

How to detect and treat a stroke early

When detecting warning signs of stroke, patients should be immediately transferred to the nearest medical facility, which will help reduce mortality and disability rates.

A stroke, cerebrovascular accident, or cerebrovascular accident is a medical condition in which blood flow to the brain is reduced leading to cell death. There are two main types of stroke: ischemic, caused by lack of blood flow, and hemorrhagic, caused by bleeding. Both result in parts of the brain failing to function.

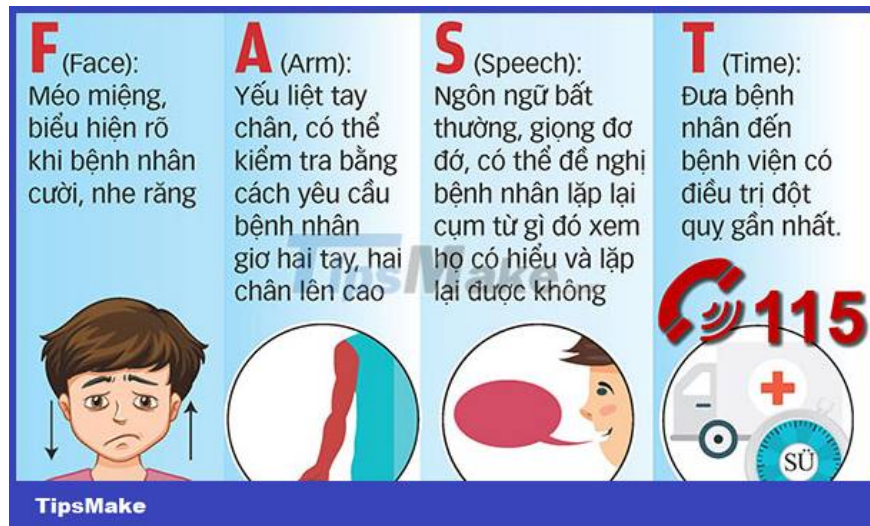


A stroke is an urgent medical emergency

A stroke is an urgent medical emergency. Therefore, when detecting warning signs of stroke, patients need to be transferred immediately to the nearest medical facility, which will help reduce the rate of death and disability.

Signs of a stroke

Stroke symptoms are very simple, people can recognize these signs according to the FAST principle



Signs of a stroke

F - Face

Face - Facial expressions such as disproportionate, distorted mouth when the patient smiles or bared teeth.

A - Arm

Limbs - Limbs are weak and paralyzed. It can be checked by asking the patient to raise his arms and legs.

S - Speech

Voice - Unusual, dull voice. Ask the patient to say, repeat a simple phrase. If you don't speak fluently, your voice is distorted or you can't speak, it's an abnormal sign.

T - Time

Time - Time is gold. **Call 911** immediately or take the patient to the nearest stroke hospital. Seek emergency care within the first 3-4 hours after a stroke

What to do while waiting for a stroke emergency

1. Observe the patient's expressions to provide information to the medical staff when they arrive. This will help with emergency treatment.
2. Help the patient lie down in a cool, ventilated place. Clean phlegm, drool in mouth, nose for easy breathing.
3. Absolutely do not arbitrarily give drugs or suck on antihypertensive drugs or any medicine.
4. No shaving, cutting,.

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