How to Create a Room Cleaning Checklist and Reward System for Kids

Have you walked into your kids bedroom and fallen because of all the junk lying everywhere? Well this is the article for you. This article will show how to make a cleaning checklist and reward system, and how to enforce it. Grab a piece of...

Checklist

1.

Grab a piece of poster paper and title it " Cleaning Checklist".

2.

Write down some chores that can be done by your children. Make sure they are age appropriate, though (ex. A three year old shouldn't be washing dishes, or doing as much work as a 13 year old).

3.

Beside it, write the names of who will be doing what specific chore. If you want, you can have chores rotate every week/month.

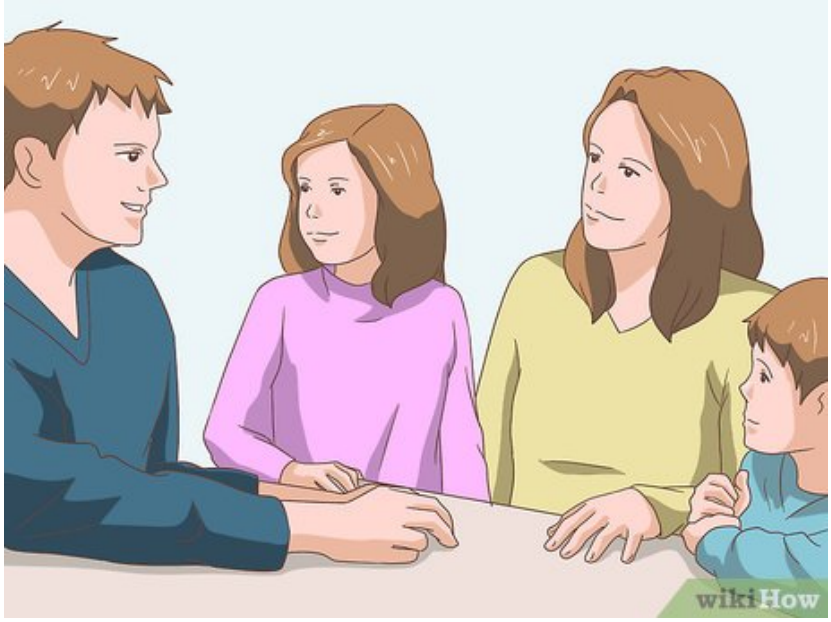
4.

Give the children some interest in it! If they want, they (or you) can draw some cool pictures on the chart.

5.

Put little boxes beside each chore to check when a chore is completed. If you want, you can put some kind of fun sticker in the boxes instead of a normal check-mark.

Rewards

1. 

Explain to your children that if you do the chores that you get a reward, and not the other way around.

2.

Jot down some rewards that come to your mind. For example, if they are old enough to be getting an allowance, you can give that to them. If they are younger, every week/month you can:

1. Give them a small toy if all chores are completed in time.

2. Set up a "Treasure Chest" where they can get items such.

3. Give them candy.

4. Give them a trip to a favorite store (E.g. ice cream shop)

5. Give them a small amount of money

3.

Write this all down and put in a place that your kids can see.

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