

# How to choose air conditioners for homes with young children

For families with young children, choosing to buy things will be more difficult, while ensuring comfort for the whole family, but also keeping children healthy.

The hot and sweltering summer days not only make life more troublesome and dangerous if families with young children can lead to many diseases affecting the weather. Choosing to buy an air conditioner will somehow improve the family life. However, not everyone knows how to buy air conditioner, especially for families with young children. In this article, we will show you how to choose air conditioner for young children.

## 1. Choose air conditioner with capacity suitable for room area

First of all, users need to calculate the general area or volume of the room. From there, calculate and select air conditioner with suitable capacity. In the process of choosing to buy the machine, if you choose the lack of capacity compared to the room area, the temperature is not cold enough, forcing the machine to operate continuously and increase the running time, leading to a heater, machine damage and power consumption.



If your baby's bedroom is full, the formula to choose the capacity for air conditioner according to room size is **1m<sup>2</sup> x 600 BTU** . In particular, BTU is a UK thermal unit, used to measure the capacity of heating or cooling equipment.

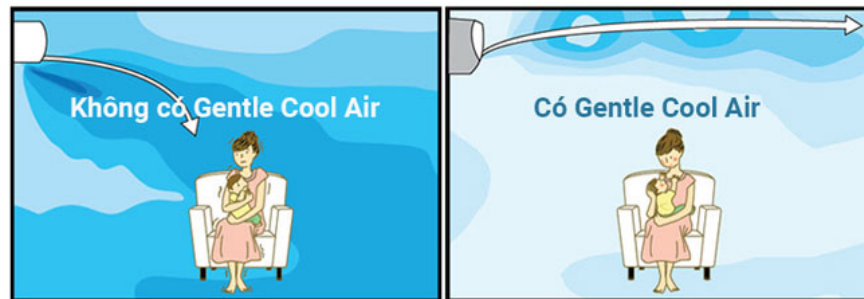
In case your room has more windows and sunshine, we should choose a more powerful one with a **1m<sup>2</sup> x 800 BTU** formula. For example your baby's bedroom is 15m<sup>2</sup>, according to the formula you will calculate a capacity of 12,000 BTU, equivalent to 1.5 HP.

**If you are wondering about buying air conditioners for your family and children's rooms, you can consult the air conditioner models at META for more advice on the models:**

## **2. Select the type of machine with other utility features:**

### **Pleasant wind mode**

Because families have young children, we should choose a machine with a comfortable wind mode, so that the cold wind does not blow directly into the baby but still provides a cool and comfortable space for children. Depending on different brands, the name of the regime is not the same. For example, on Sharp will be Gentle Cool Air, Daikin will be the smart eye, .



### **Quiet operation mode**

With this mode, the air conditioner will create a pleasant air flow, running smoothly without making noises that affect the sleep of the child.

### **Humidity control, skin protection**

Some types of air-conditioners have been equipped with moisture-supply features, limiting the loss of dry skin in young children during the use of air conditioners. Or the family can also buy humidifier mist humidifiers if the air conditioner does not have this mode. Along with giving your child enough water during the summer days, you should also limit the possibility of dehydration when using air conditioning.

### **Sleep mode**

Features that make the machine operate automatically, automatically increase heat after a period of time to match the user's body temperature and room temperature. Normally, about 30 minutes or 1 hour the room temperature will increase by 1 degree, then will continue to increase by 2 degrees. The air conditioner will rely on the temperature rise to maintain the temperature or increase 0.5 degrees every 60 seconds after pressing the off timer button.

### **Mosquito repellent function**

Air conditioners will emit ultrasonic waves with a high enough output power to effectively expel mosquitoes, but still safe for users especially young children.



## Heating function

This feature will be available in two-way air conditioning, including hot and cold afternoon. For the northern provinces and cities, falling into cold weather days, heating mode can be used. Depending on your baby's room temperature and body temperature, adjust the heating level accordingly. Avoiding too hot or too low will affect your baby's health.

Here are a few tips to help you get more useful information when deciding to buy air conditioner for your family.

## Refer to the following articles:

1. Should you buy a gas stove or electric stove?
1. Buy HDTV: Plasma or LCD?
1. Choose to buy MacBook Air or Ultrabook?

## Hope this article is useful to you!

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