

How to Change the Scroll Direction on a Mac

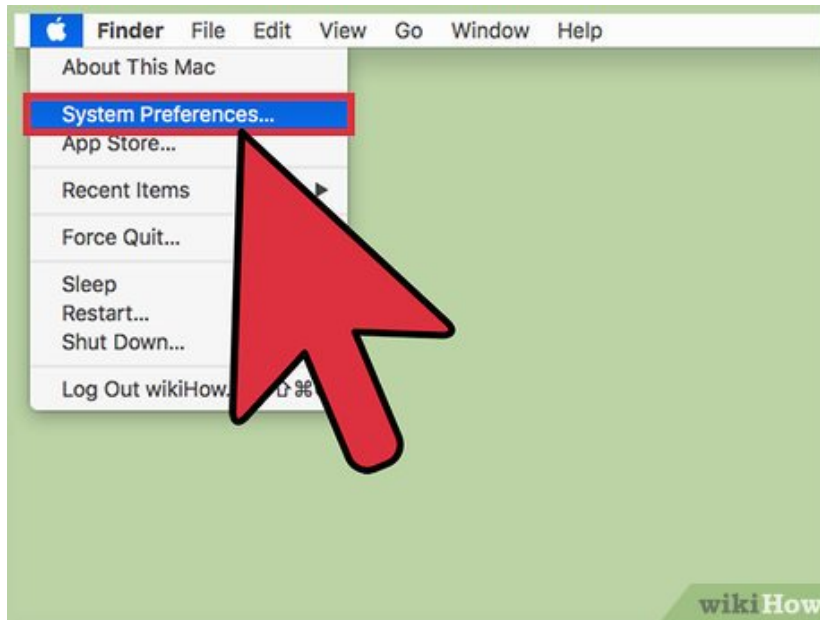
To change the scroll direction for your Mac's trackpad, click the Apple menu ? click System Preferences ? click Scroll & Zoom ? toggle the Natural scroll direction on or off. Click the Apple menu.

Method 1 of 2:

Changing Trackpad Scroll Direction



Click the Apple menu.



2.

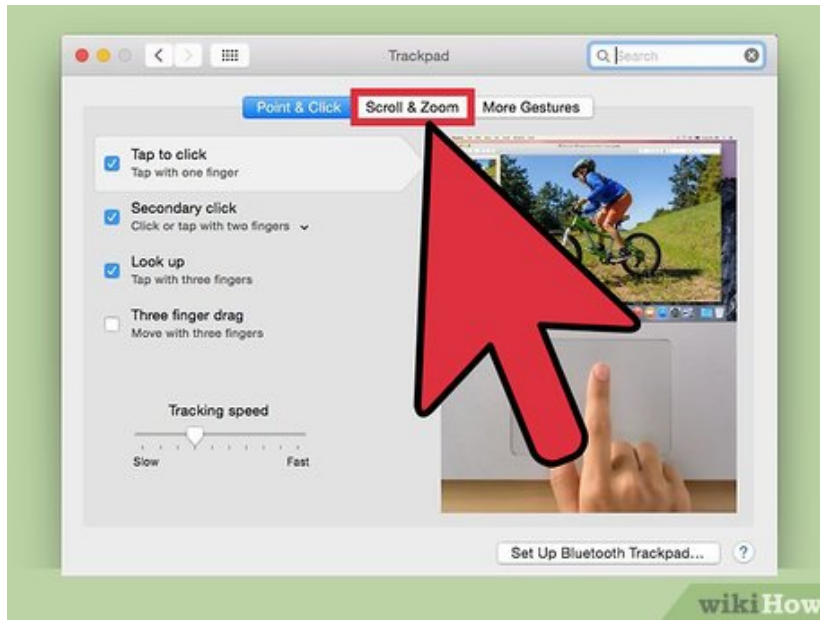
Click **System Preferences**. If a submenu opens instead of System Preferences, click the Show All button at the top of the window.



3.

Click **Trackpad**.

4.



Click the **Scroll & Zoom** tab.

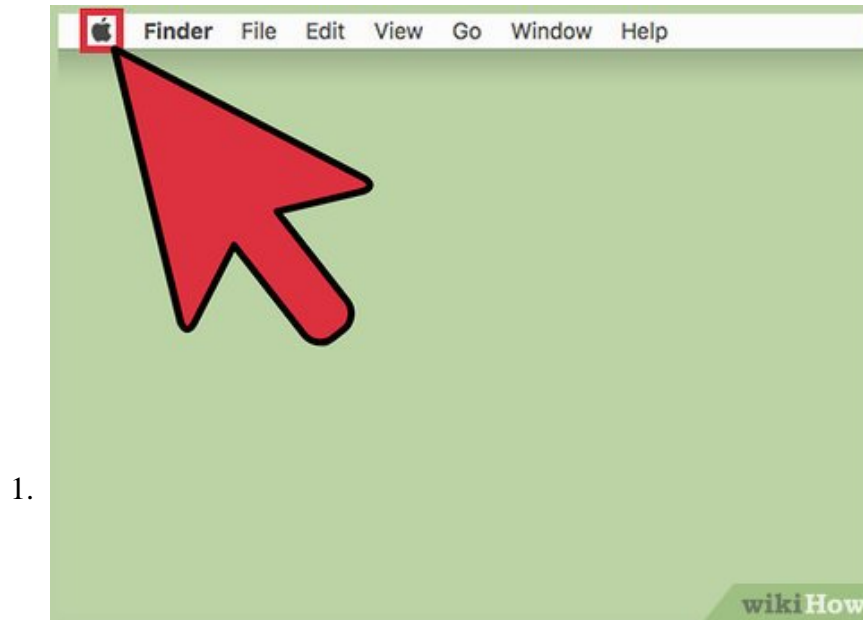
5.



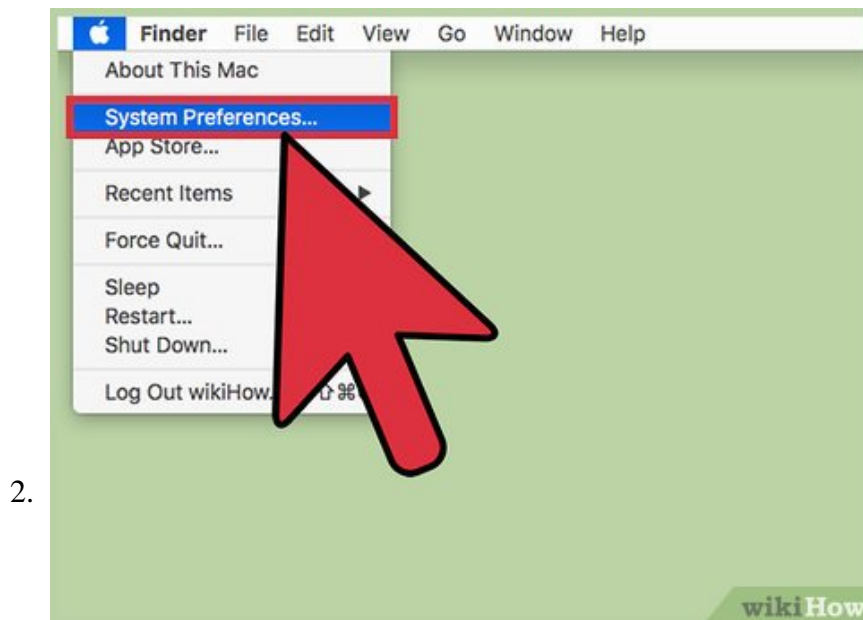
Click the **Scroll direction: Natural** checkbox. When this is enabled, swiping down on the trackpad with two fingers will scroll up and vice-versa. When this is disabled, swiping down will scroll down.^[1]

Method 2 of 2:

Changing Mouse Wheel Scroll Direction



Click the Apple menu.



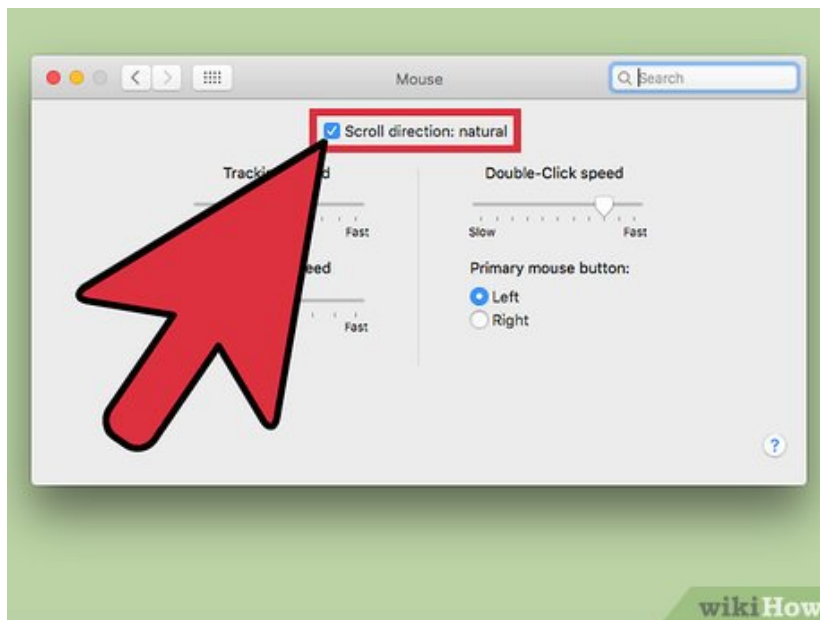
Click **System Preferences**. If you see a submenu instead of the main System Preferences menu, click the Show All button at the top of the window.

3.



Click **Mouse**.

4.



Click the **Scroll direction: Natural** checkbox. When this is enabled, moving the wheel down will scroll up and vice-versa. If you disable this option, moving the wheel down will scroll down.

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