

How to adjust the time to turn off the screen of Windows 7

When the computer is not used for a while, the screen will automatically turn off. So if you want to adjust the time off the screen on Windows 7, like?

By default when the computer is not used after a period of time, the screen will automatically turn off. This will save power, save computer battery when in use. However, the default time to turn off the computer screen may be too long or too fast, so it affects the work on the computer. If so, users can completely adjust the time automatically turn off the screen on the computer. The following article will guide you how to adjust the time to turn off the Windows 7 screen.

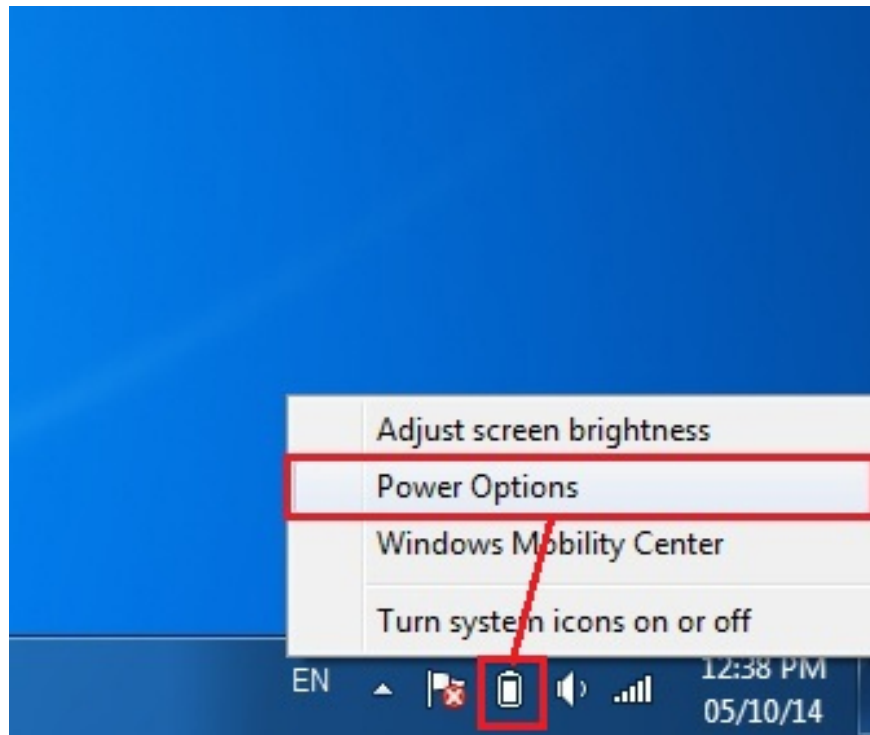
1. How to set up automatic lock of Windows 7 computer screen
2. How to change screen lock timeout in Windows 10
3. Instructions to adjust screen brightness of Windows 7 computer

Instructions to adjust the time to turn off the Win 7 screen

Step 1:

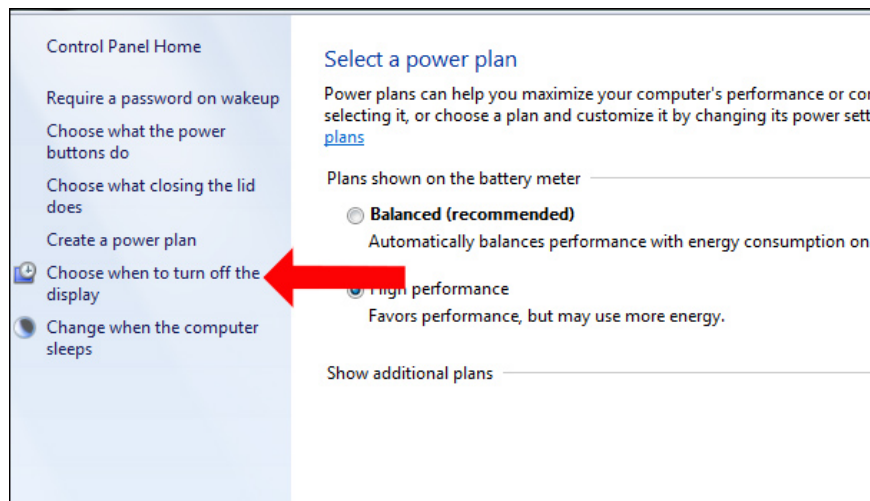
At the interface on the screen, right-click on **the battery icon** under the Taskbar and select **Power Option** .

Or in the search bar at Start menu you can enter the keyword power then also click Power Option at the results found.



Step 2:

In the new interface click **Choose when to turn of the display** in the list on the left outside the same interface.

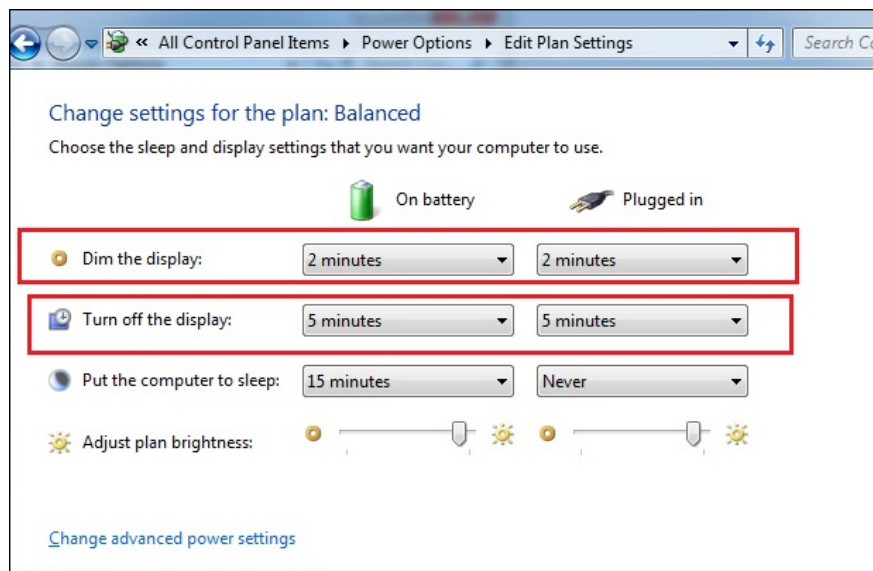


Step 3:

In this interface, users will see 2 editing sections including:

1. Dim the display: Reduce screen brightness after a period of time.
2. Turn off the display: Turn off the screen completely after the time period.

You choose the amount of time you want to turn off the screen if you don't use the computer, or reduce the light if needed. If click Never, disable these 2 features.



Thus, users can freely customize the waiting time to turn off the screen on Windows 7, depending on the needs of use. You can adjust the screen brightness after the idle period, to save battery power.

See more:

1. How to fix the screen error of Windows 7/8 / 8.1 / 10 is black
2. Good tips and tricks in Windows 7 (Part 2)
3. Summary of useful Windows 7 shortcuts

I wish you all success!

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