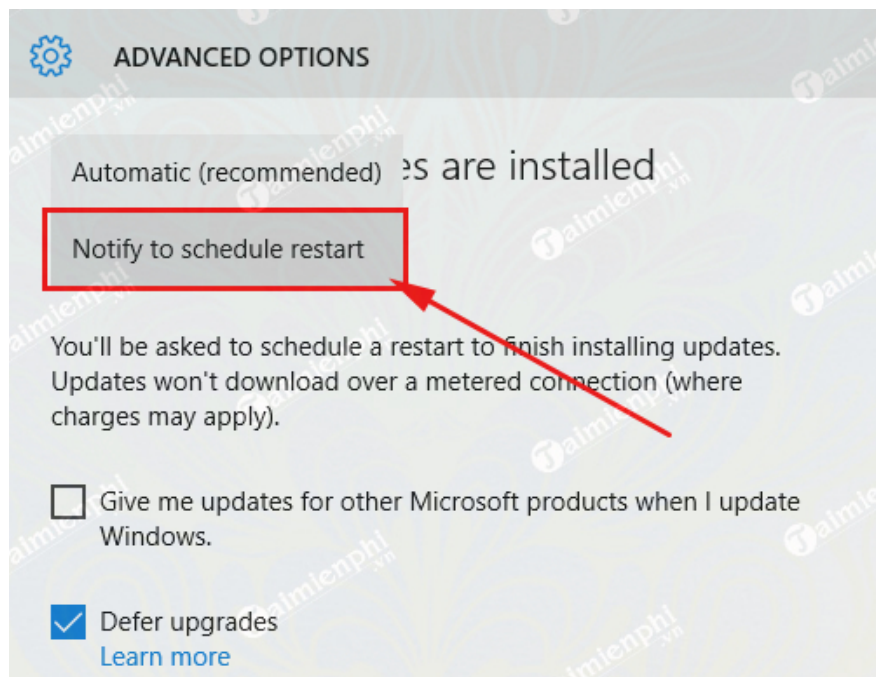
Step 1: In the Search box on the **Taskbar** , type " **update** " and click " **Check for updates**".



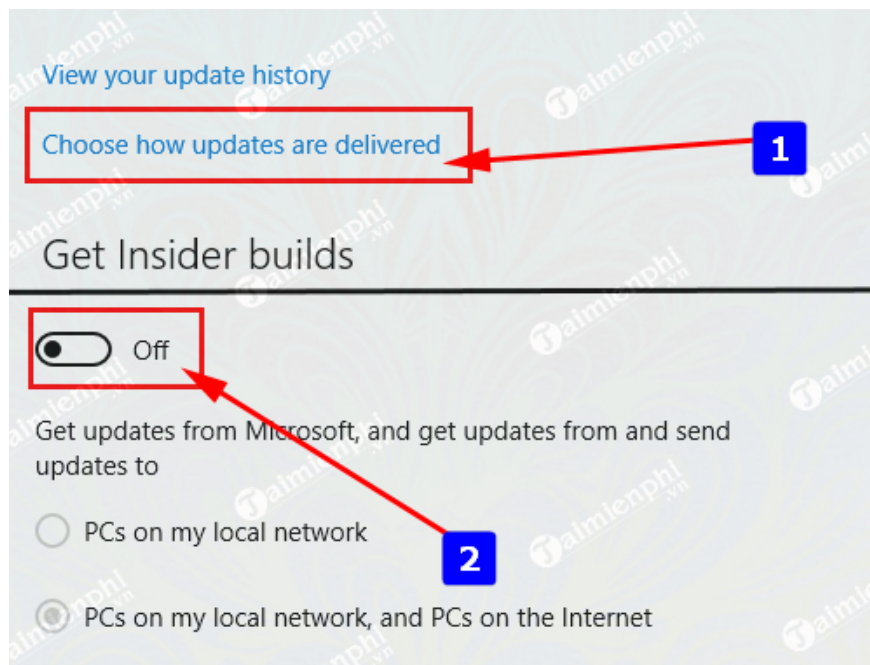
Step 2: In Windows **Update** , select **Advanced options** .



Step 3: In **Choose how updates are installed**, select **Notify to schedule restart** (default is Automatic (recommended)). * If using Windows 10 Pro, check the **Defer upgrades** option. * Alternatively, you can also select **Choose how updates are delivered** to choose how updates are delivered from the system.



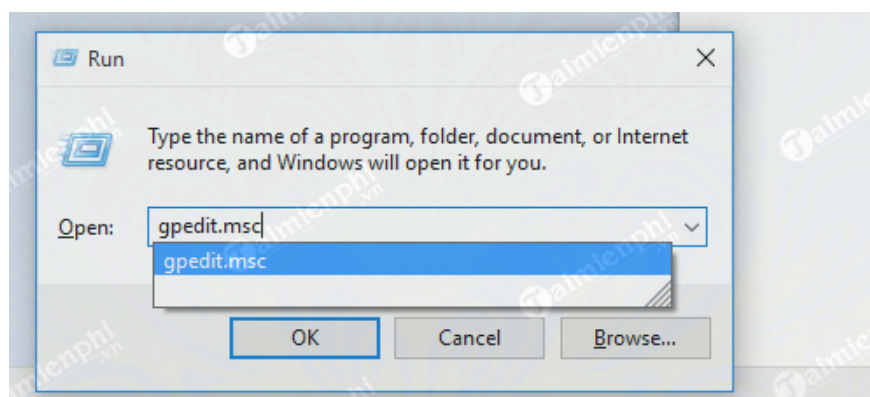
Additionally, you should disable Windows Update Delivery Optimization to reduce bandwidth usage, as this is a common cause of slow performance and network lag. => **Select Choose how updates are delivered => Select Off**



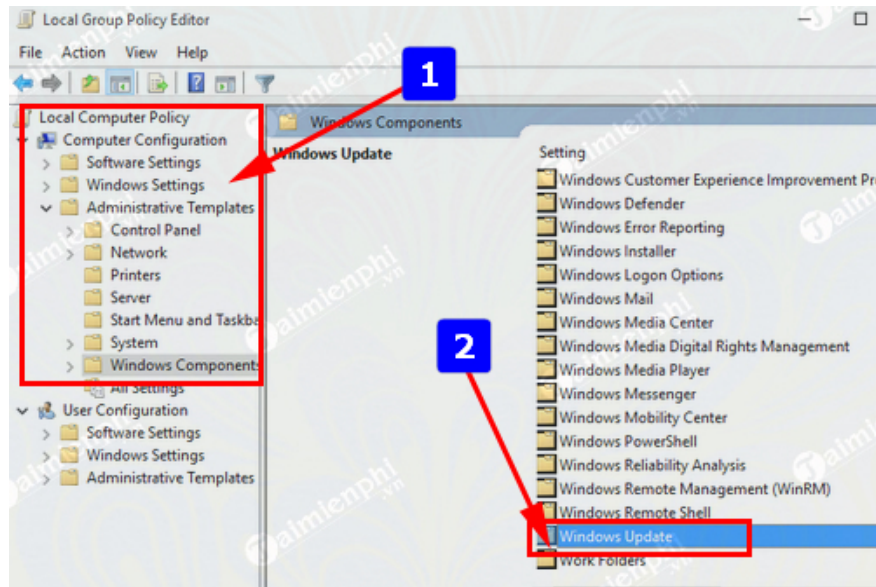
4. Disable Windows 10 updates using Group Policy Editor

This method of disabling updates does not apply to Windows 10 Home and Windows 10 Single Language versions, as they do not allow you to adjust settings in gpedit. You can use software to disable auto-updates instead.

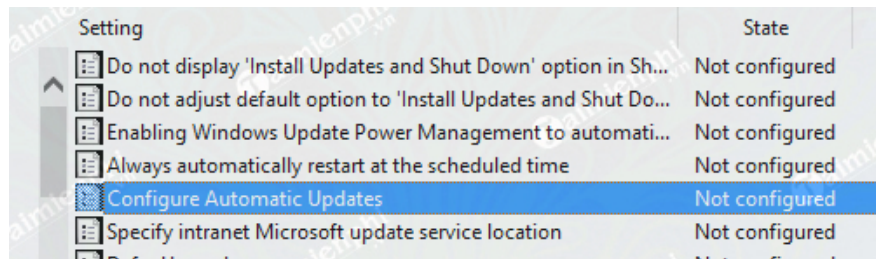
Step 1: Press the Windows + R key combination to open the Run window. Type **gpedit.msc** and press **Enter** to open **the Local Group Policy Editor**.



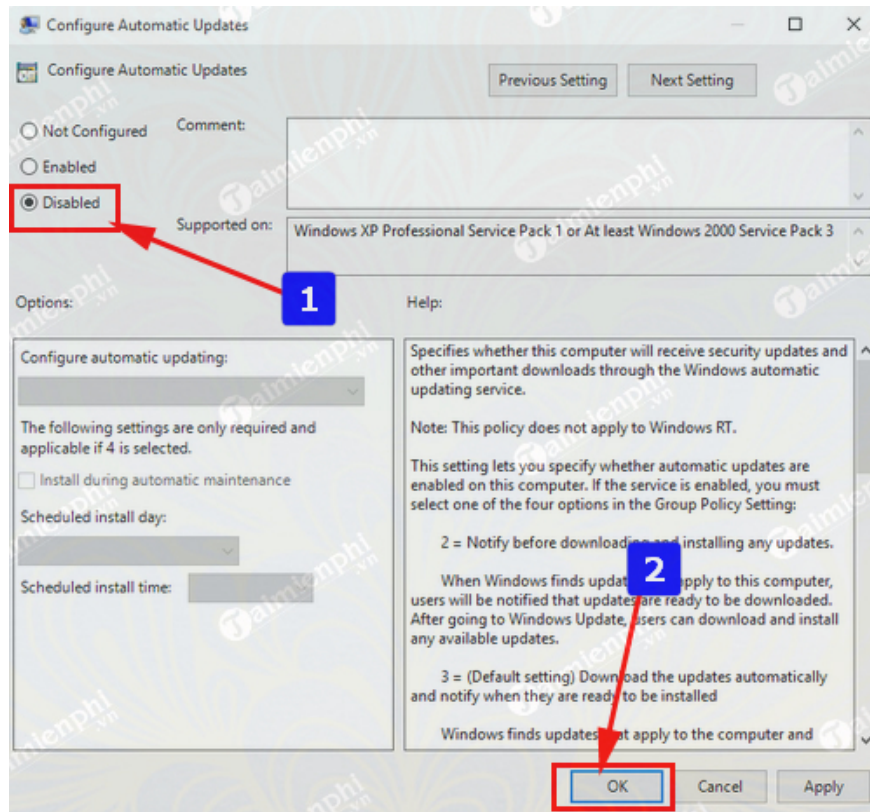
Step 2: In the Group Policy Editor window, locate the Windows Update key at the path Computer Configuration => Administrative Templates => Windows Components => Windows Update



Step 3: In the right-hand pane, double-click on **Configure Automatic Update**.



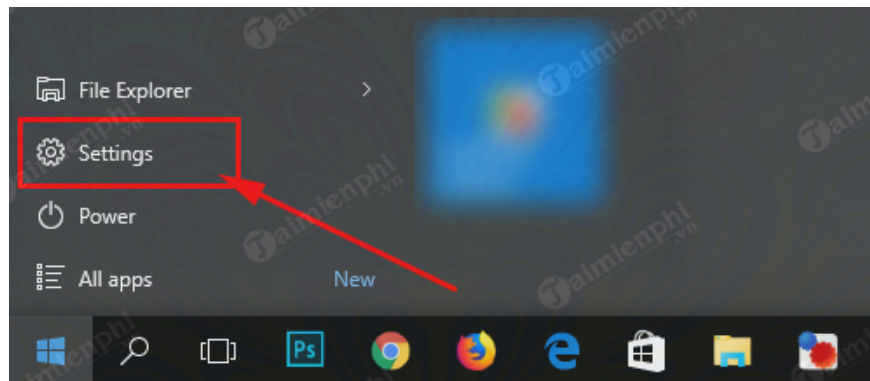
Customize this setting to **Disable** , then press **OK** to save the settings.



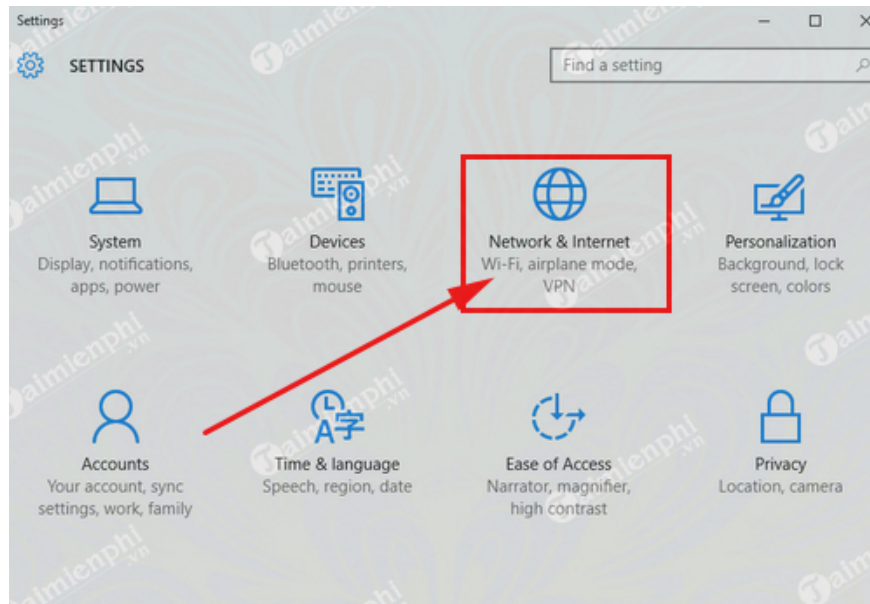
5. Turn off Windows 10 updates when connected to Wi-Fi.

To enable the "Set as metered connection" option, follow these steps:

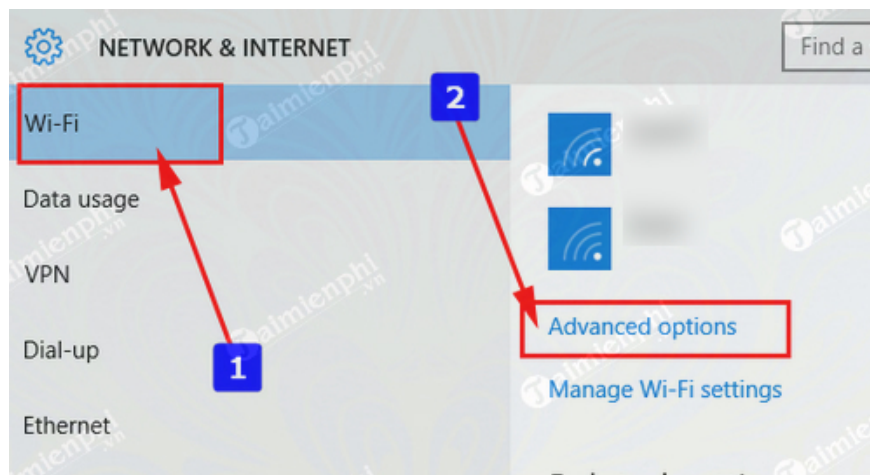
Step 1: Launch the Start Menu from your desktop and select **Settings**.



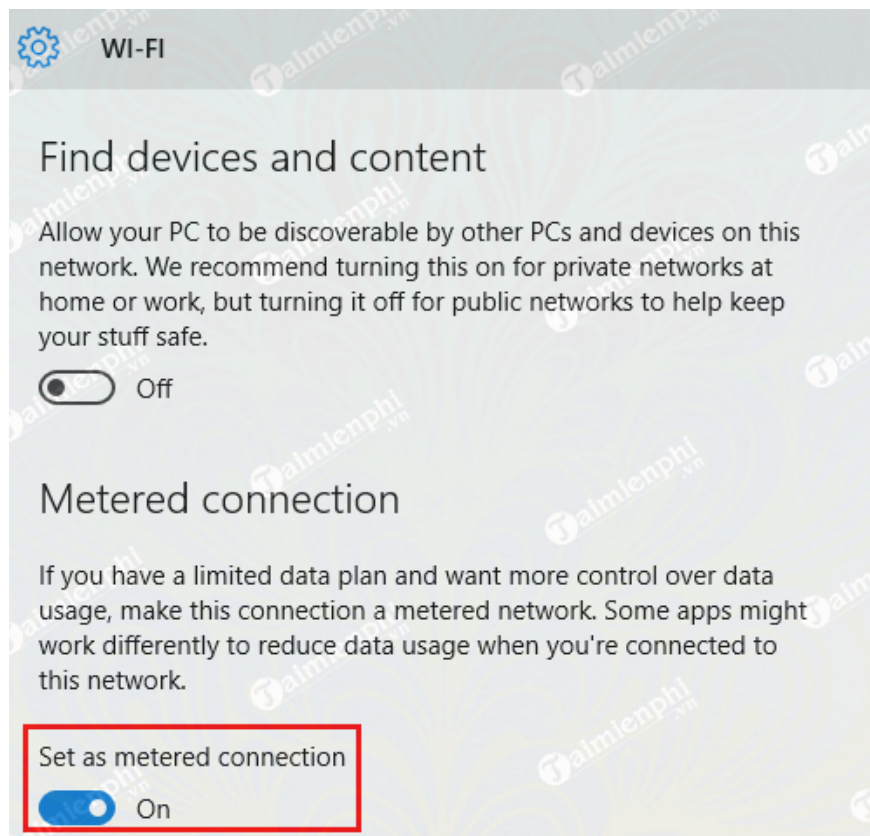
Step 2: Continue by clicking on Network & Internet



Step 3: Then , click on Wifi on the left side, and then click on Advanced options.



Step 4: Click on the Wifi connection name, then select Properties. Scroll down to find the Metered Connection section, and finally click to turn on Set as Metered Connection => On.



Note: - This method only applies to Wi-Fi connections because Windows 10 will not recognize any other type of Ethernet as a Metered Connection. - This method will help those using Wi-Fi with data limits; you can temporarily pause Windows 10 updates if you run out of Wi-Fi data.

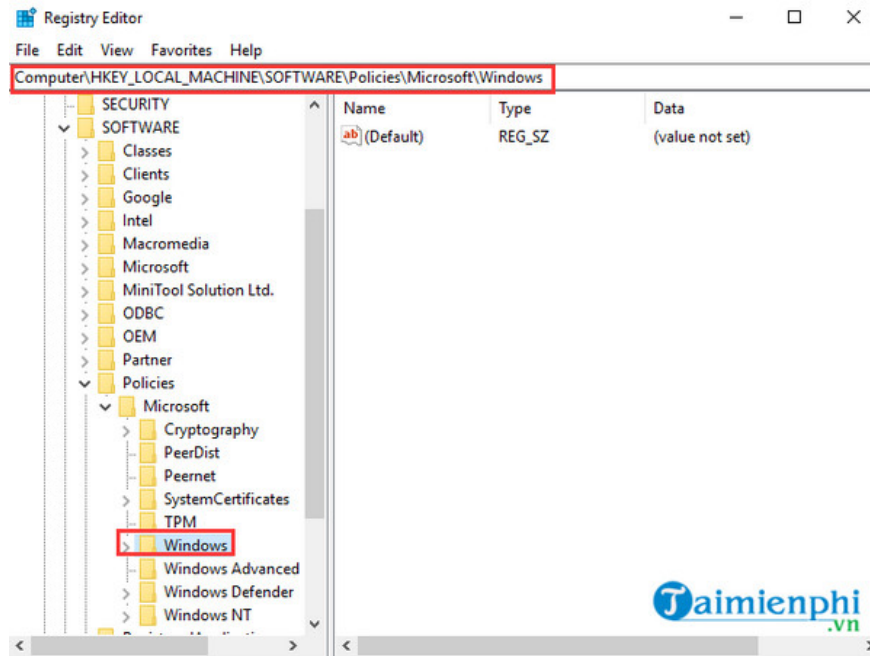
6. Disable Windows 10 updates by tweaking the Registry.

Note: Modifying a corrupted Registry can cause a range of system problems, even rendering the system completely inoperable. Therefore, TipsMake recommends backing up your system before proceeding with these steps.

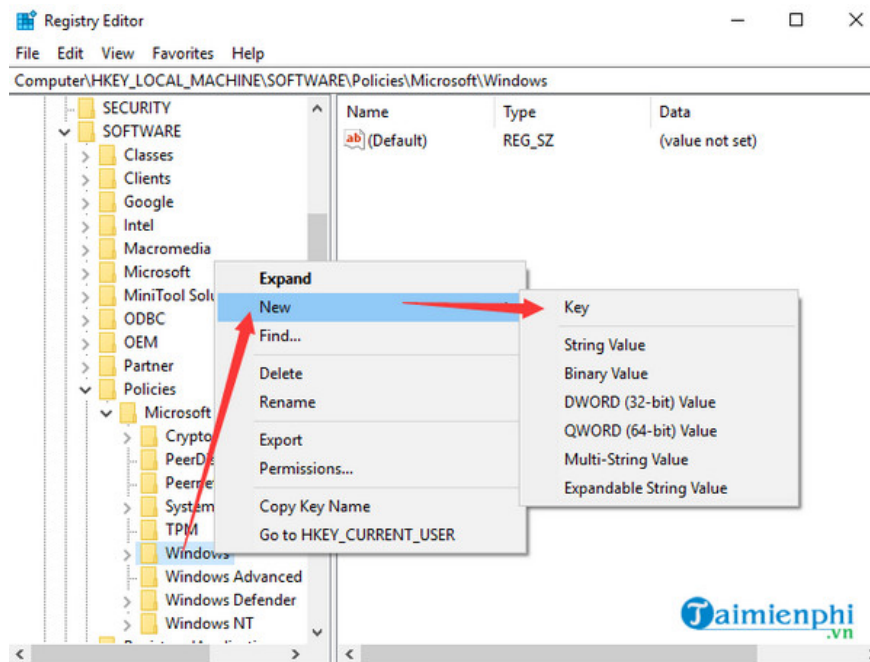
Step 1: Press Windows + R to open the Run window, then type regedit and press Enter to open the Registry Editor.

Step 2: In the Registry Editor window, navigate to the following path:

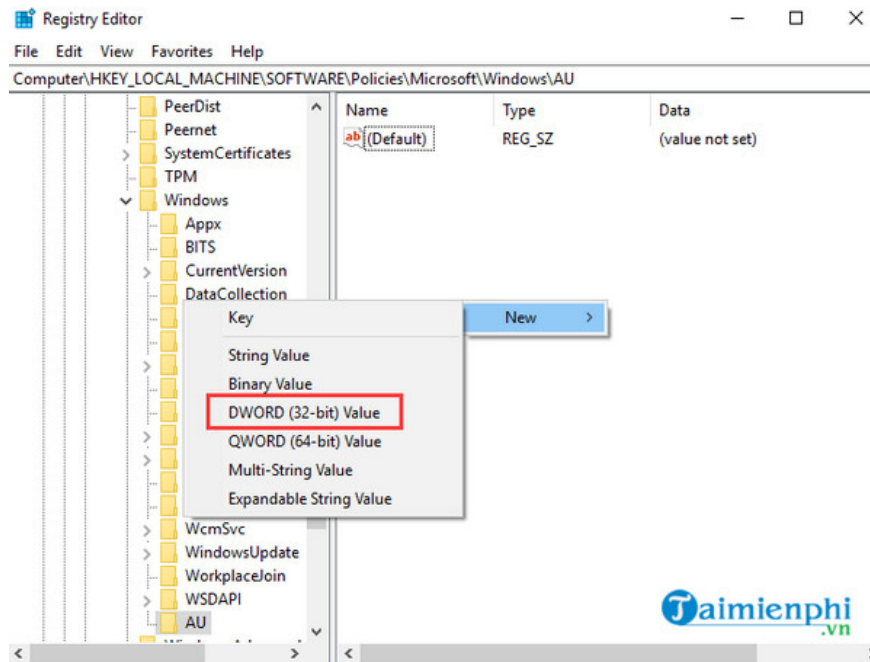
HKEY_LOCAL_MACHINE\SOFTWARE\Policies\Microsoft\Windows



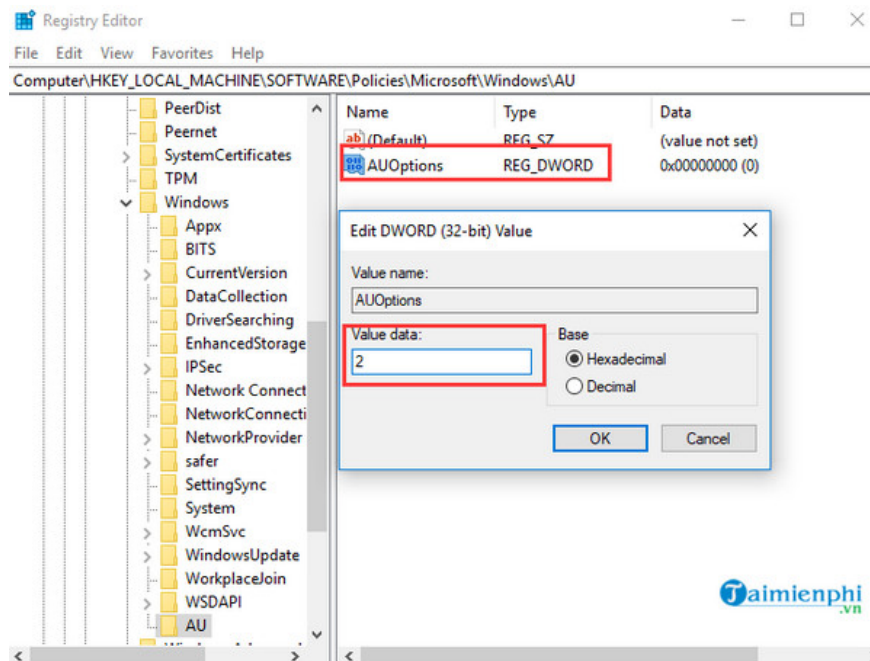
Step 3: Find and right-click on the Windows key => New => Key and name this key AU.



Step 4: Right-click on the AU key, select New => DWORD (32-bit) Value => name it AUOptions.



Step 5: Double-click on AUOptions. In the window that appears, set the value in the Value data field to 2, then click OK.

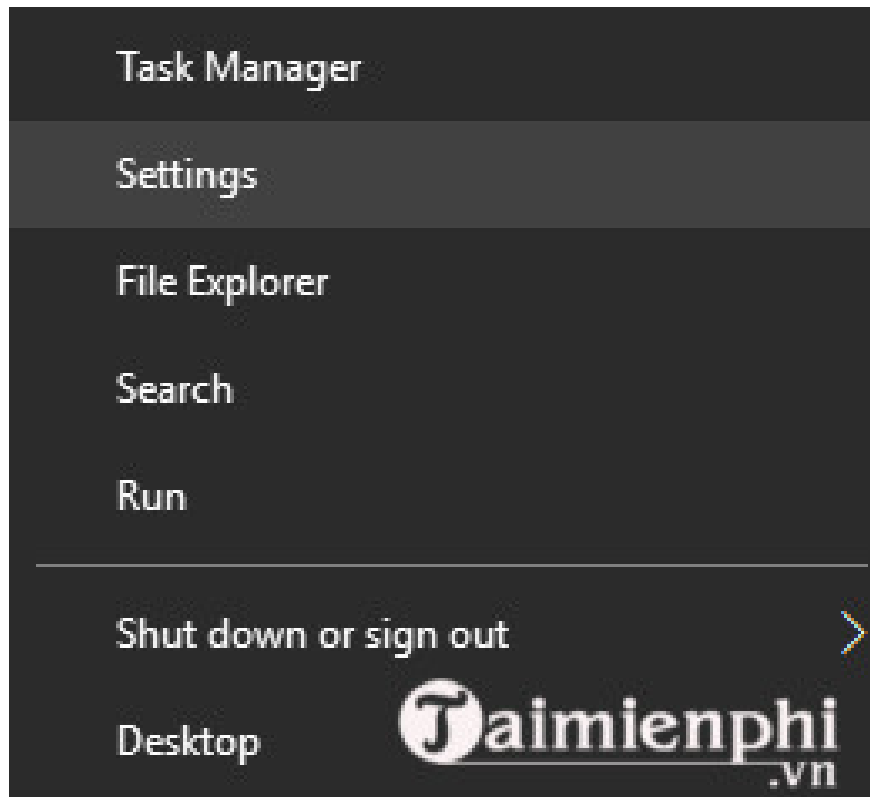


Step 6: Finally, restart your computer to apply the changes. From now on, Windows 10 will no longer automatically update.

7. Turn off Windows 10 updates for 35 days.

To temporarily disable Windows 10 updates, you can set the system to stop updating for 35 days.

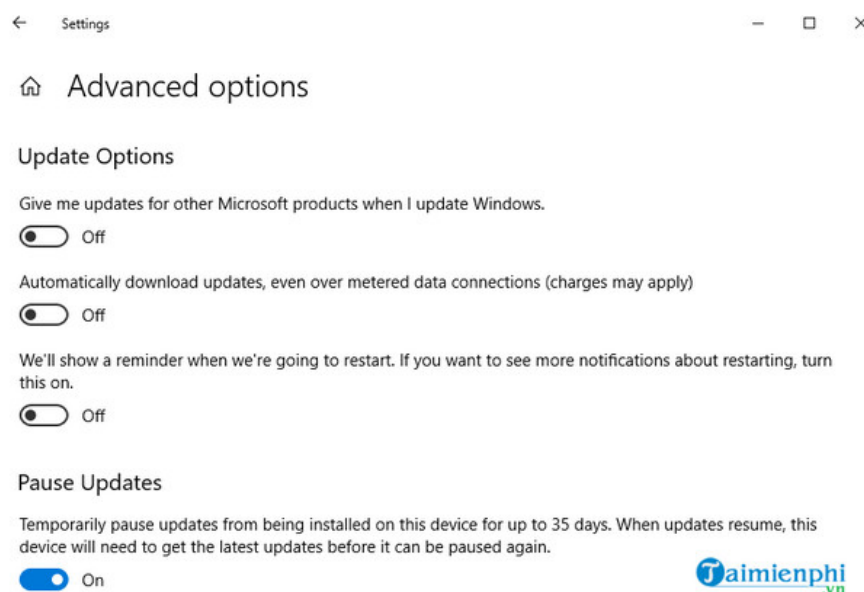
Step 1: Right-click the Start button and select Settings to open the Settings window.



In the Settings window, find and click on Update & Security.

Step 2: In the Update & Security window, find and click Windows Update in the left pane, then find and click Advanced Options in the right pane.

In the Advanced Options window, find and enable the Pause Updates option by toggling the slider.



This action will cause Windows 10 to pause updates for 35 days.

Note: On Windows 10 versions 1903, 1809, and 1809, users are only allowed to pause updates for a maximum of 7 days.

8. Block Windows 10 updates by reverting to a previous version.

The final available solution to disable Windows 10 updates and block Windows 10 updates is to revert to a previous version. However, to apply this method, you need to have a backup image available.

To learn more about how to restore Windows 10 to a previous version, you can refer to the guide on using System Restore on Windows 10 here.

So, TipsMake has just shown you how to disable Windows 10 updates. However, according to information TipsMake has obtained, Microsoft will have a policy of 'forcing' users to update to Windows 10, so this solution is only temporary.

Why does Windows 10 automatically update to a new version?

Microsoft manages all computers running the Windows operating system on a single platform to facilitate the release of security patches, performance updates, and stability improvements across systems worldwide.

Undeniably, updating to new versions of Windows 10 fixes many known bugs and provides users with new features. However, the update process takes a considerable amount of time, requires multiple device restarts, and in some cases, if the update fails, it can cause a series of frustrating problems for users. This is precisely why we should disable or block Windows 10 updates.

Additionally, please refer to how to fix **the Windows 10 black screen** during startup to enhance your knowledge.

You finished reading the article "**How to disable Windows 10 updates, permanently block automatic Windows 10 updates.**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.