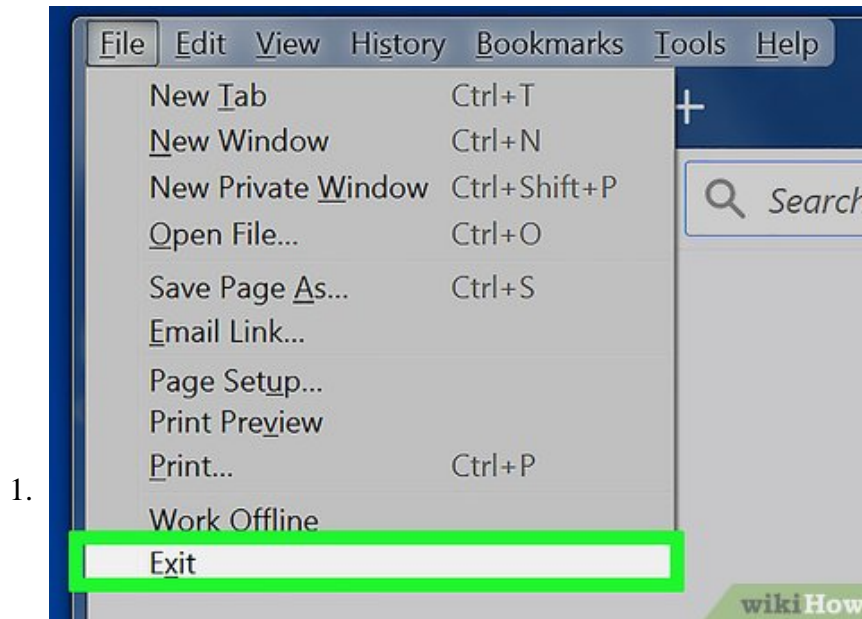


# How to Delete Temporary Files in Windows 7

This wikiHow teaches you how to remove temporary files from your Windows 7 computer. To do this, you must first enable your computer's 'Show Hidden Files' feature, after which point you can delete temporary files from your computer's App...

Part 1 of 4:

## Showing Hidden Files



**Close every open program that you can.** Programs on your computer use files that are in the **Temp** folders, so you won't be able to delete some temporary files if they're being used by programs.

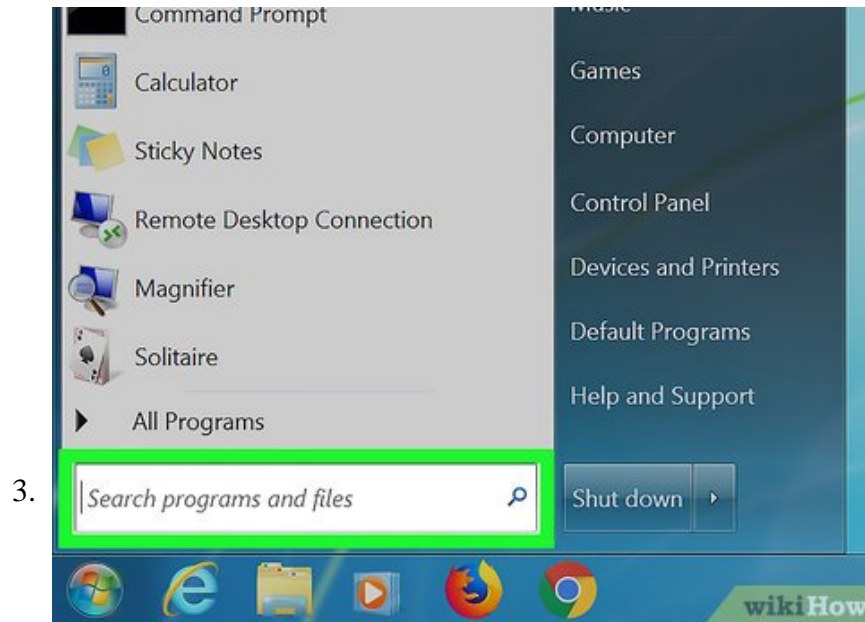
2.



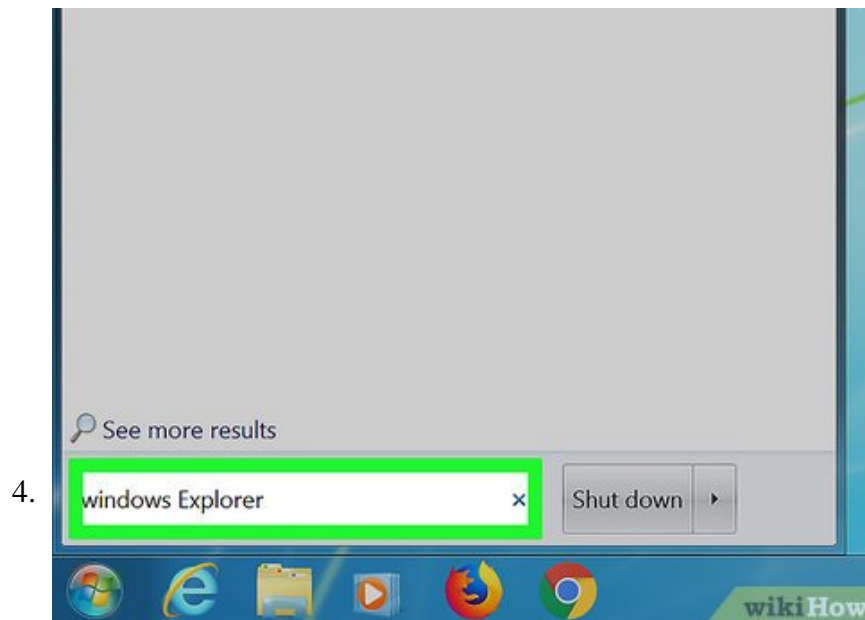
**Open Start**



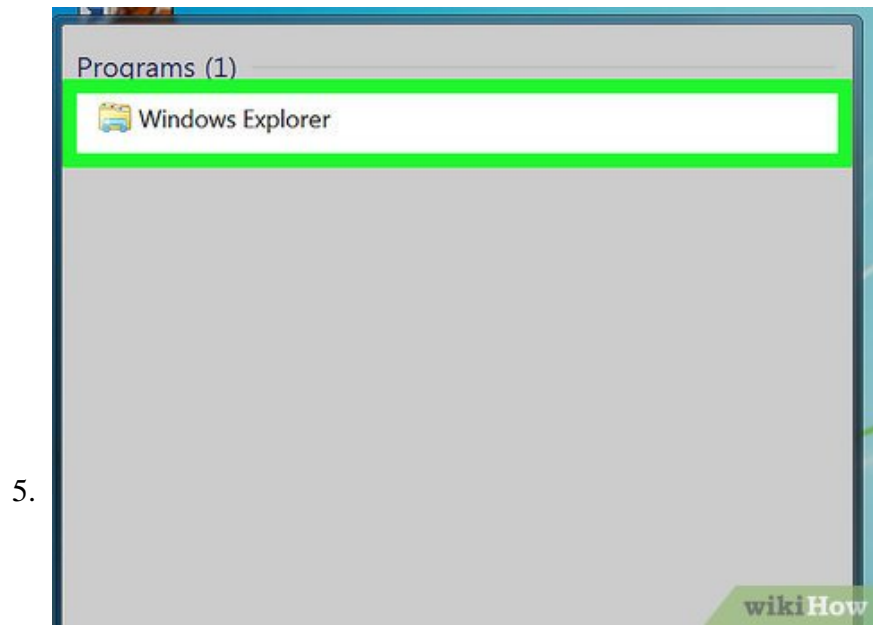
. Click the multicolored Windows logo in the bottom-left corner of the screen.



Click the text box. It's at the bottom of the Start window.



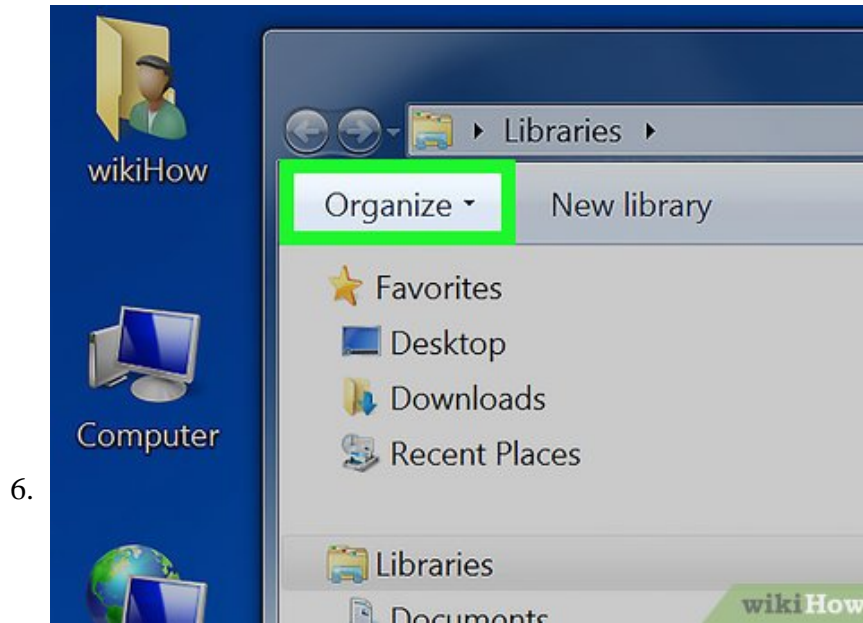
Type in **windows explorer**. Doing so will search your computer for the Windows Explorer app.



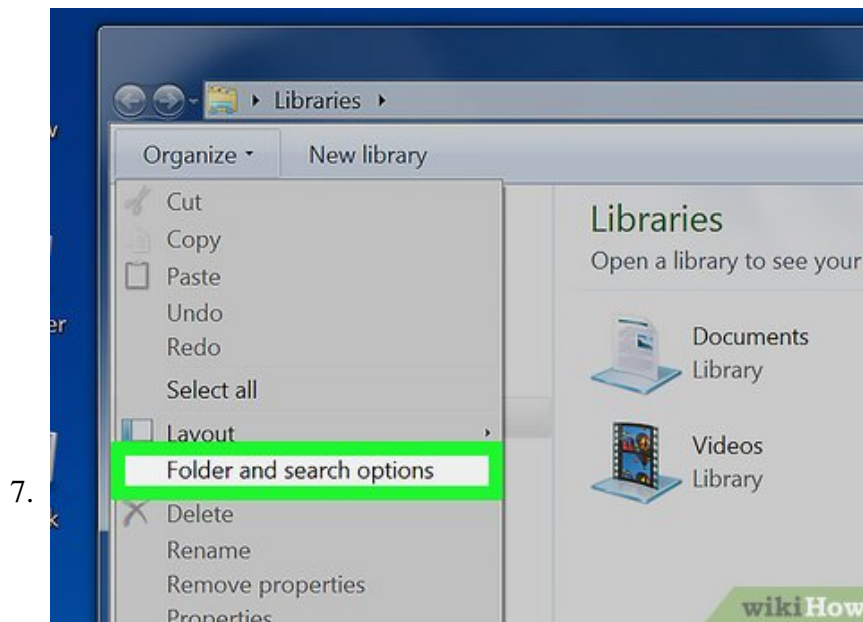
**Click**



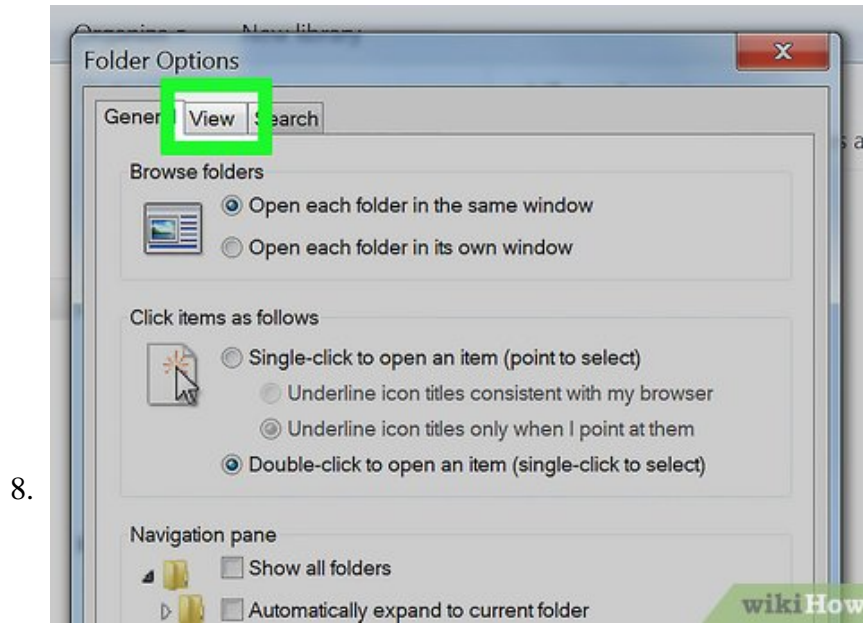
**Windows Explorer.** It's the folder-shaped option at the top of the Start window.



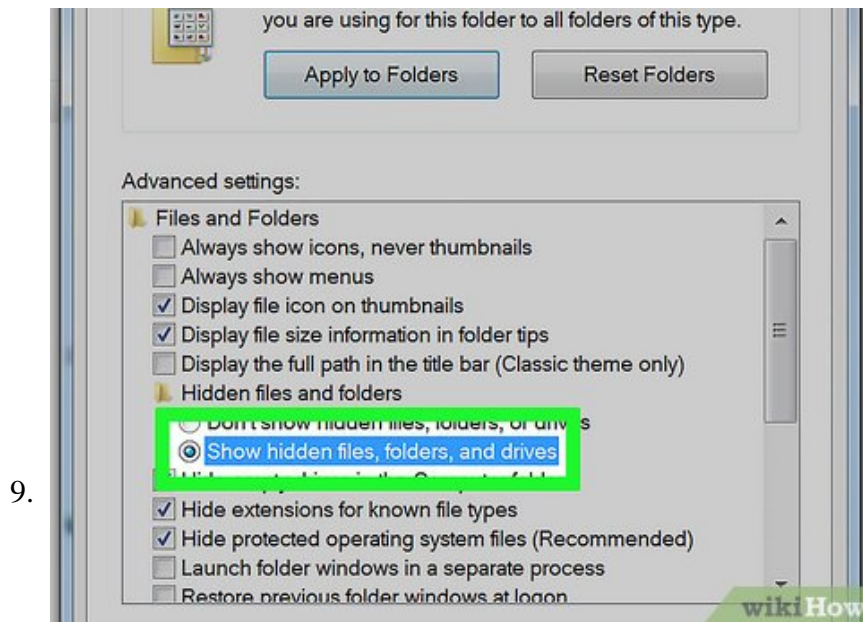
Click **Organize**. You'll find this tab in the top-left side of the window. A drop-down menu will appear.



Click **Folder and search options**. It's near the middle of the drop-down menu. This prompts a new window to appear.



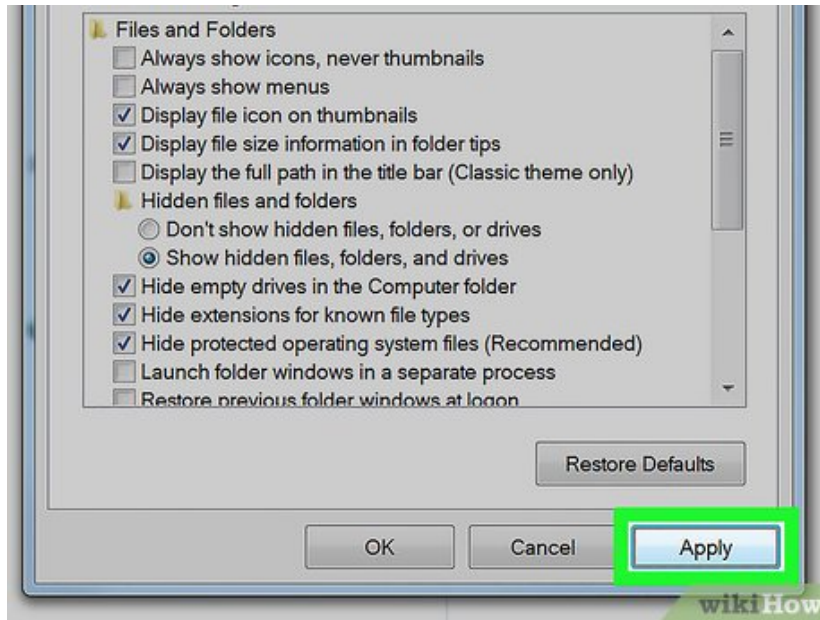
Click the **View** tab. This option is at the top of the window.



Check the "Show hidden files, folders, and drives" circle. It's in the middle of the page.

1. If this option is already checked, your computer is displaying hidden files.

10.

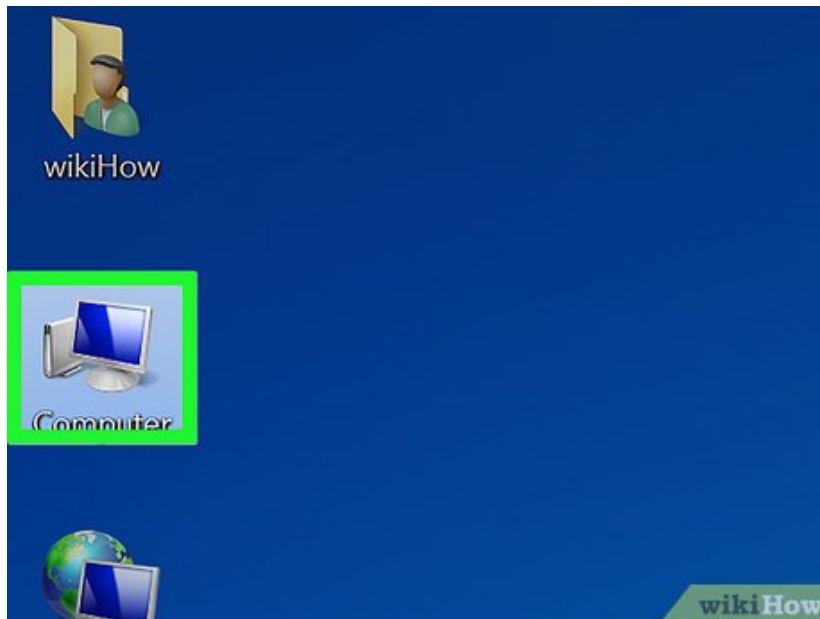


Click **Apply**, then click **OK**. Doing so ensures that you can access and open the **Temp** folder for your apps and Windows itself.

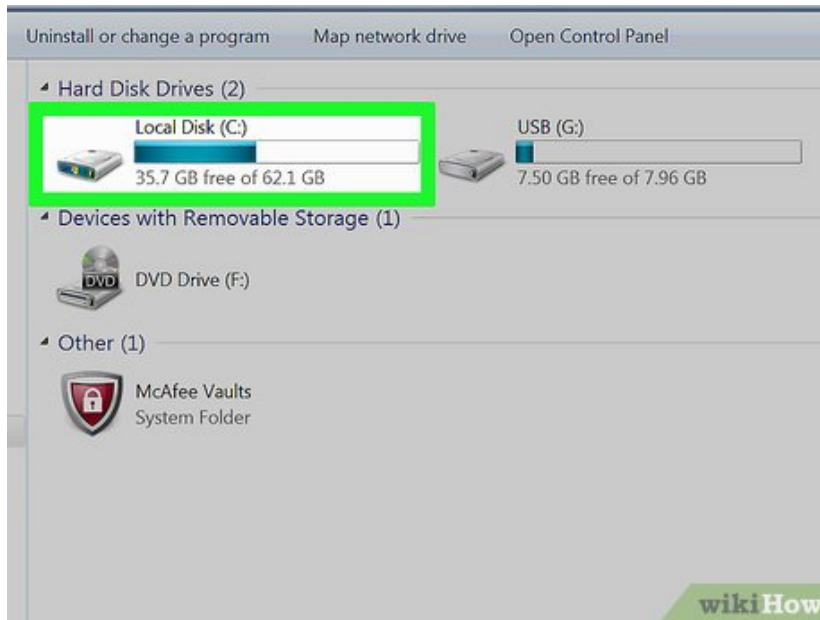
Part 2 of 4:

## Deleting Temporary App Files

1.

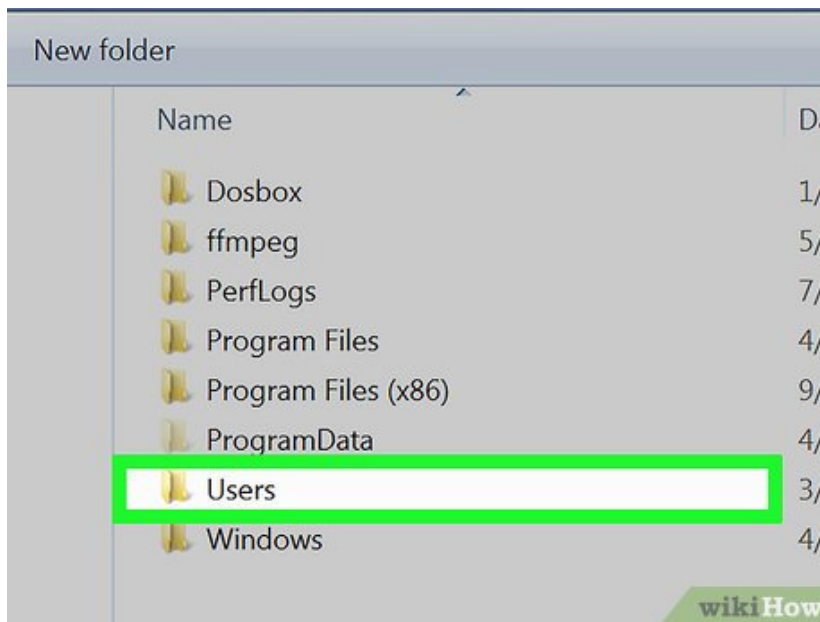


Click **My Computer**. It's in the column of options on the left side of the window.



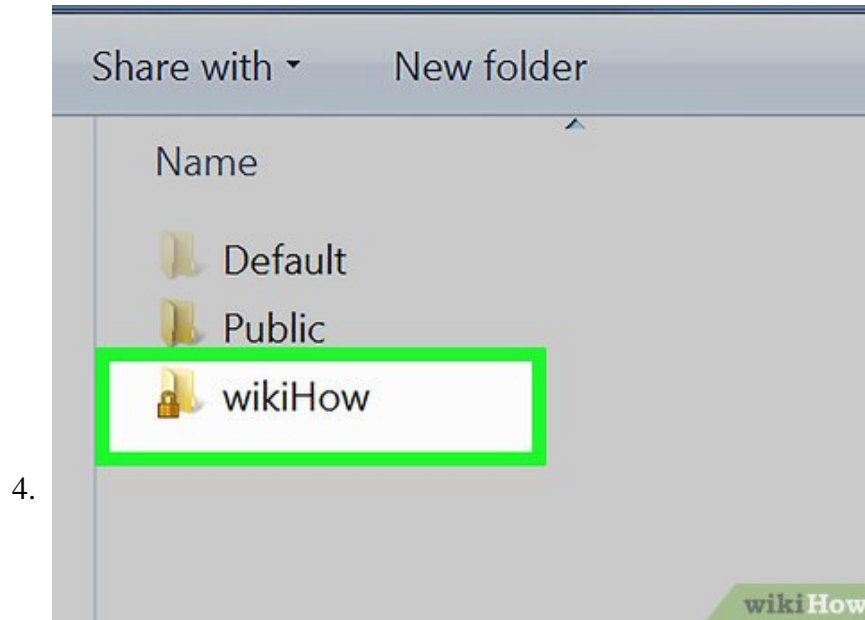
2.

**Double-click your computer's hard drive.** This hard drive-shaped icon is under the "Devices and drives" heading. Your hard drive is usually the drive labeled "C" here.

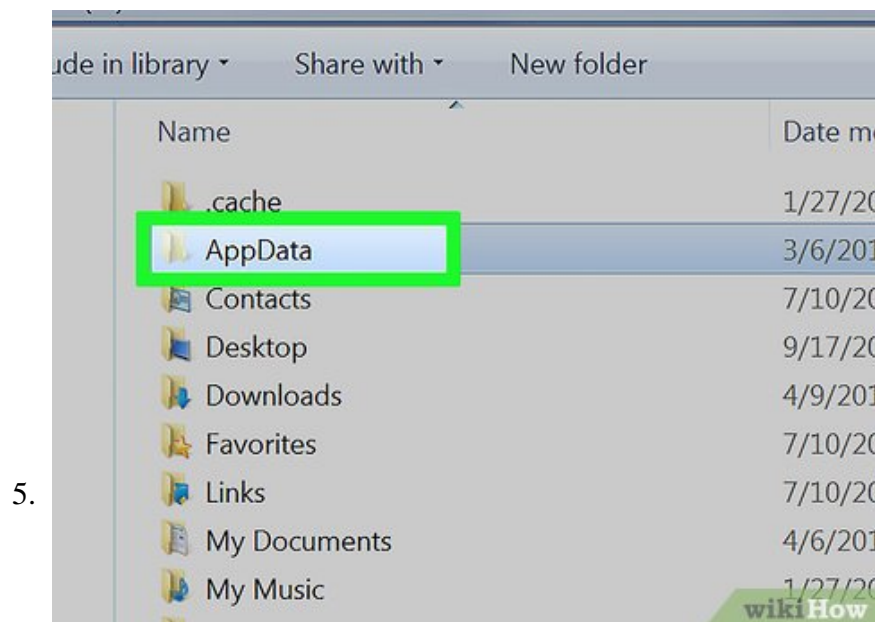


3.

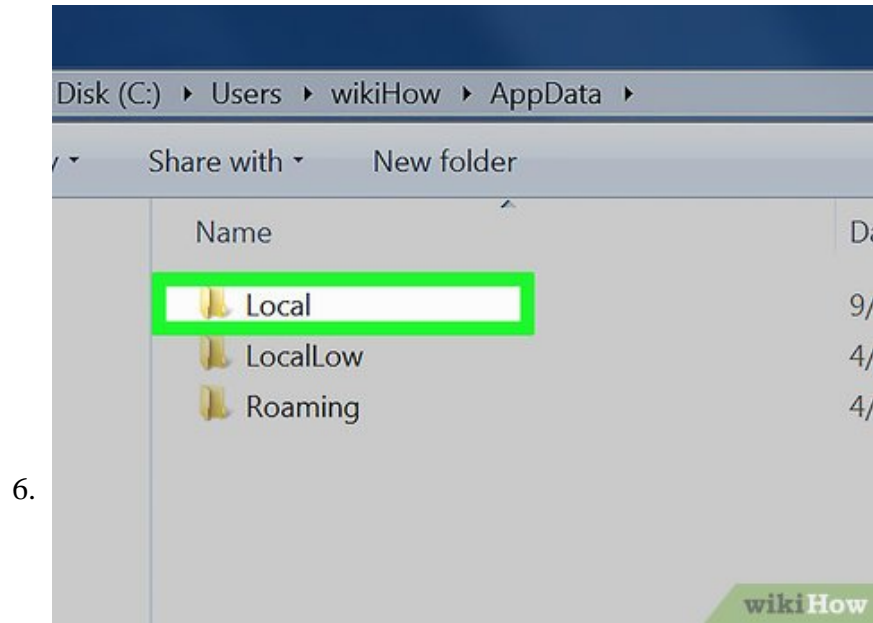
**Double-click the Users folder.** You'll find it near the top of the window.



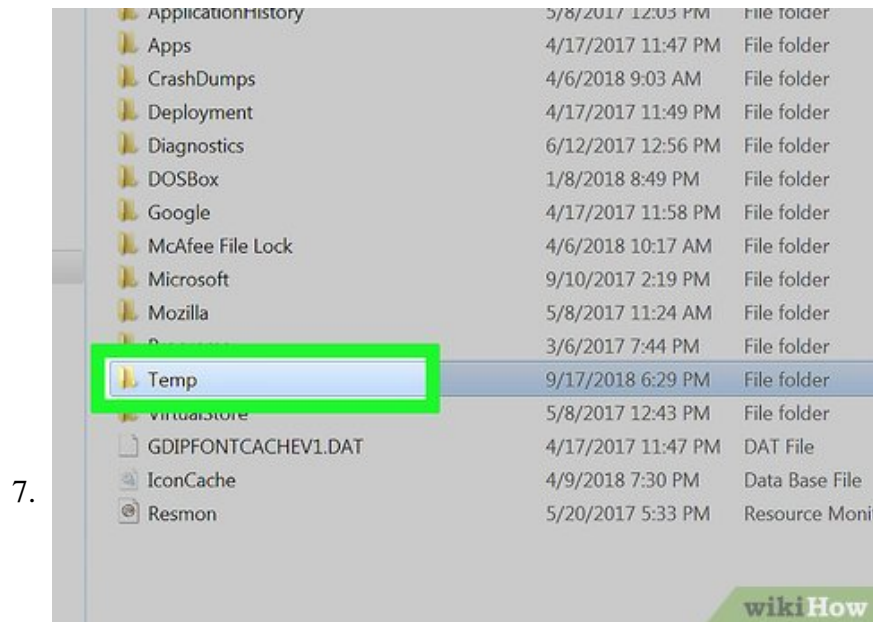
**Double-click your user folder.** This is the folder with the first few letters of your name (or username if you signed into your computer using an email address).



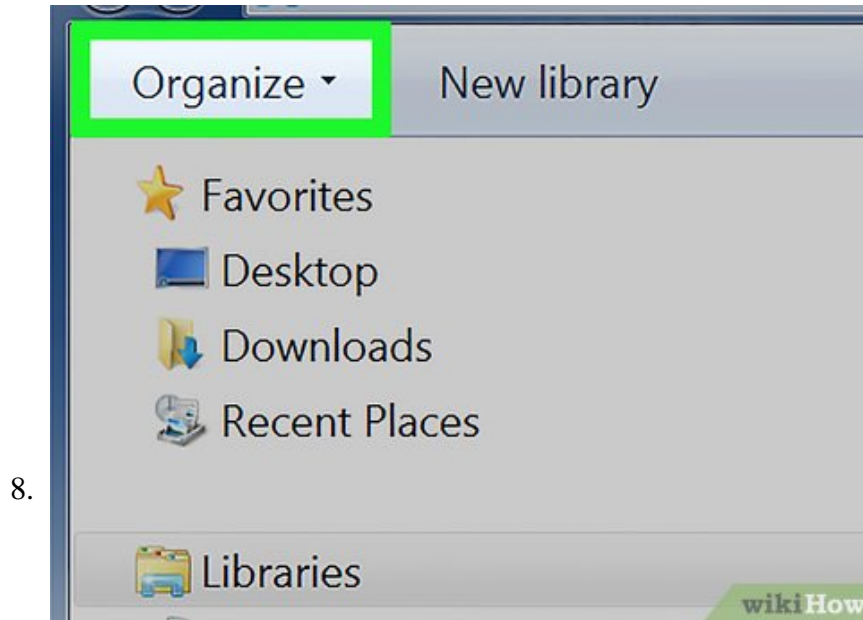
**Double-click the `AppData` folder.** It's near the top of the window.



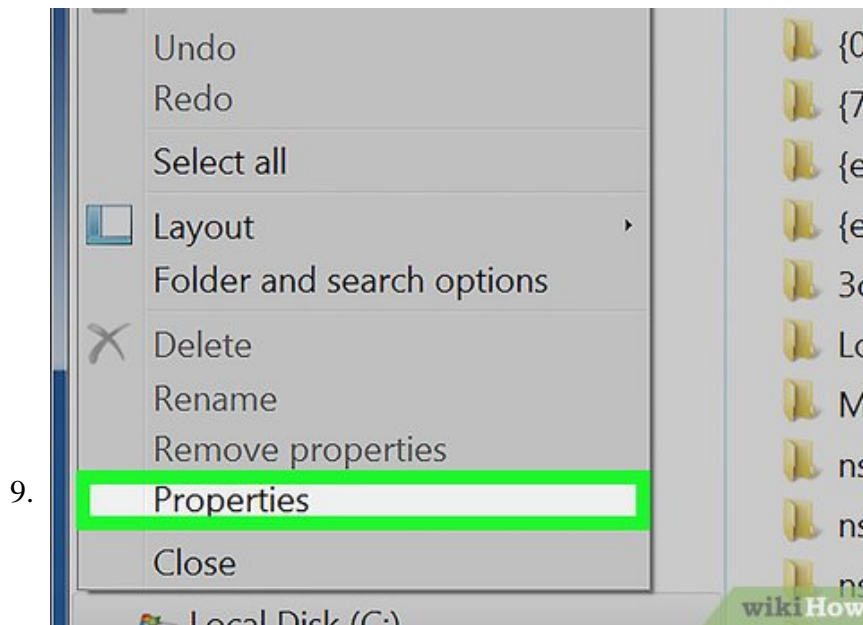
Double-click the **Local** folder. This folder is at the top of the window.



Select the **Temp** folder. Click the **Temp** folder, which is near the bottom of the window, to select it.

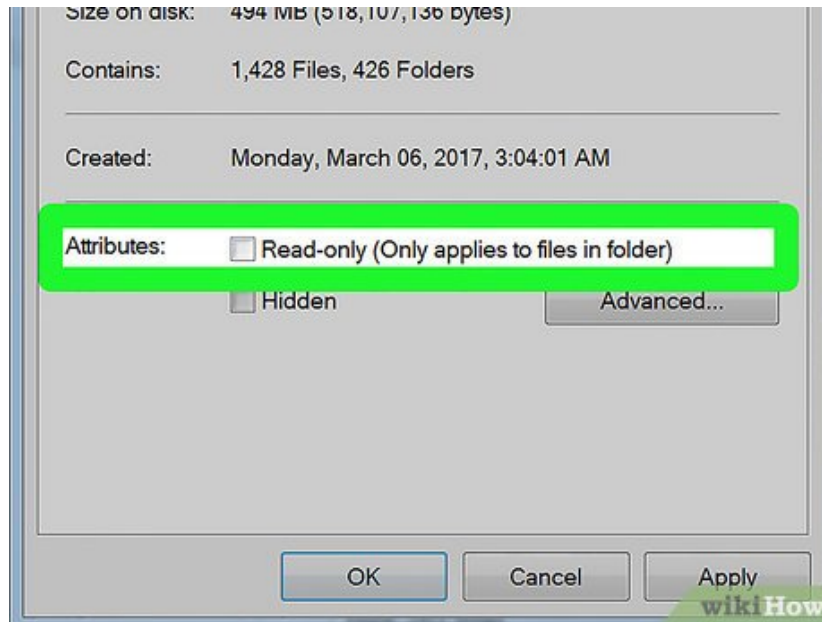


Click **Organize**. This tab is in the upper-left corner of the window. A drop-down menu will appear.



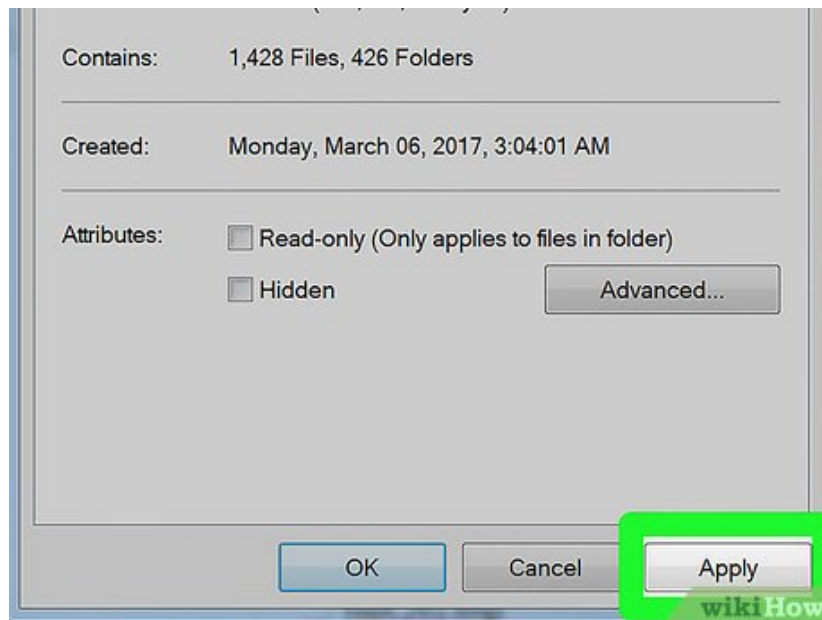
Click **Properties**. It's at the bottom of the drop-down menu. Clicking it prompts a new window to open.

10.



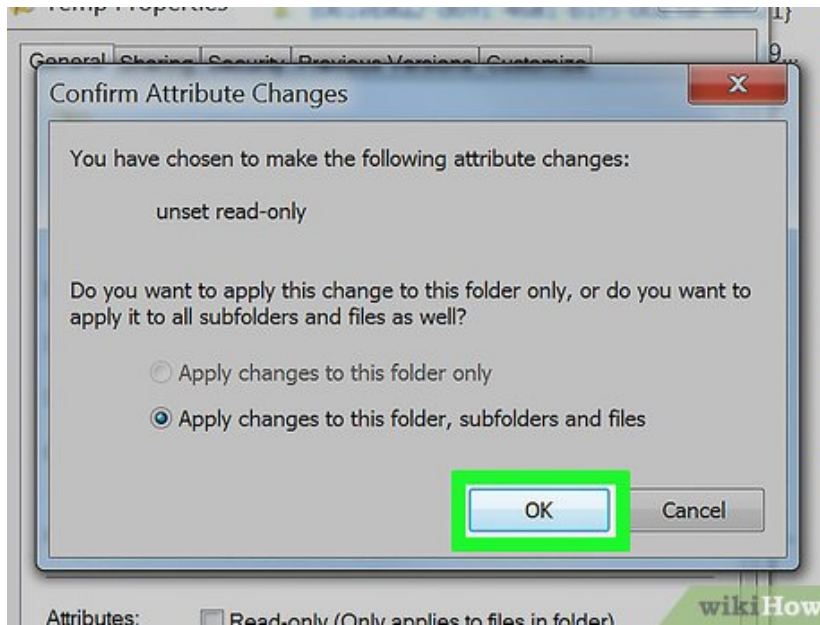
**Uncheck the "Read-only" box.** You'll find this near the bottom of the window.

11.



**Click **Apply****. It's in the bottom-right corner of the window.

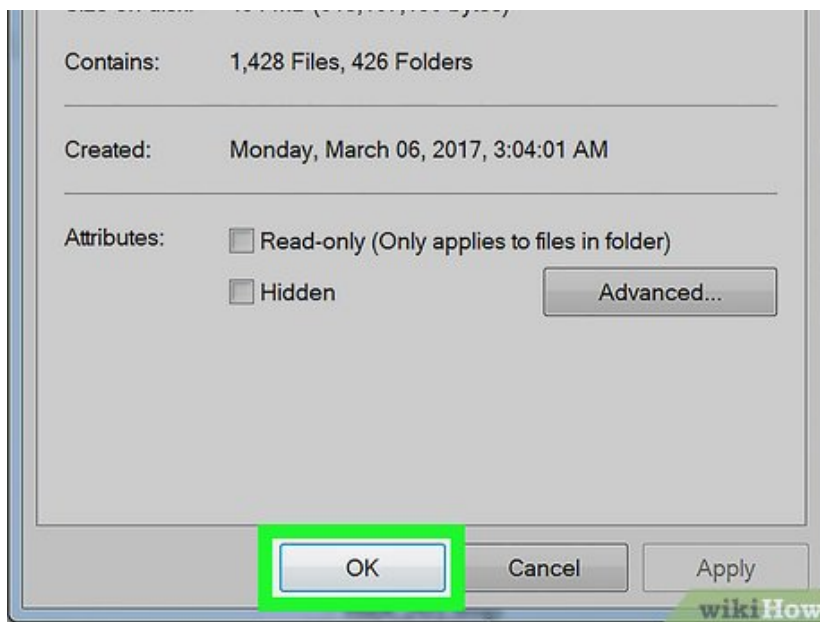
12.



Click **OK** when prompted. This will ensure that everything in the **Temp** folder is affected by the removal of the "Read-only" protection.

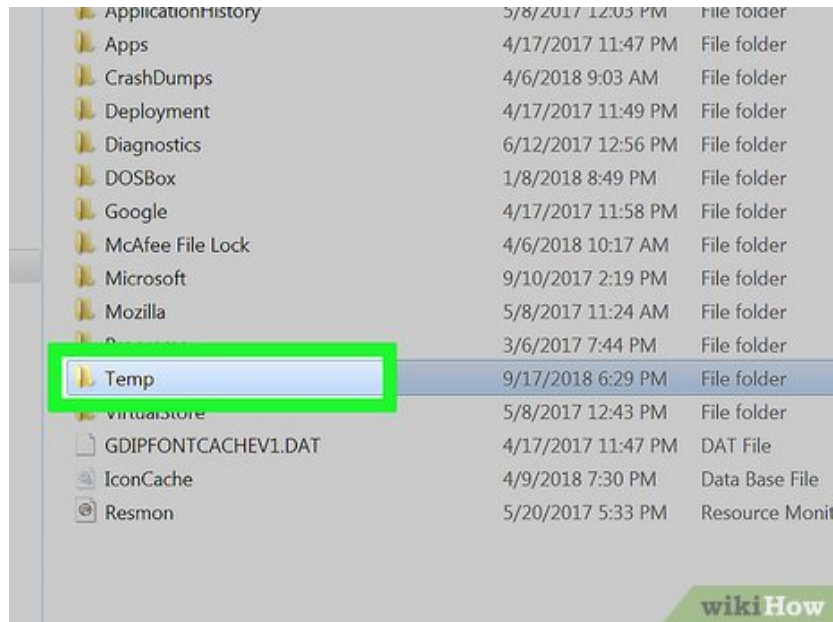
1. You may have to click **Continue** or **Skip**, or otherwise verify that you want to remove read-only protection from this folder, before continuing.

13.



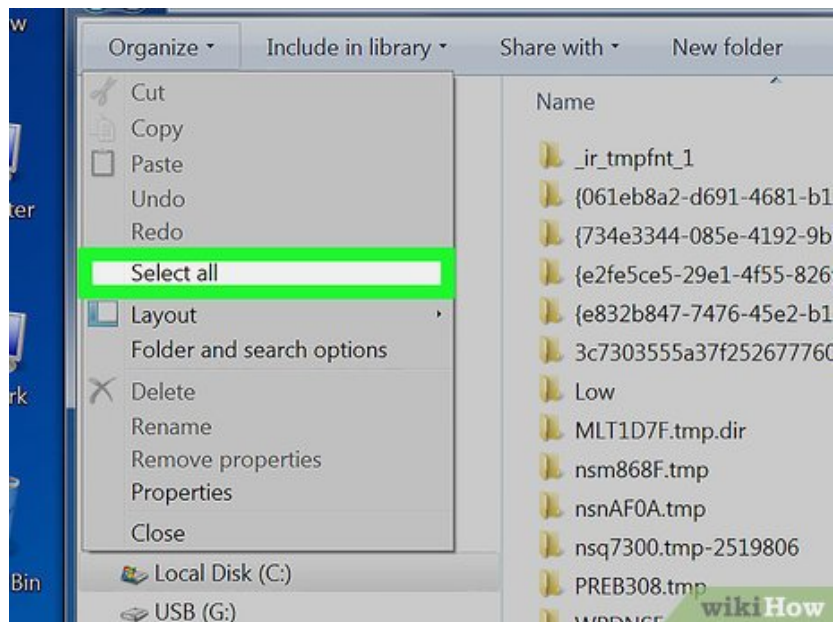
Click **OK**. It's at the bottom of the window. You can now proceed with deleting the **Temp** folder's contents.

14.



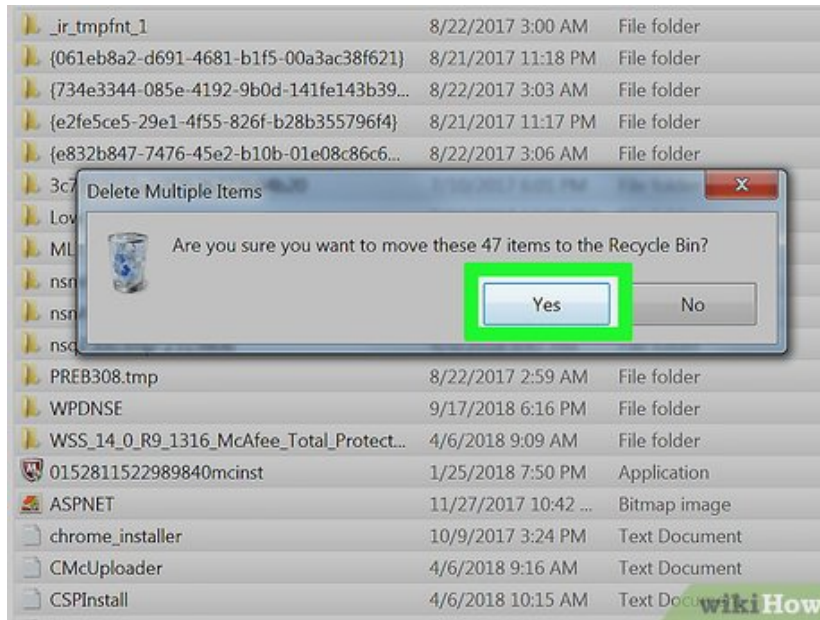
Open the **Temp** folder. Double-click the **Temp** folder to open it in Windows Explorer.

15.



Select all of the folder's files. Click **Organize** again and then click **Select all**, or press the **Ctrl** and **A** keys at the same time.

16.



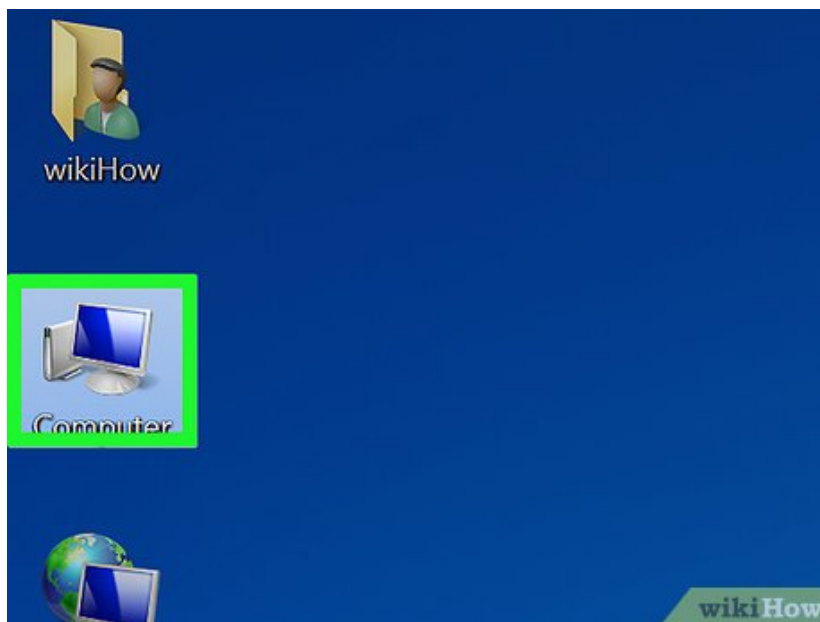
**Delete the files.** Press your computer's **Del** key, or click **Organize** and then click **Delete** in the drop-down menu. Doing so will move the **Temp** folder's contents into the Recycle Bin.

1. You'll need to empty the Recycle Bin in order to permanently remove these files from your computer.
2. There may be a couple of system files in the Temp folder. If so, you won't be able to delete these. They'll only take up a few kilobytes of space.

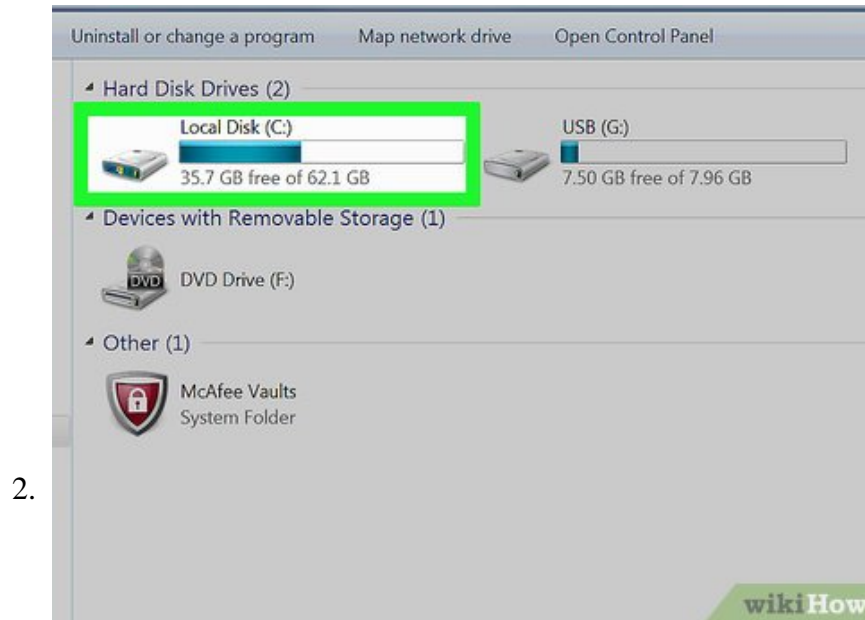
Part 3 of 4:

## Deleting Windows Temporary Files

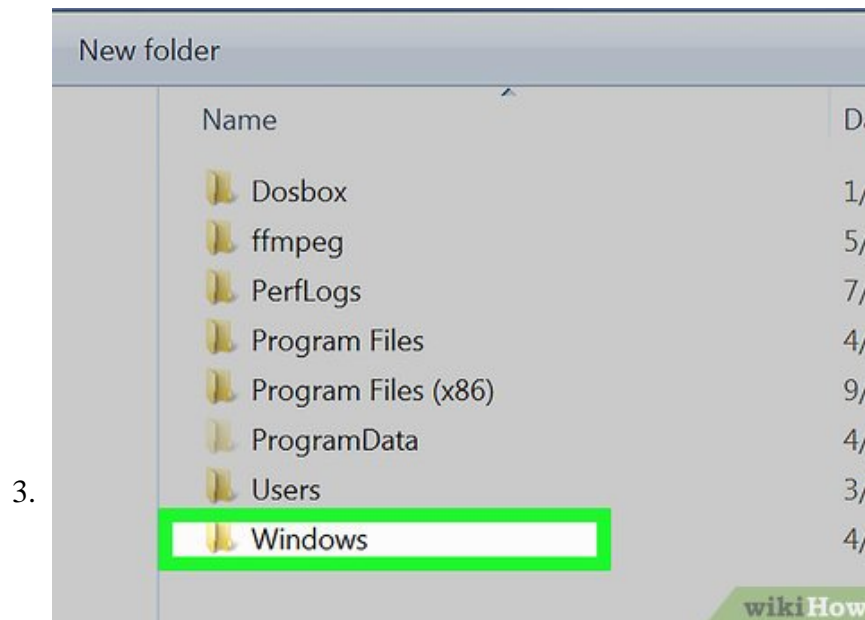
1.



Click the **My Computer** tab again. It's on the left side of the Windows Explorer window.

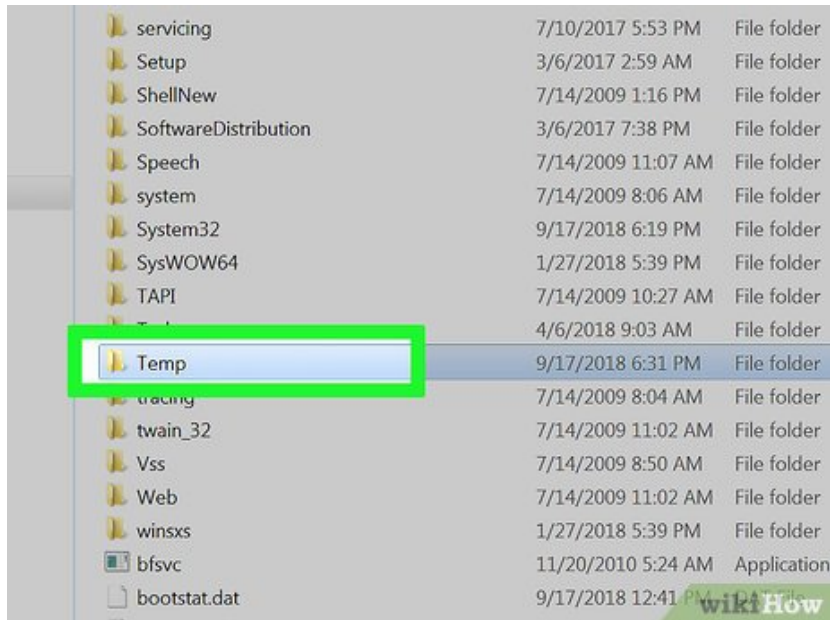


**Double-click your hard drive.** This will re-open your hard drive's folder.



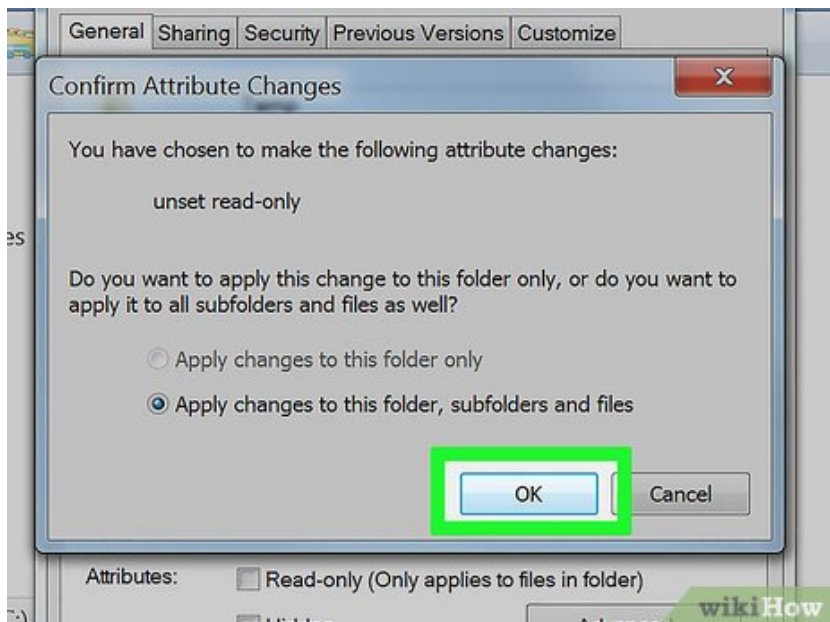
**Double-click the **Windows** folder.** It's usually near the middle of this window.

4.



Scroll down and select the **Temp** folder. You'll find this near the bottom of the window.

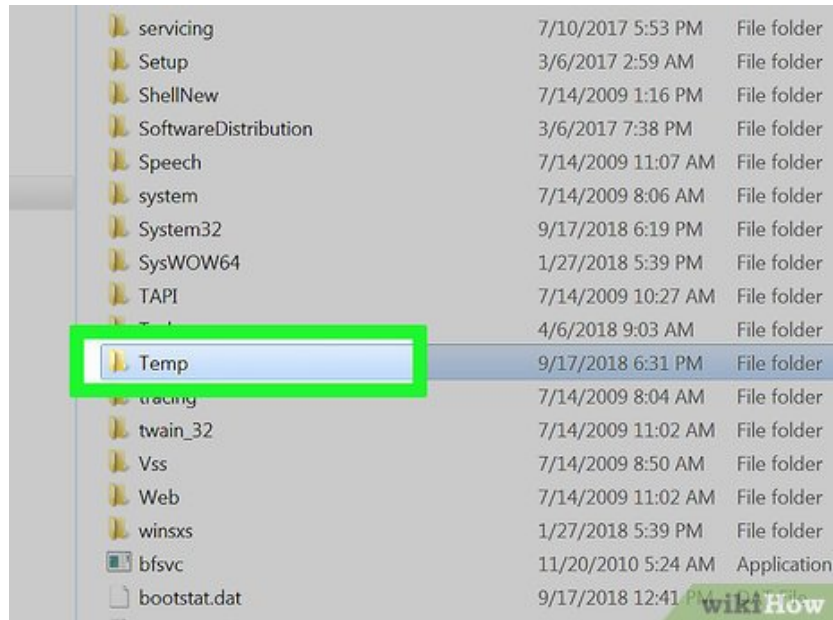
5.



Remove the **Temp** folder's read protection. To do so:

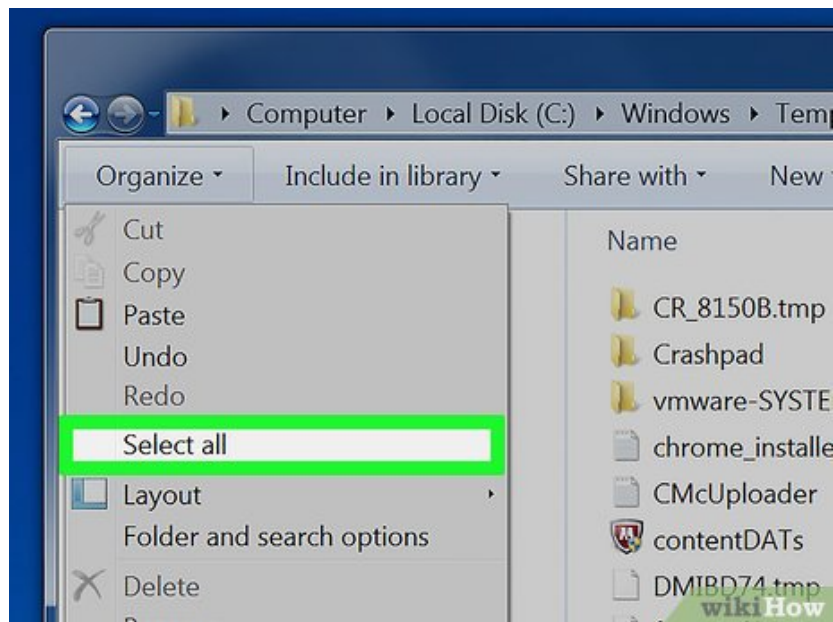
1. Click **Organize**
2. Click **Properties**
3. Uncheck the "Read-only" box.
4. Click **Apply**
5. Click **OK** when prompted.
6. Click **OK**

6.

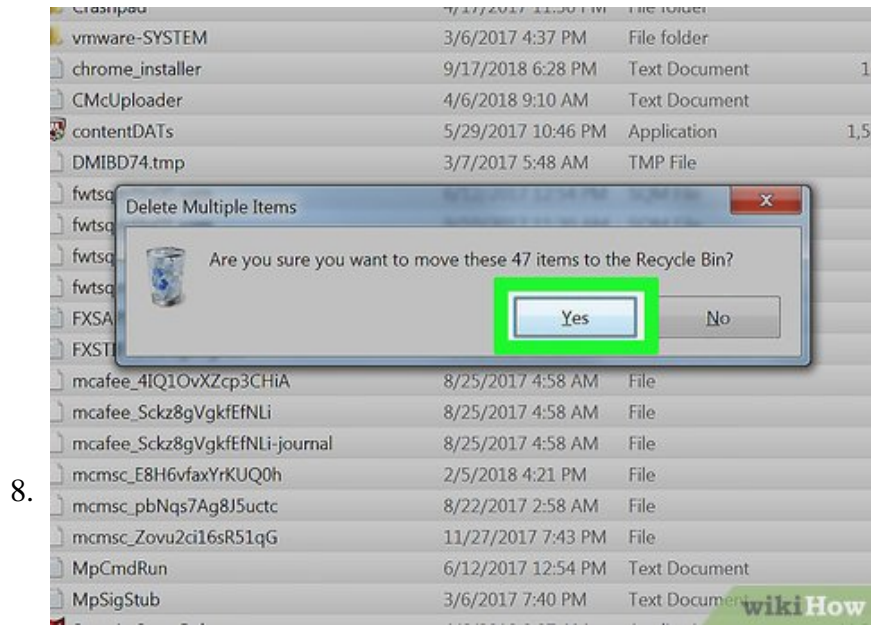


Open the **Temp** folder. Double-click the folder to do so.

7.



**Select all of the folder's files.** Click **Organize** again and then click **Select all**, or press the **Ctrl** and **A** keys at the same time.



**Delete the files.** Press your computer's **Del** key, or click **Organize** and then click **Delete** in the drop-down menu. Doing so will move the **Temp** folder's contents into the Recycle Bin.

1. You'll need to empty the Recycle Bin in order to permanently remove these files from your computer.

Part 4 of 4:

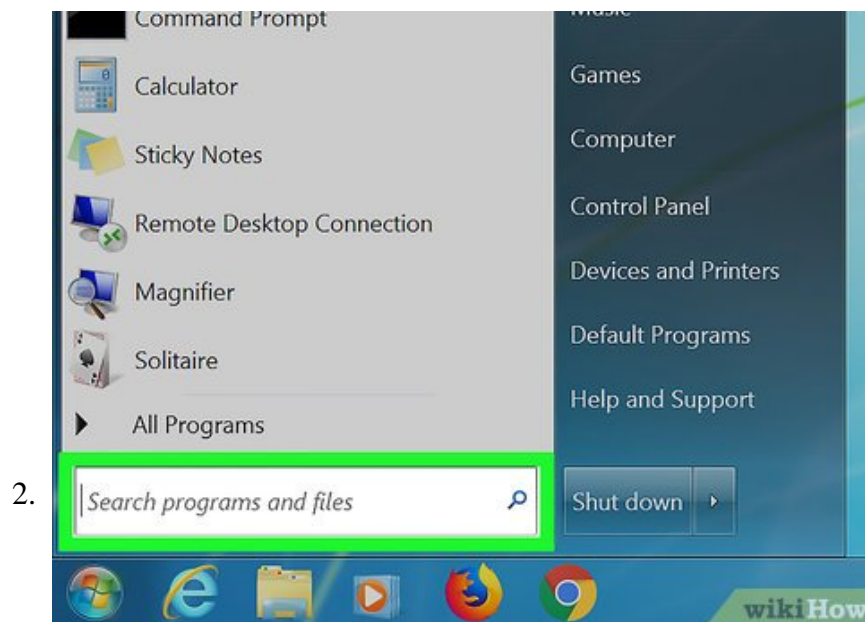
## Deleting Internet Explorer Temporary Files



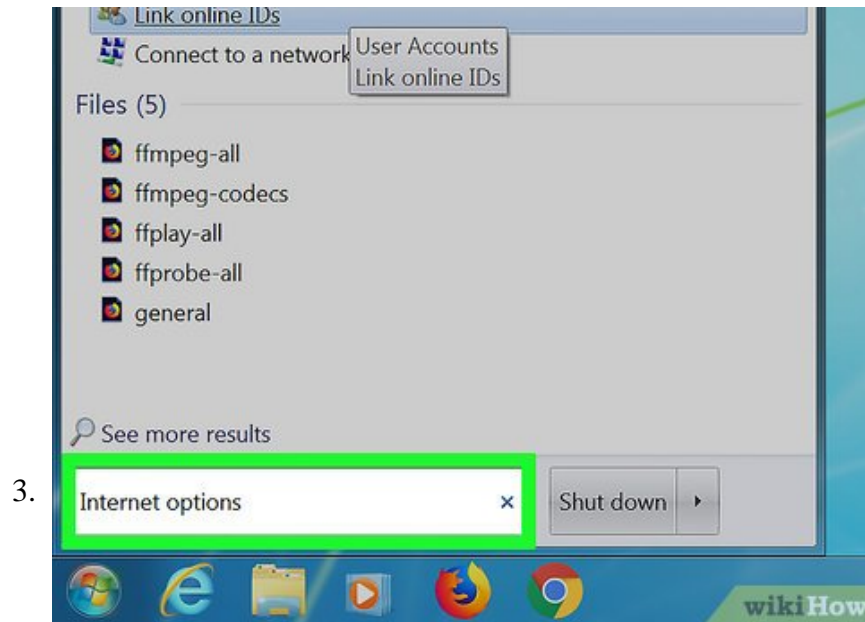
**Open Start**



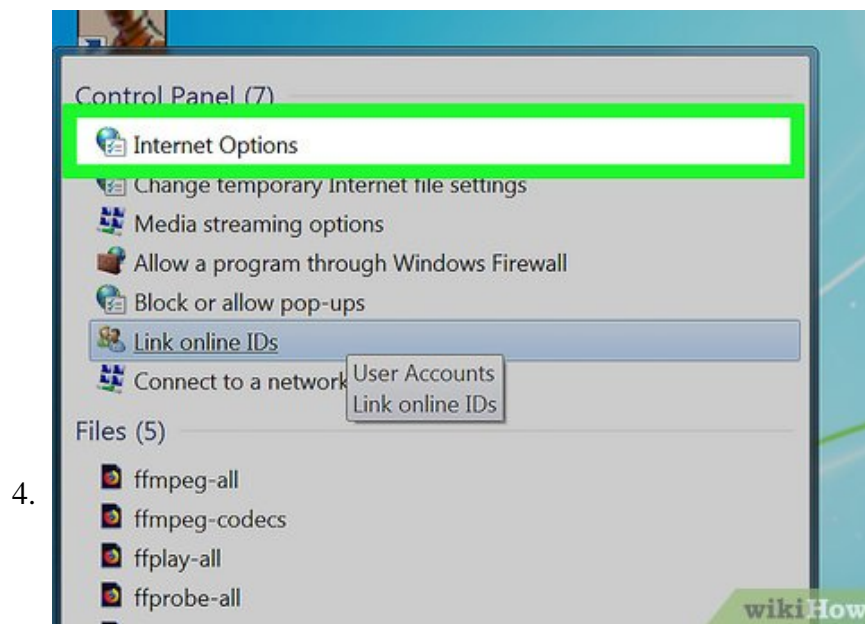
. Click the Windows logo in the bottom-left corner of the screen.



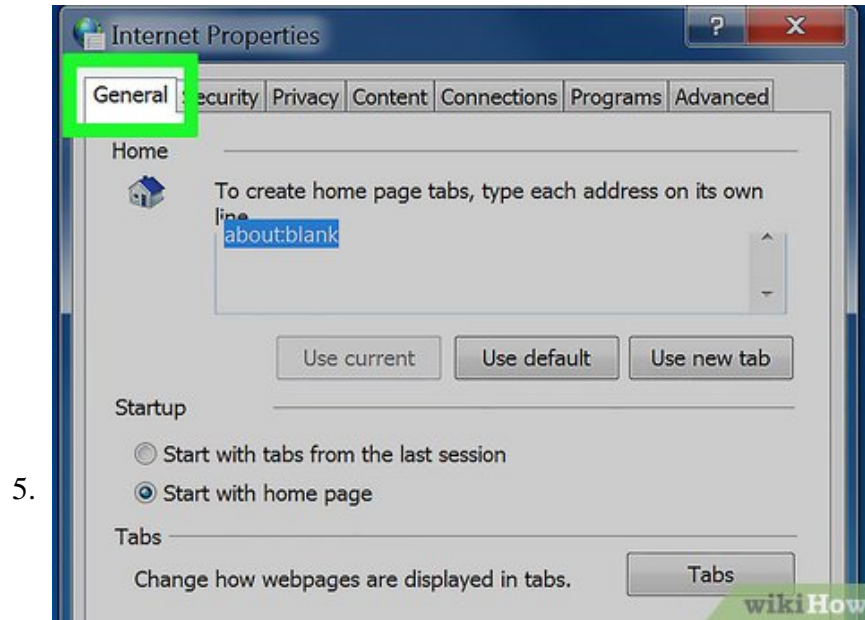
**Click the text box.** It's the search field at the bottom of the Start window.



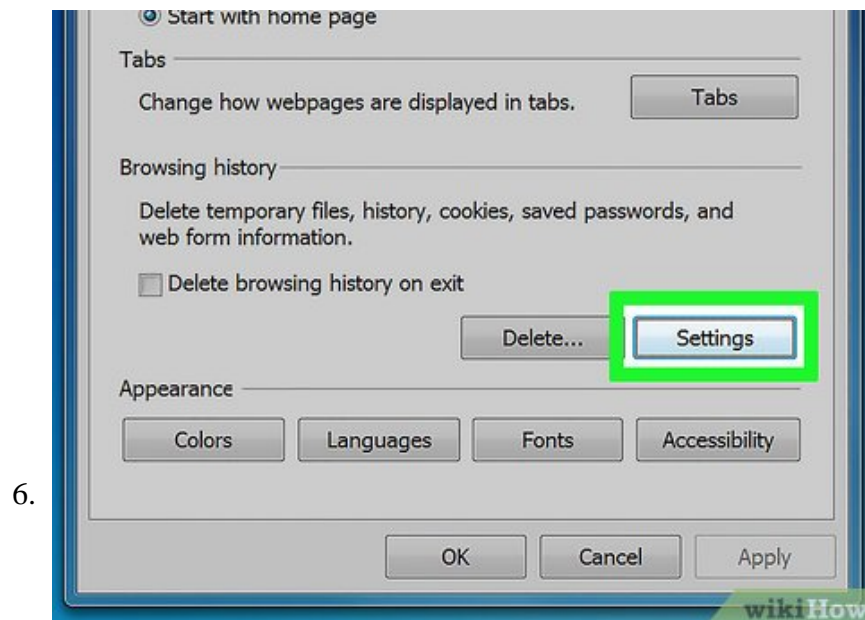
Type in **internet options** . Doing so will search your computer for the Internet Options program.



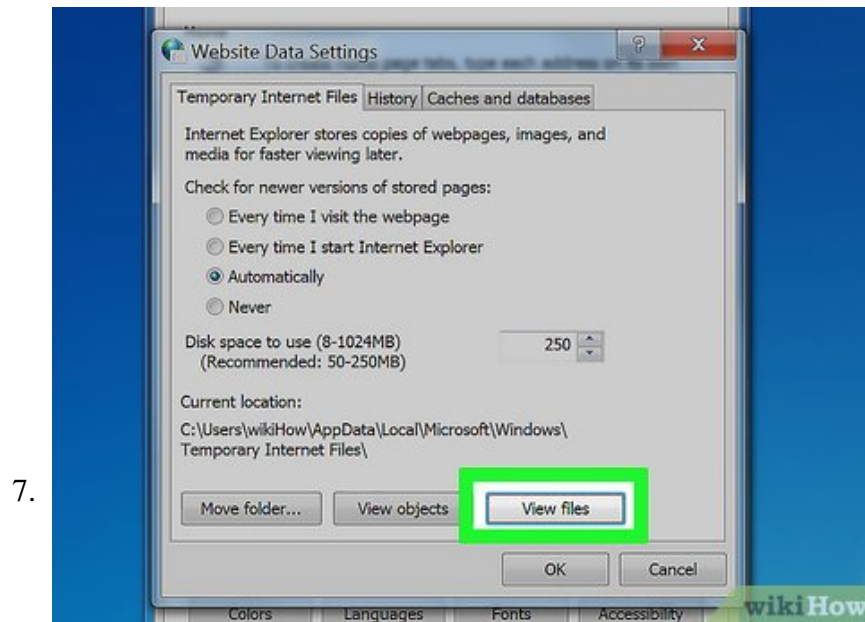
Click **Internet Options** . It's the globe-shaped icon at the top of the Start window.



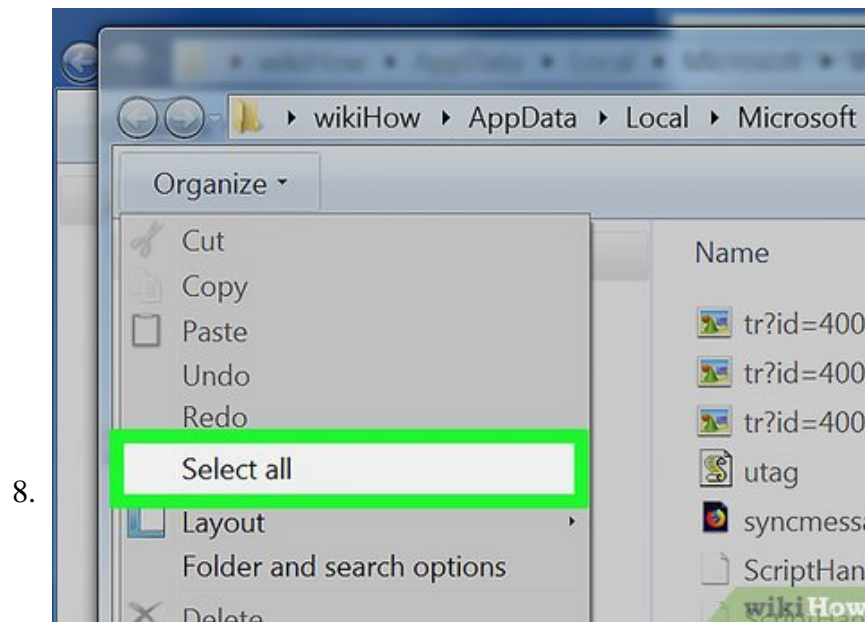
Click the **General** tab. This option is in the top-left side of the Internet Options window.



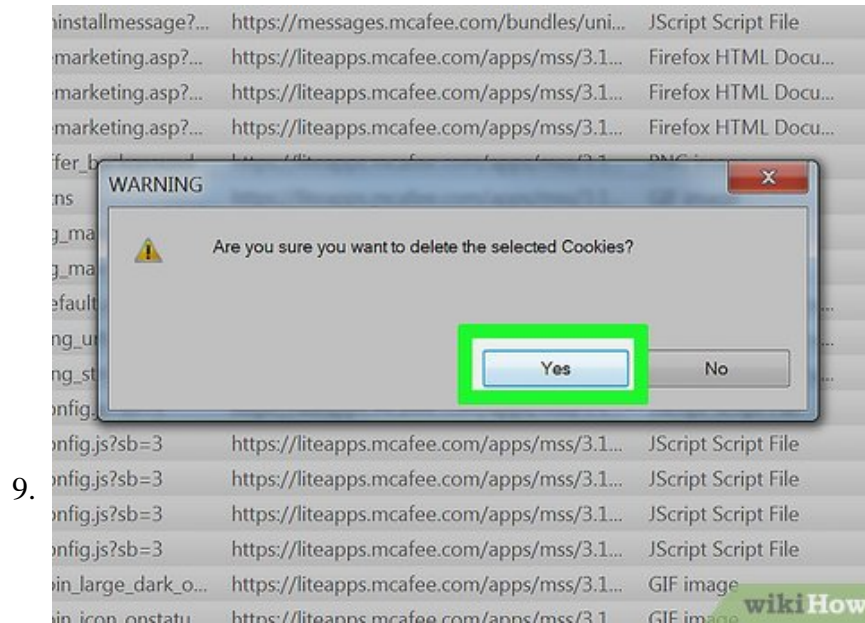
Click **Settings**. It's in the lower-right corner of the "Browsing history" section of the window.



Click **View files**. This option is near the bottom-right corner of the window.



**Select the files.** Click **Organize** again and then click **Select all**, or press the **Ctrl** and **A** keys at the same time.



9.

**Delete the files.** Press your computer's **Del** key, or click **Organize** and then click **Delete** in the drop-down menu. Doing so will send the Internet cache folder's files to the Recycle Bin.

1. You'll need to empty the Recycle Bin in order to permanently remove these files from your computer.

You finished reading the article "**How to Delete Temporary Files in Windows 7**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.