

# How to backup SMS messages with SMS Backup and Restore

Backing up messages on the cloud application will help us find what we need, which can save memory on Android devices.

Backing up messages on smartphone devices on cloud storage services will bring you many useful things, making it easy to find important information in old messages without needing to memory usage when saving them in the device. Currently there are quite a lot of support applications we can backup SMS, and SMS Backup and Restore on Android is one such application.

This application will save all Android device messages to email address, Dropbox or Google Driver storage service. And if you want to find any message, you will only need to access the application's item, even if the message is deleted from the device. In the following article, Network Administrator will guide you how to use SMS Backup and Restore to backup SMS on Android phones to Google Driver. For other services, we do the same.

## Step 1:

First of all, download the SMS Backup and Restore application under the link below:

1. Download the Android SMS Backup and Restore application

## Step 2:

After successful installation, you will come to the main interface of the application. Next, we choose **Backup** to set up customizations for SMS backup needs. In the **Select Backup Folder** interface, you can select the SMS storage folder. Here, I select the **Default app folder**.

# SMS Backup & Restore



## Backup



Copy your text messages and call logs to a local backup folder or cloud storage

## Restore



Restore your text messages and call logs to your phone



## Transfer



Transfer text messages and call logs between devices over a Wi-Fi direct network

## View backups

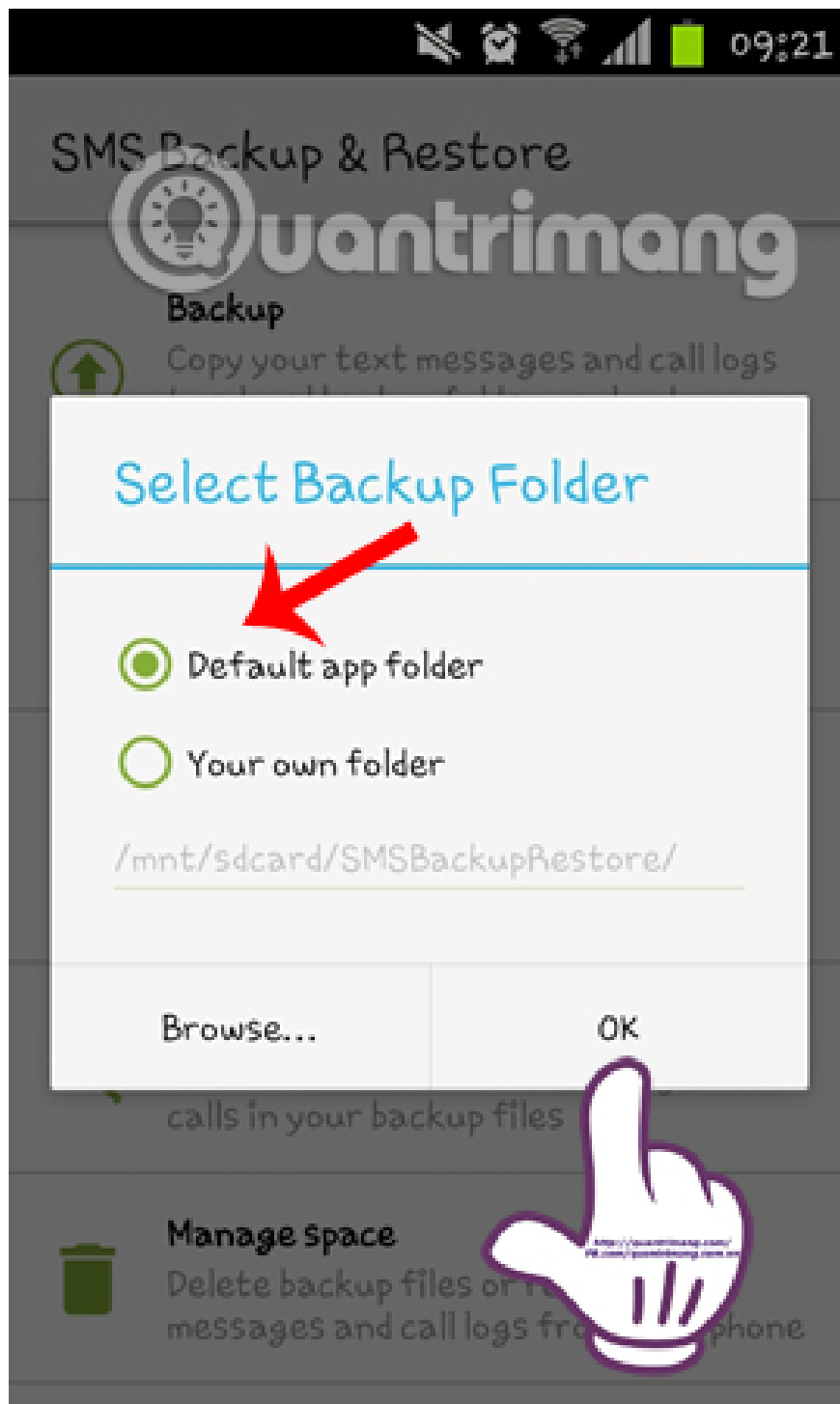


View or search for text messages and calls in your backup files

## Manage space



Delete backup files or remove text messages and call logs from your phone



### Step 3:

Next, in the **Create New Backup** interface, you can choose backup content such as, Call Logs, multimedia messages (MMS), backup of conversations (Include MMS Message).

Scroll down, in the **Local Backup and Upload section**, we will see three new options Upload to Google Drive, Upload to Dropbox, and Upload to Email. Here, I will **tick to Upload to Google Drive** to backup SMS messages to Google Drive.



09:26

## Create New Backup

### Backup Selections:

- Call Logs
- Text Messages

Name: sms-20161021092137.xml

- Include MMS Messages
- Include Emoji/Special characters

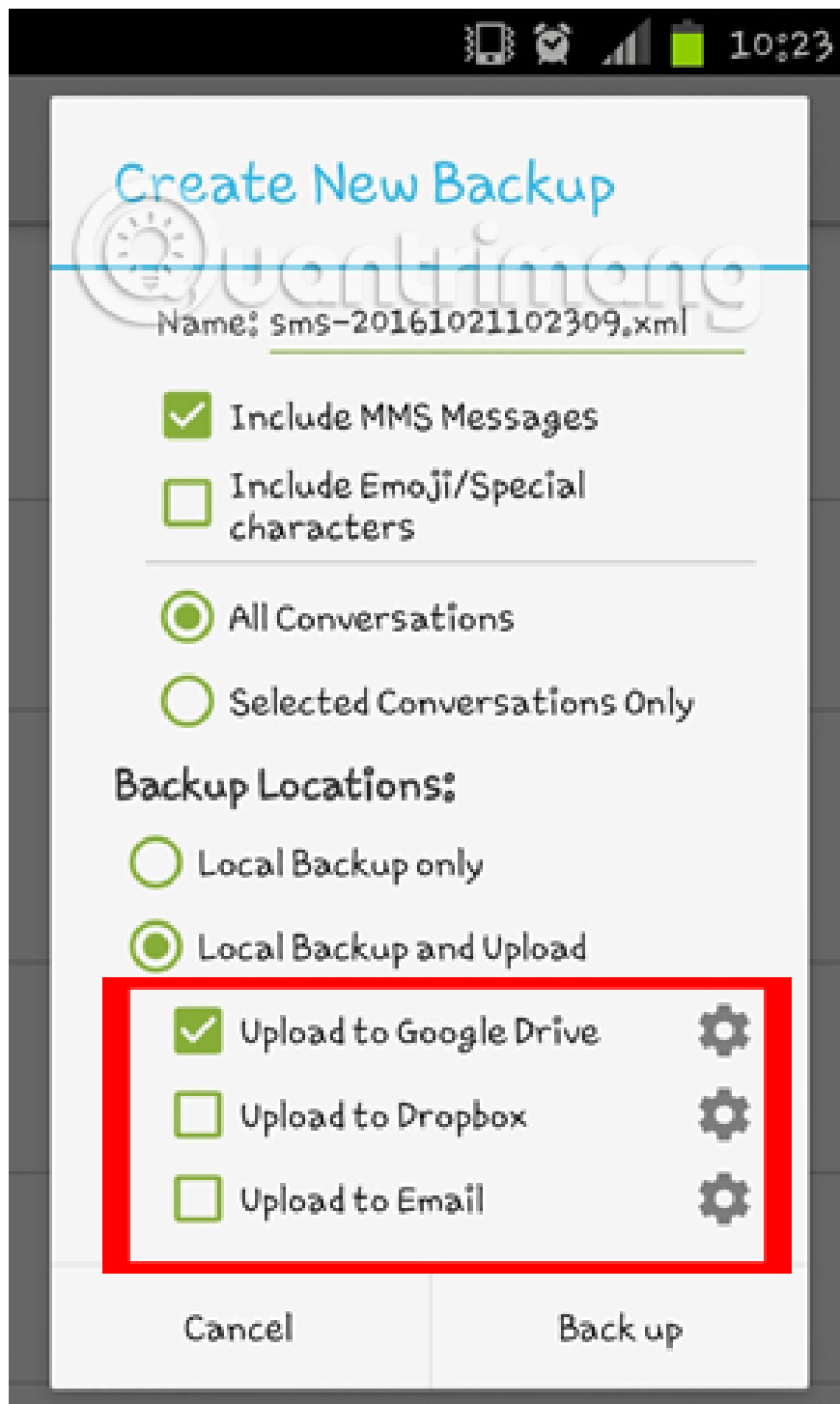
- All Conversations
- Selected Conversations Only

### Backup Locations:

- Local Backup only
- Local Backup and Upload

Cancel

Back up



#### Step 4:

Once selected to Google Drive, the screen interface will switch to **Google Drive Setup** . First of all, in the **Delete backups older than section** , click **the down arrow** to select the time to delete the data, or you can select **Do not Delete** to not delete the data.



09:29

## Google Drive Setup



Status: Not Logged In

Quantimeng

Log In

Only Upload on Wi-Fi

Folder (Separate sub-folders by /):

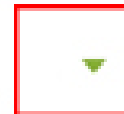
(Optional) Folder to upload the file...

Delete backups older than:

30 Days

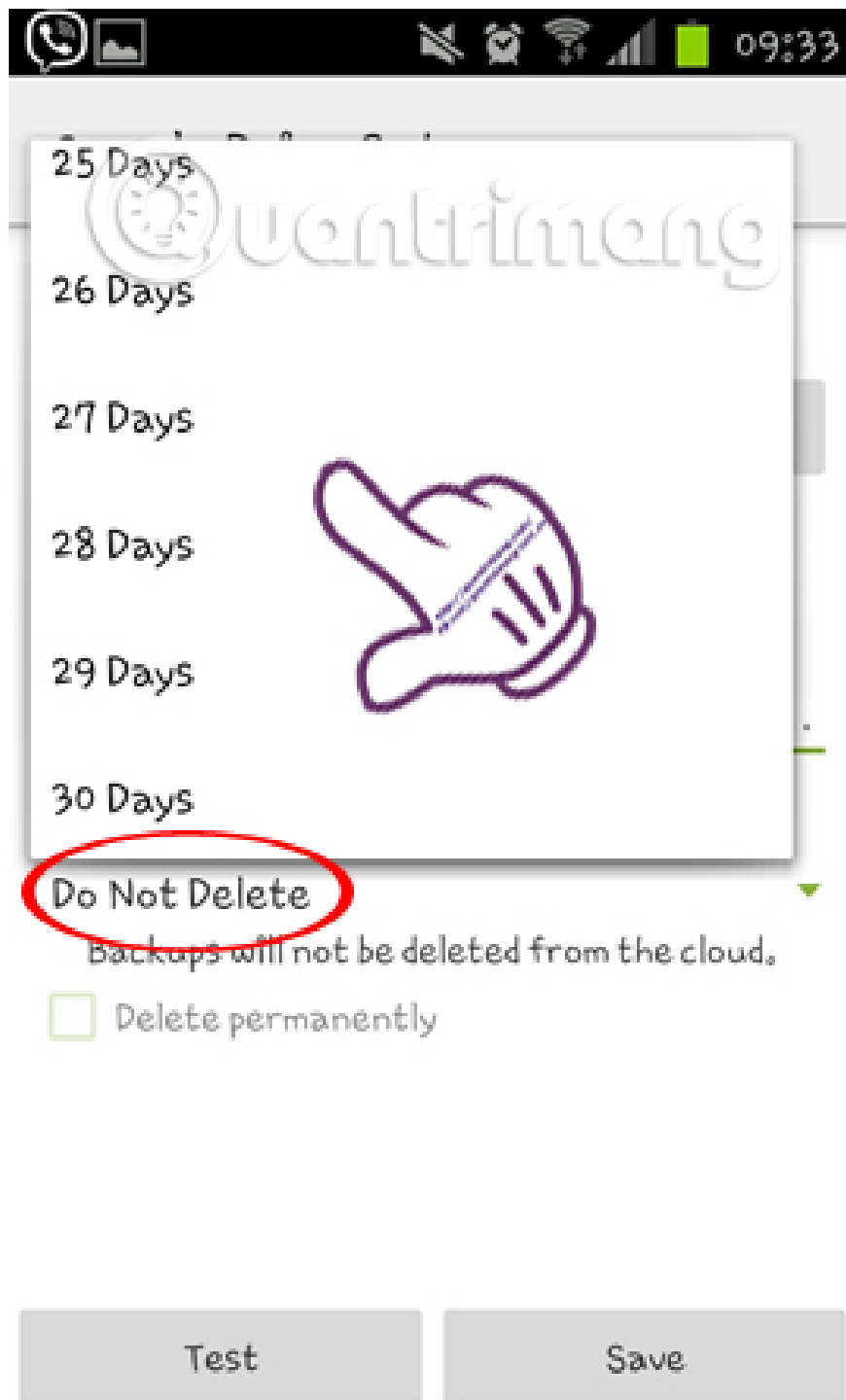
Each time a backup is taken, backups older than 30 days will be deleted from the cloud.

Delete permanently



Test

Save



## Step 5:

After selecting the data time, click on **Log in** to log in. In the **Choose an account** interface, we will select the Gmail account we are using on the device, or we can choose another account when clicking Add account. Click **OK** to continue.



09:29

## Google Drive Setup

Status: Not Logged In

Log In

Only Upload on Wi-Fi

Folder (Separate sub-folders by /):

(Optional) Folder to upload the file...

Delete backups older than:

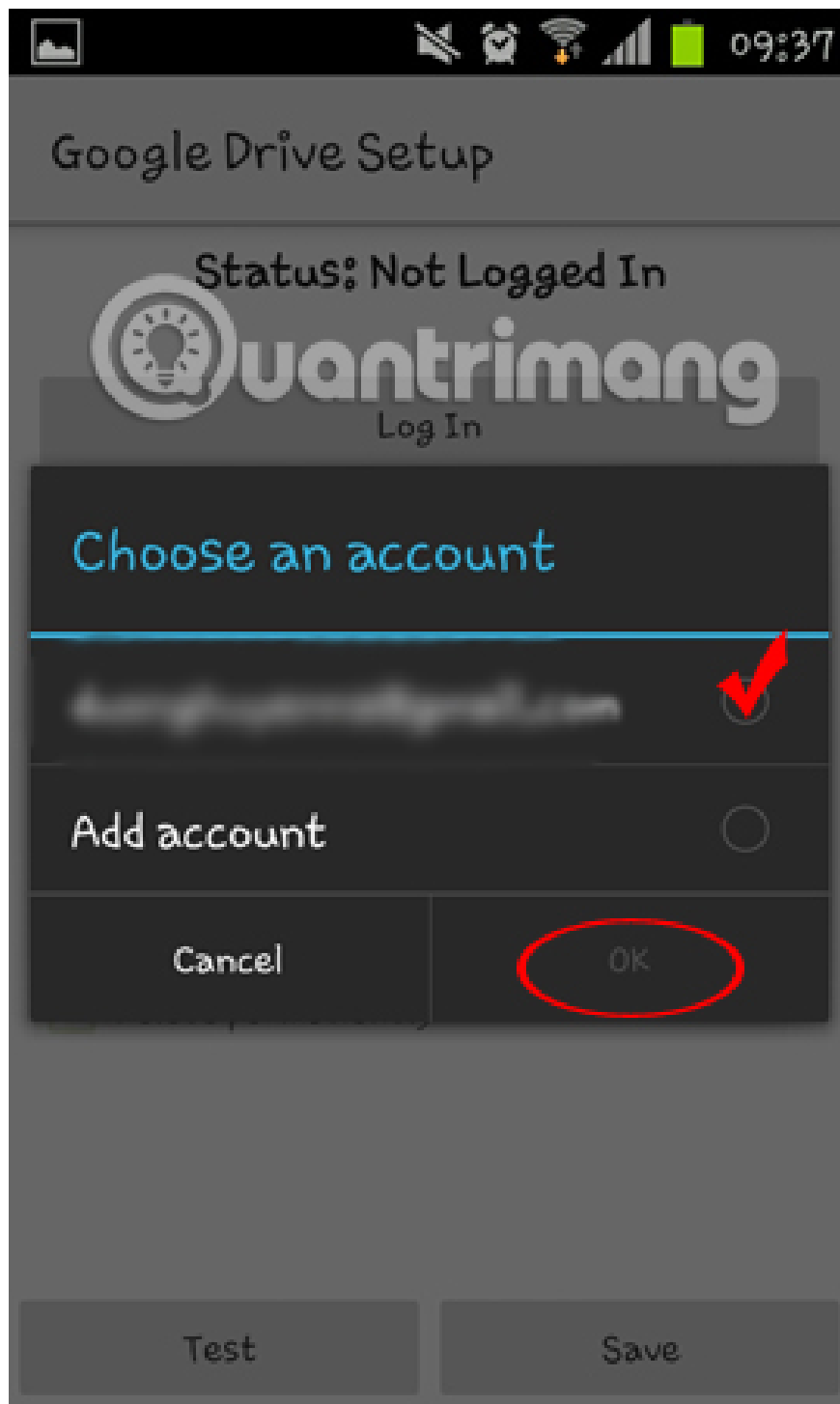
Do Not Delete

Backups will not be deleted from the cloud.

Delete permanently

Test

Save

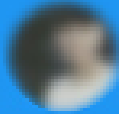


## Step 6:

Next, SMS Backup and Restore will ask you for permission **to access the account** . Click **Allow** . After that, the application will return to the main interface. Select the **Only Upload on Wi-Fi option** , then click **Test** to check if the application is fully set up.



09:37



SMS Backup & Restore

SMS Backup & Restore would like to:

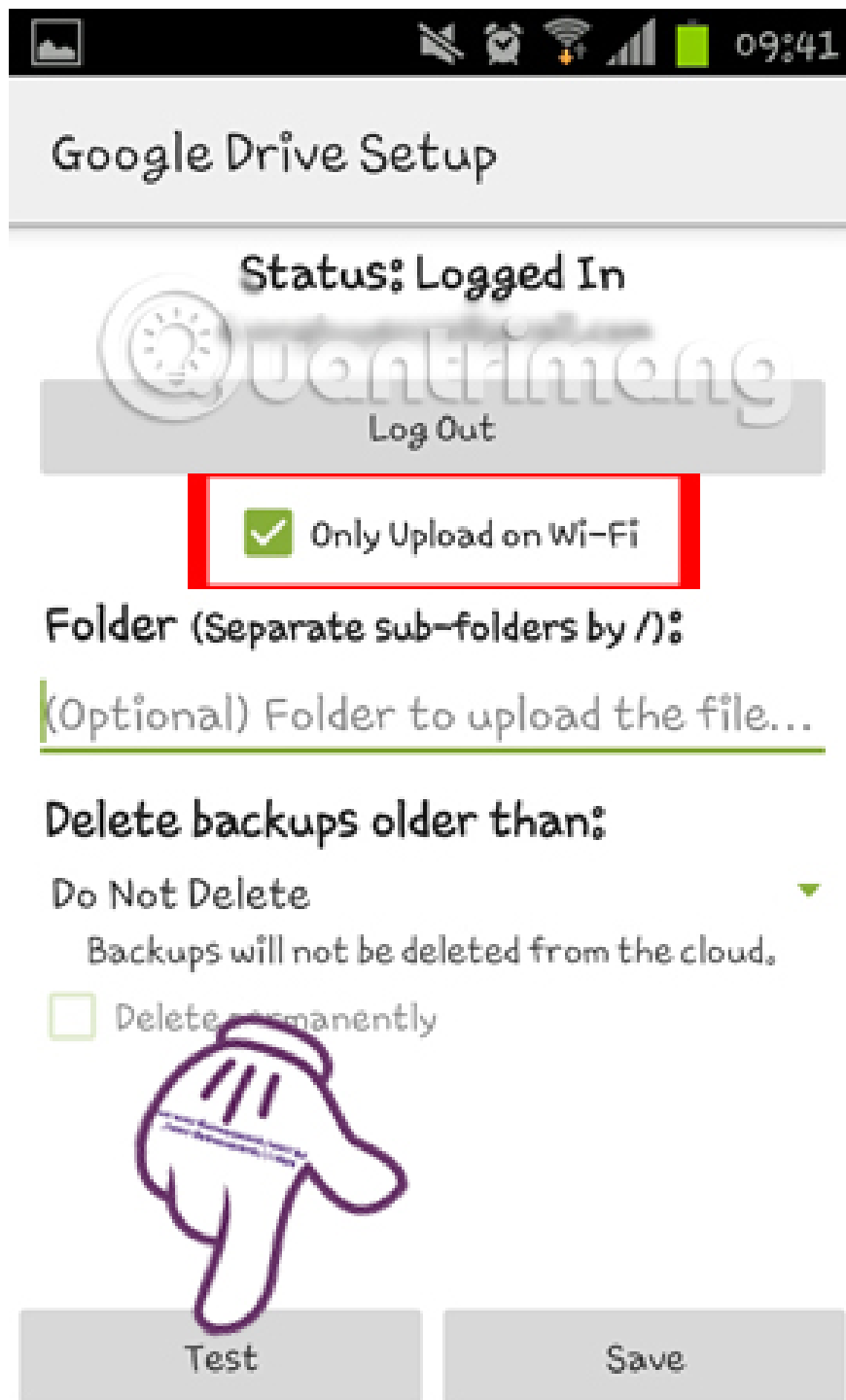


By continuing, you allow this app and Google to use your information in accordance with their respective terms of service and privacy policies.



DENY

ALLOW



## Step 7:

Waiting for a few seconds, we will see a notification of the successful Test process. Click **OK** and click **Save** to save.



09:42

# Google Drive Setup



Status: Logged In

# uantrimang

Log Out

## SMS Backup & Restore

The Test file was successfully uploaded.

OK

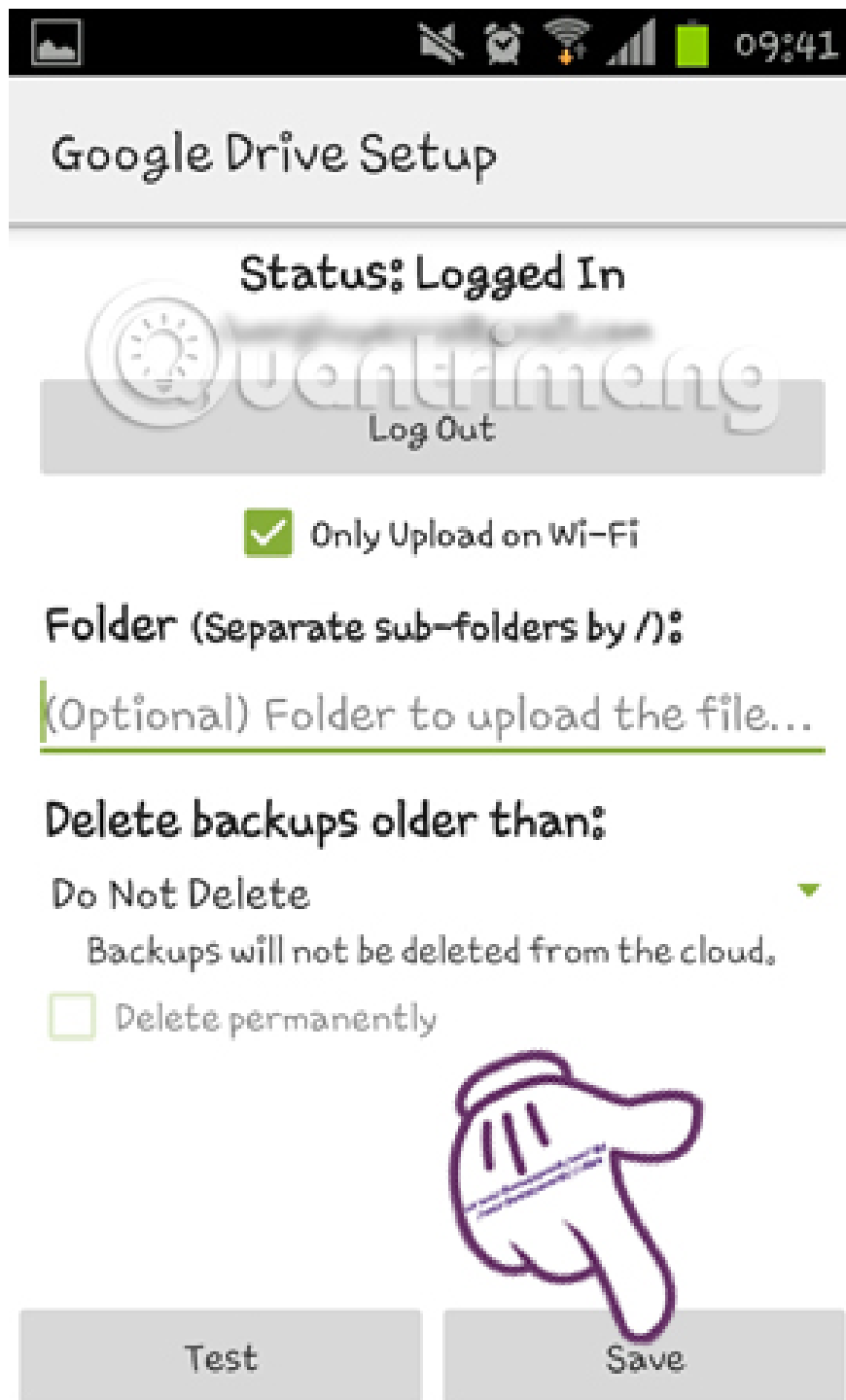


Delete permanen



Test

Save



## Step 8:

You will be taken back to the **Create New Backup** interface of SMS Backup and Restore. If you need to choose other services to store, you also do the same operations as above.

Next, users just need to click **Backup** . After that, you need to wait for the backup process to complete.



09:26

## Create New Backup

### Backup Selections:

- Call Logs
- Text Messages

Name: sms-20161021092137.xml

- Include MMS Messages
- Include Emoji/Special characters

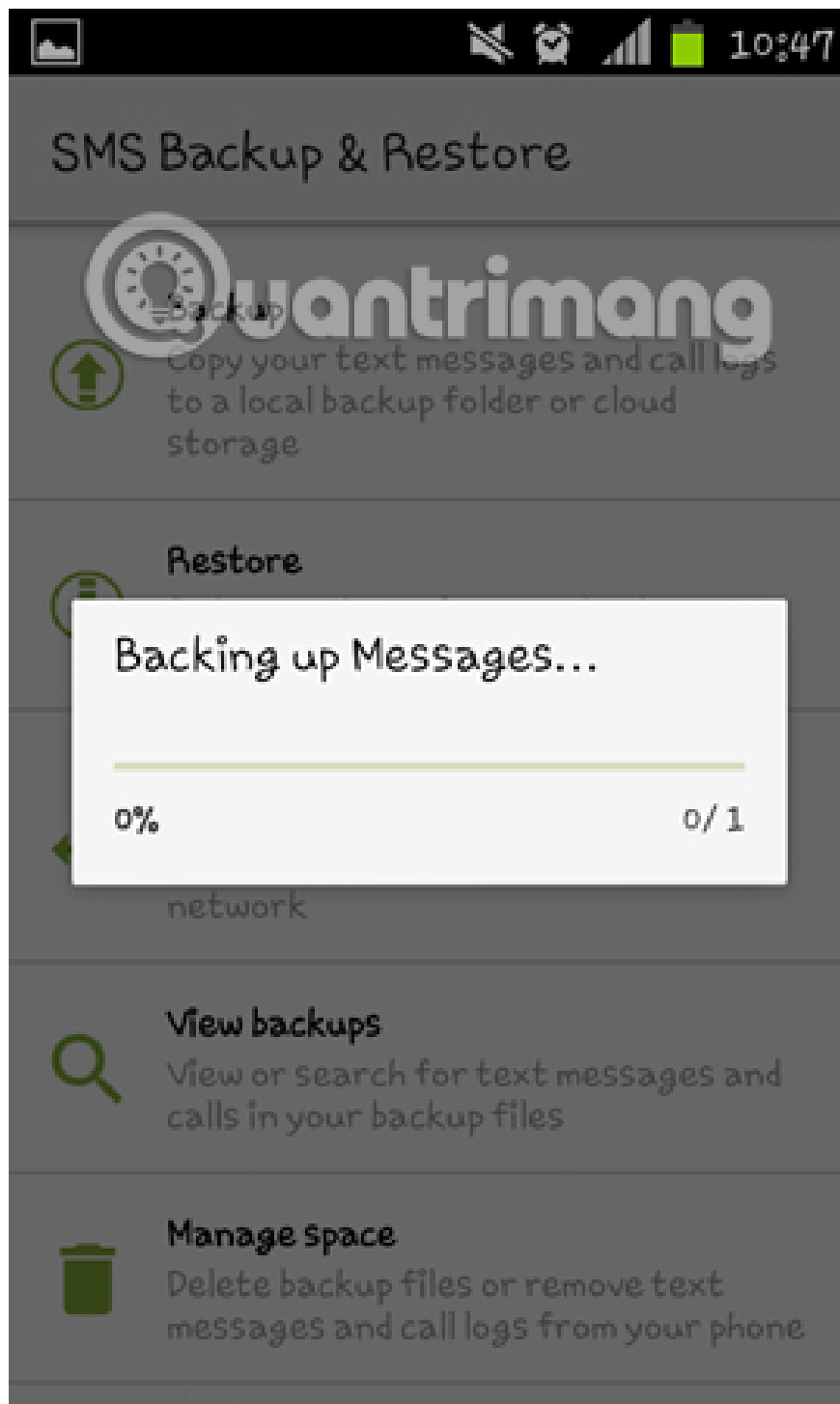
- All Conversations
- Selected Conversations Only

### Backup Locations:

- Local Backup only
- Local Backup and Upload

Cancel

Back up



Thus, the steps to backup SMS messages on Android devices are completed with the SMS Backup and Restore application. Note, the interface of the application will vary depending on the operating system of the device, but the implementation is completely the same. If users have a large number of messages to back up, it is preferable to backup to Google Drive or Dropbox.

**Refer to the following articles:**

1. Instructions for backing up and storing data on your Android device securely

1. Simple way to transfer data from Android to iPhone

1. How to transfer data from iPhone to Android?

**I wish you all success!**

You finished reading the article "**How to backup SMS messages with SMS Backup and Restore**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.

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