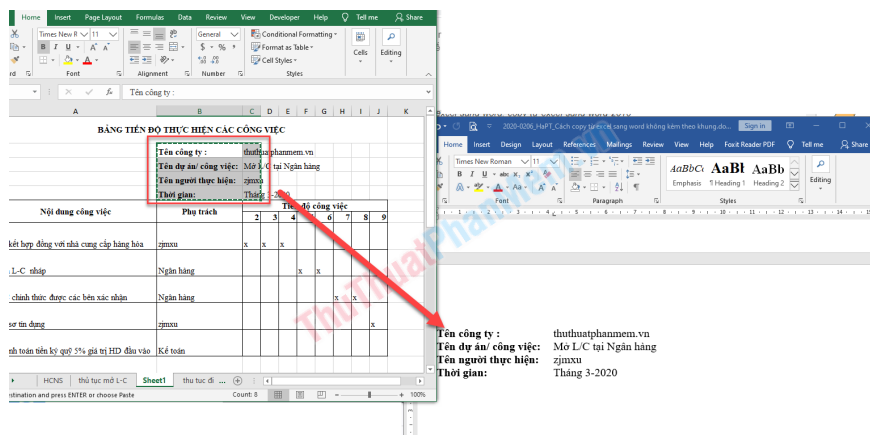


# How to copy from Excel to Word without frames

When copying data from Excel to Word, the software will default to the data accompanying the frame. So in case you just want to copy the data without the accompanying frame?

Excel and Word are both Office applications, so there are compatible tools. Users can copy data from Word to Excel and vice versa.



When copying data from Excel to Word, the software will default to the data accompanying the frame. So in case you just want to copy the data without the accompanying frame? .

## Copy data from Excel to Word using the Paste Special tool

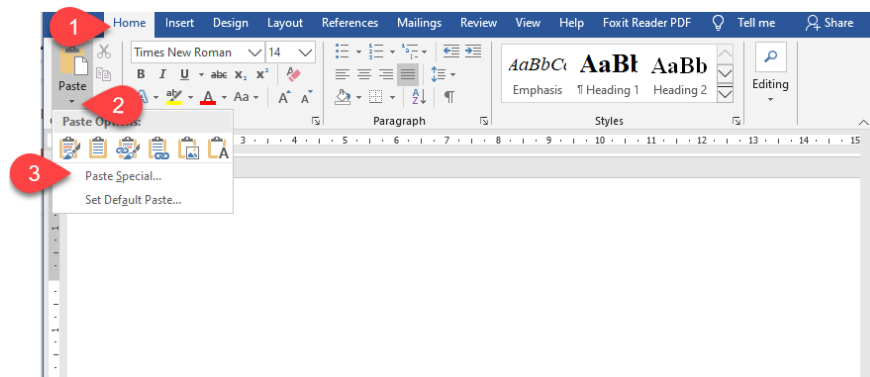
For example, you have a spreadsheet to copy data from cells B2 to C5 into Word.

**Step 1:** Select the area to be copied.

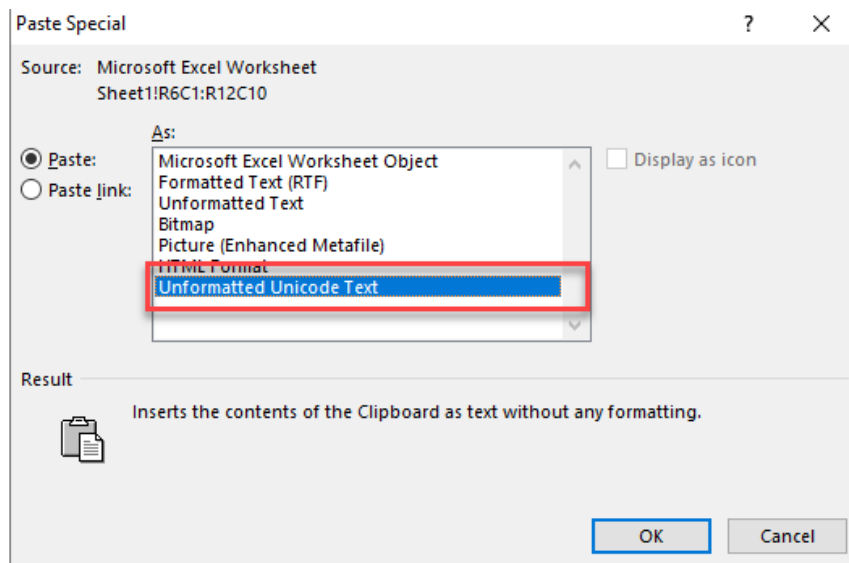
BẢNG TIẾN ĐỘ THỰC HIỆN CÁC CÔNG VIỆC											
1											
2		Tên công ty :	thuthuatphanmem.vn								
3		Tên dự án/ công việc:	Mở L/C tại Ngân hàng								
4		Tên người thực hiện:	zjmxu								
5		Thời gian:	Tháng 3-2020								
6											
7	Nội dung công việc	Phụ trách		2	3	4	5	6	7	8	9
8	Ký kết hợp đồng với nhà cung cấp hàng hóa	zjmxu		x	x	x					
9	Bản L-C nhập	Ngân hàng					x	x			
10	L-C chính thức được các bên xác nhận	Ngân hàng							x	x	
11	Hồ sơ tín dụng	zjmxu									x
12	Thanh toán tiền ký quỹ 5% giá trị HD đầu vào	Kế toán									

**Step 2:** Open the Word application window, move the mouse cursor to the position to copy.

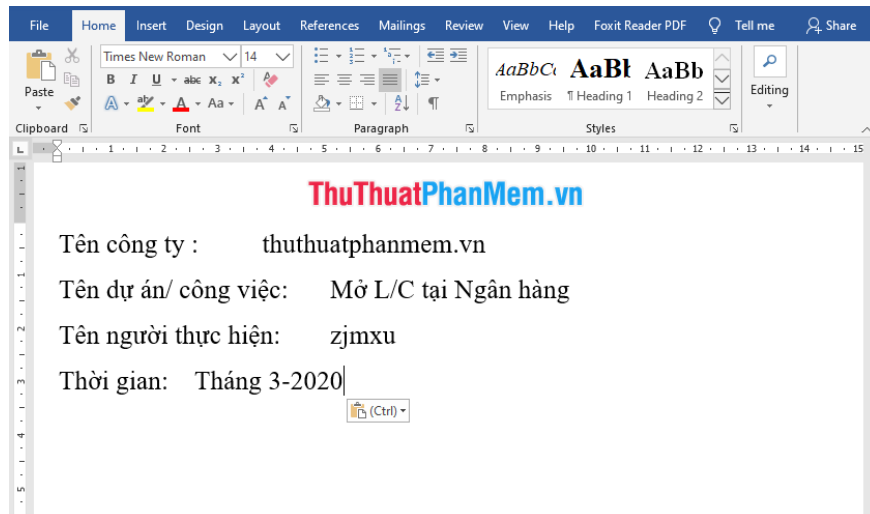
**Step 3:** On the **Home** tab (1) , click the arrow below the **Paste** icon (2) => **Paste Special** (3) .



**Paste special** window appears, select **Unformatted Text** => and then click the **OK** button or double-click **Unformatted Text** .



The results are obtained:



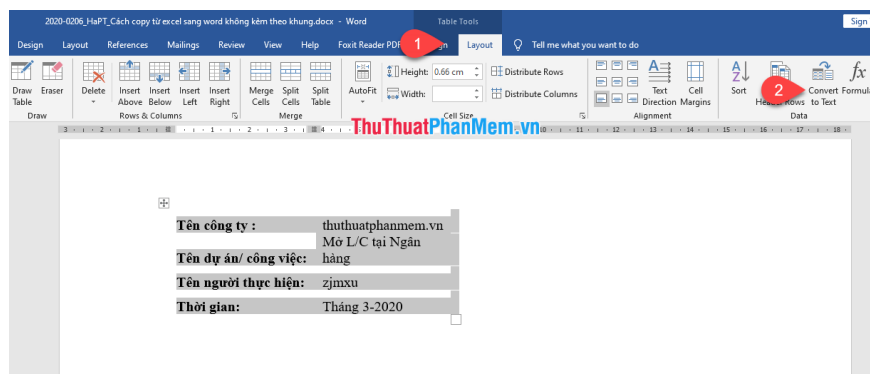
## Copy data from Excel to Word using the Table tool

Follow **Steps 1** and **2** as above and you just copy data normally.

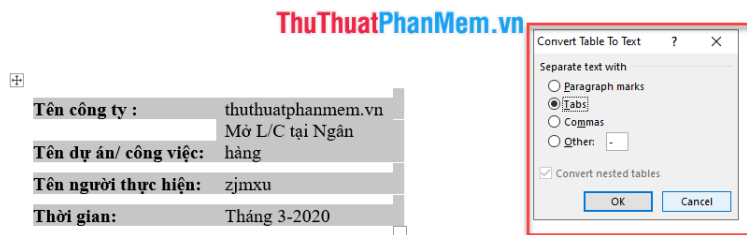
The results are obtained in copied data in tabular form (white board).



**Step 3 :** Highlight the whole frame, on the **Table tool** select **Convert (1) => Table to text (2)** .



**Step 4: Convert Table to Text** window appears. Select the character you want to separate and then press the **OK** button .



**Results:**

Tên công ty : thuthuatphanmem.vn  
Tên dự án/ công việc: Mô L/C tại Ngân hàng  
Tên người thực hiện: zjmxu [ThuThuatPhanMem.vn](http://ThuThuatPhanMem.vn)  
Thời gian: Tháng 3-2020

Good luck!

You finished reading the article "**How to copy from Excel to Word without frames**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.