

How to backup Gmail data?

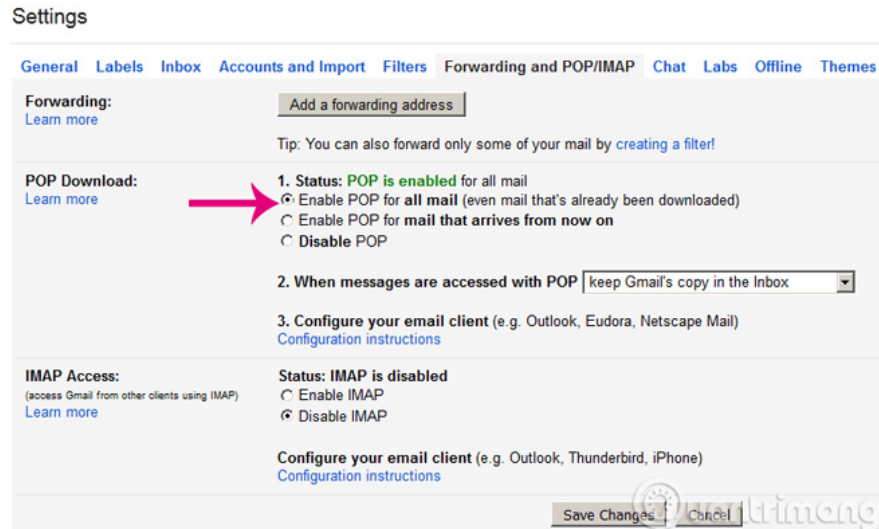
For a long time, Google's email service - Gmail has become extremely familiar and close to individual users and businesses. Just one account of Google is that you can use all the accompanying services such as YouTube, Gmail, Google Plus ... So if you want to backup emails in your Gmail account, how ...

For a long time, Google's email service - Gmail has become extremely familiar and close to individual users and businesses. Just 1 account of Google that you can use all the services included YouTube, Gmail, Google Plus . So if you want to backup emails in your Gmail account, how? In the article below, TipsMake.com will introduce you to manipulate to backup and backup Gmail on your computer.



1. Backup Gmail directly:

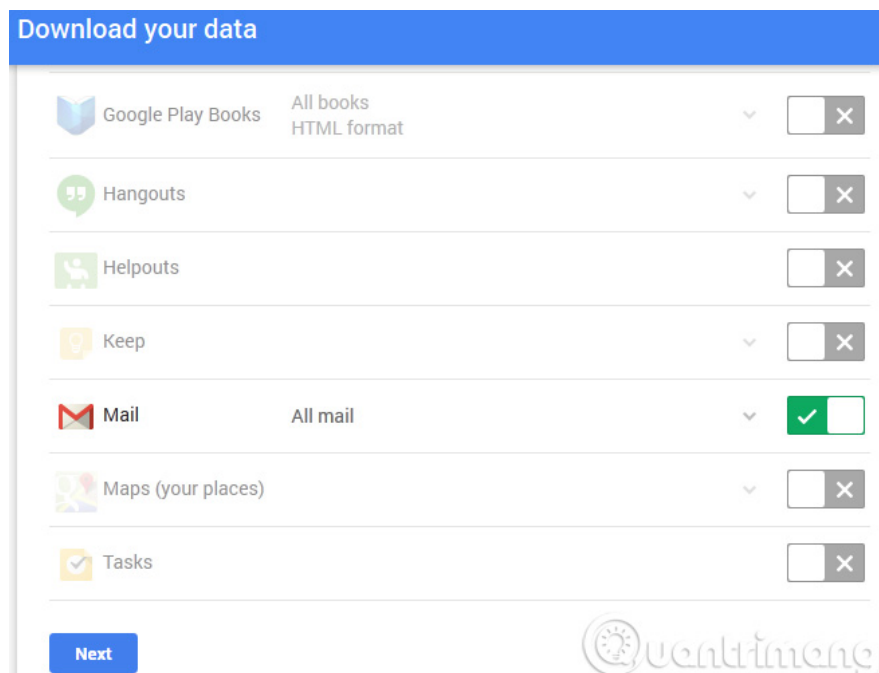
First, log into your Gmail account on your browser, open **Settings** , select **Forwarding and POP / IMAP** tab and select **Enable POP for all mail** , then click **Save Change** to save changes:



By default, when we have not enabled this POP / IMAP support feature of Google, the email client programs will not be able to download and download Gmail to the computer. Enabling POP / IMAP will allow mail data. , email from Gmail is forwarded to the computer, via that email client. How to configure on the email client, we will present in another article.

2. Use Google Takeout:

To proceed, you access Google Takeout, select the data to backup and click Next:



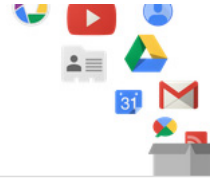
Here I want to back up Gmail, so just select Mail

There will be some options for us like:

Download a copy.

Create an archive with your data from Google products.

Manage archives



✓ 1 product selected

Customize download format

Choose your archive's file type and whether you want to download it or save it to Drive.

File type

.zip

.tgz can be opened on almost any computer.

.tbz larger than 2GB will be split into multiple .zip files.

Create archive

Delivery method

Send download link via email

Add to Drive We'll email a link to your personal device. You will have one week to retrieve your archive.



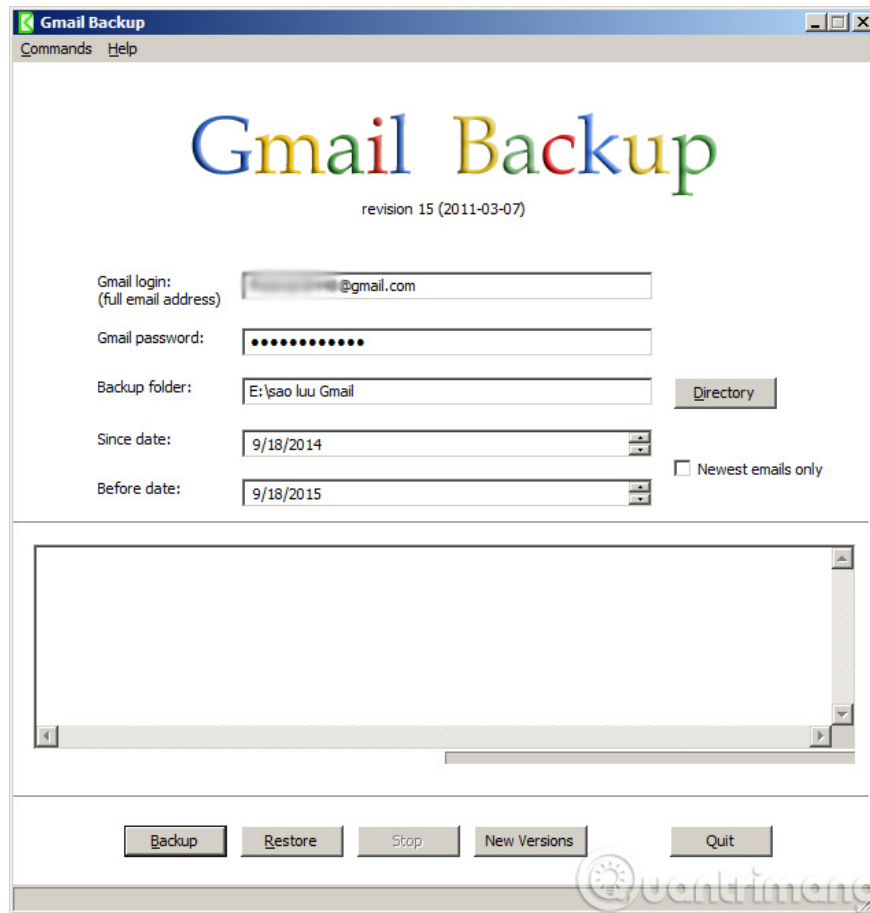
1. **File type** : backup file format, compressed in different formats such as * **.zip**, * **.tgz** and * **.tbz**
2. **Delivery method**: how to backup, can send download link to **Gmail** or save directly to **Google Drive** .

Depending on the number of your email, this process will be fast or slow. When completed, Google will display a message in your inbox.

3. Use the Gmail Backup utility:

This is free software, compact size, runs well on Windows operating system.

1. Download Gmail Backup for free



The interface of the program is very simple, you just need to fill in the username (must be full, including @ gmail.com), the password, the time you want to backup, select the archive folder and press the **Backup** button is okay.

Note some issues when using Gmail Backup:

Due to many changes of Google, maybe we will get errors when using Gmail Backup:

1. Error failed to login: if your Gmail account protected with 2 layers of passwords, remove the OTP authentication class.
2. Since Gmail account has not turned on POP / IMAP: follow the instructions in the way 1 to enable this feature.
3. Or finally, Gmail blocks login for non-Google programs, in which case you can switch to using either 1 or 2.

Good luck!

You finished reading the article "**How to backup Gmail data?**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.