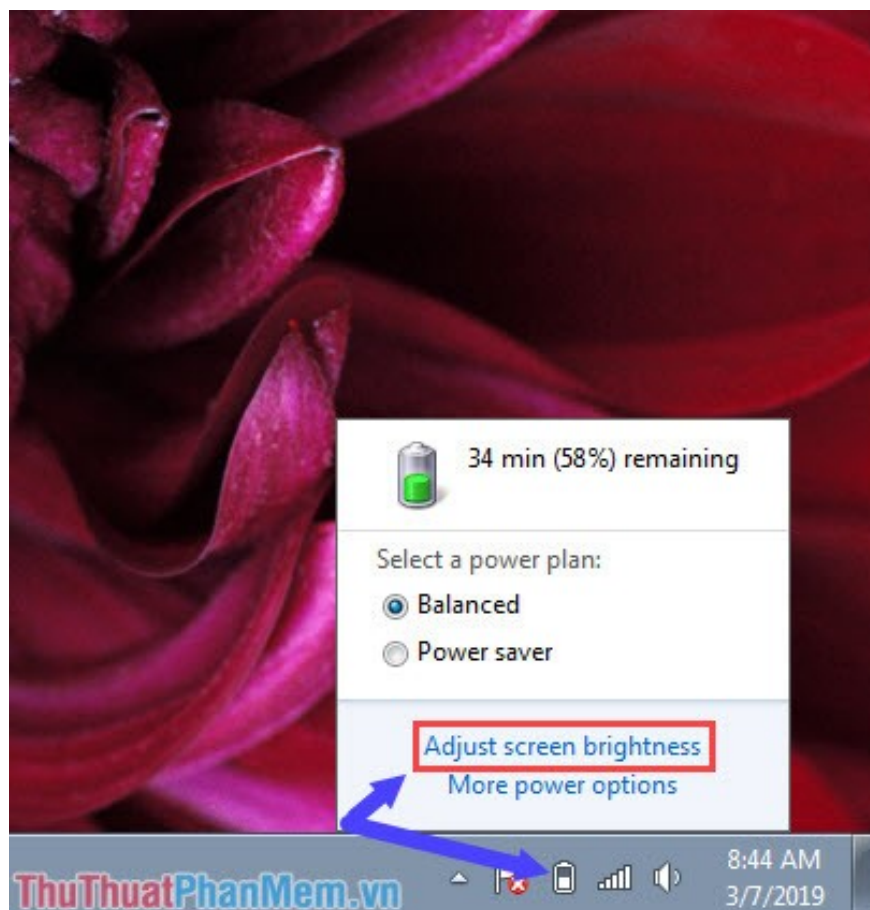


How to adjust the brightness of the Laptop computer screen

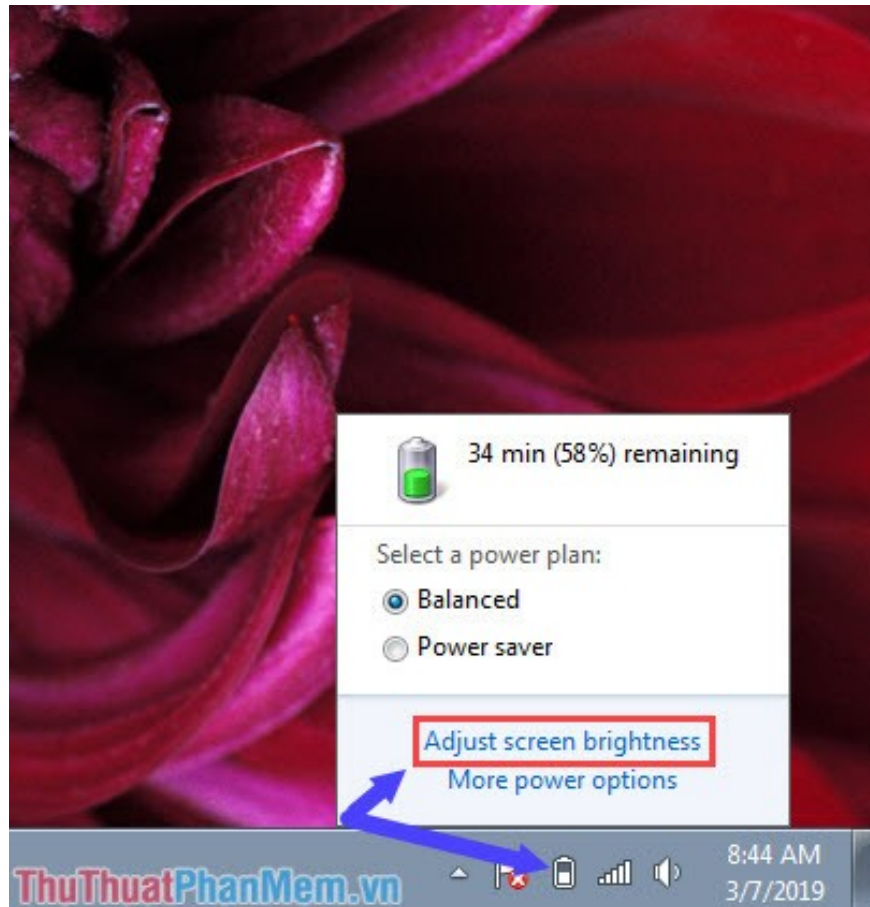
How to adjust the brightness of the Laptop computer screen. Adjusting the computer screen brightness appropriately helps your eyes reduce stress and pressure when using the computer for a long time. On the desktop (Desktop) using a separate screen want to adjust the brightness, we manipulate

Adjusting the computer screen brightness appropriately helps your eyes reduce stress and pressure when using the computer for a long time. On desktops (Desktop) using a separate screen to adjust brightness, we operate on the hard buttons on that screen. But with laptops without built-in hardware brightness button, how to do it? Invite you to see the tutorial on adjusting the Laptop screen brightness below!

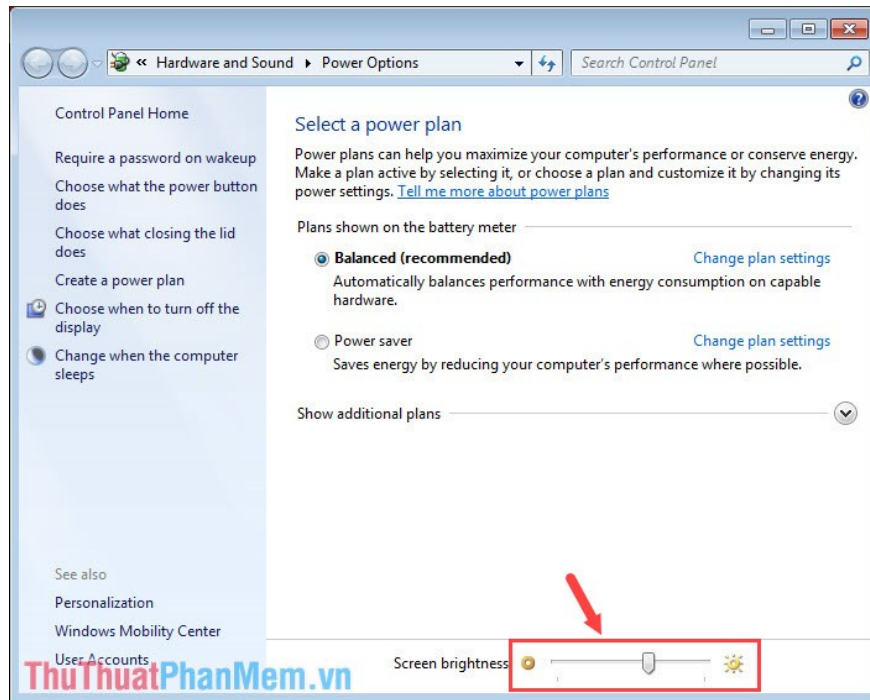


1. How to adjust the screen brightness of Laptop Windows 7

Step 1: Click on the Pin icon in the bottom right corner and select **Adjust screen brightness** .



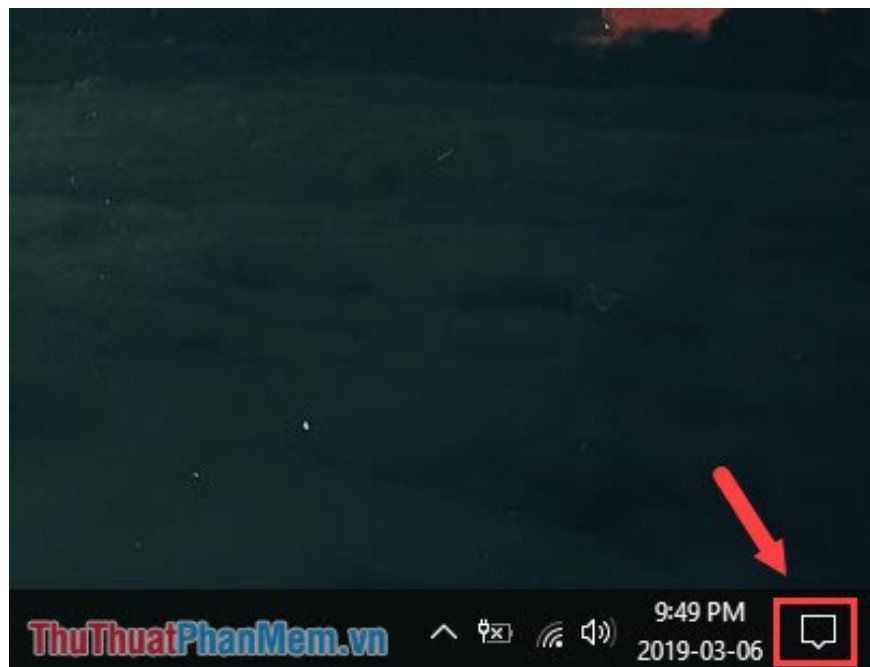
Step 2: Then the **Power Option** window pops up, to adjust the brightness, you slide the scroll bar left (right) to make the screen darker (bright).



2. How to adjust the screen brightness on Windows 10 Laptop

Method 1: Adjust the brightness automatically on the Quick Action bar

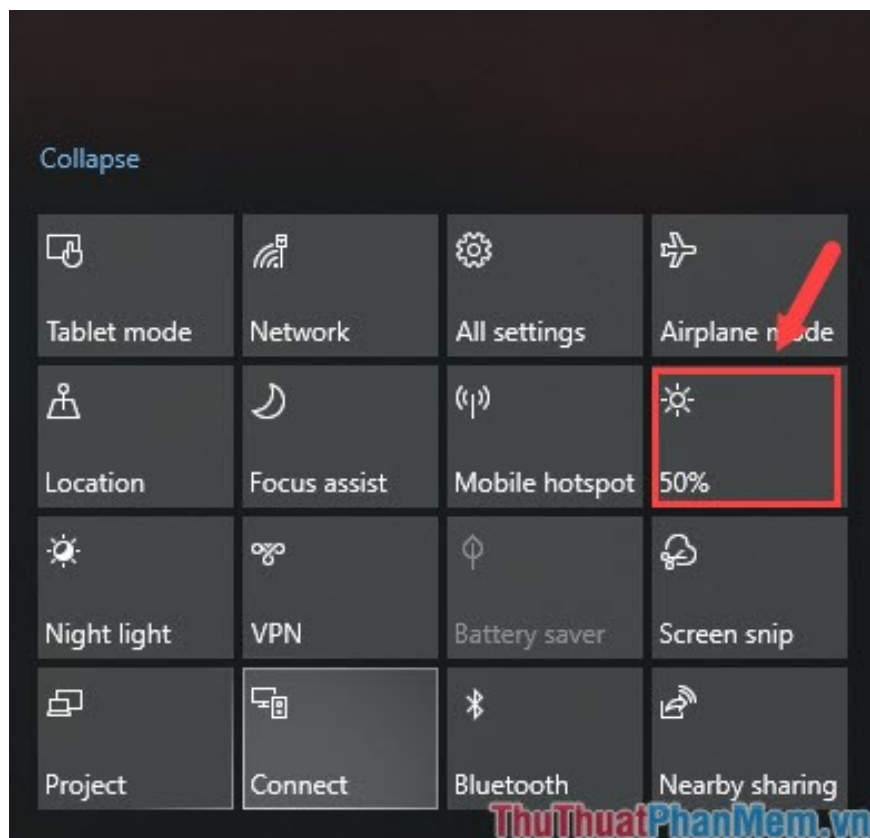
Step 1: Click on the **Quick Action & Notification** icon in the bottom right corner of the screen.



Step 2: Click **Expand** on **Quick Action** to expand it further.

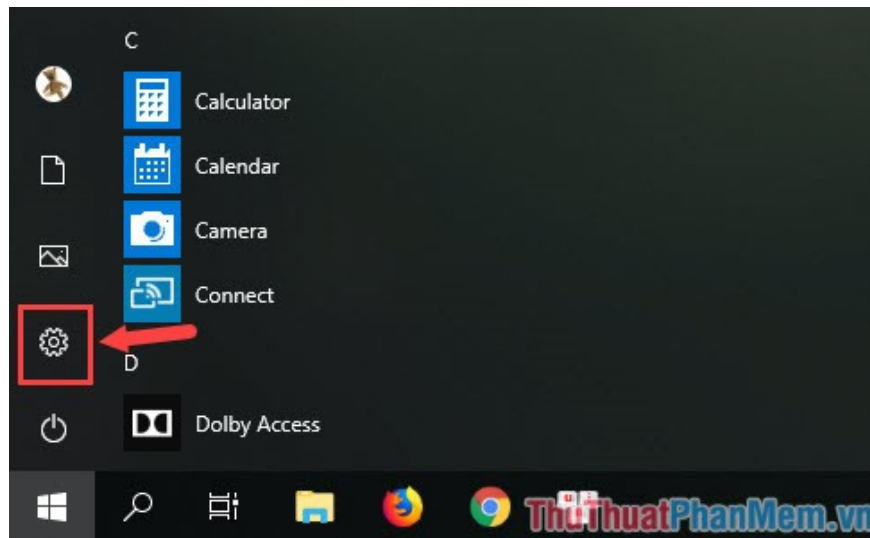


Step 3: Click on the **Brightness** box with the sun icon and the percentage (%) below. Click multiple times to change the brightness level to suit your needs.

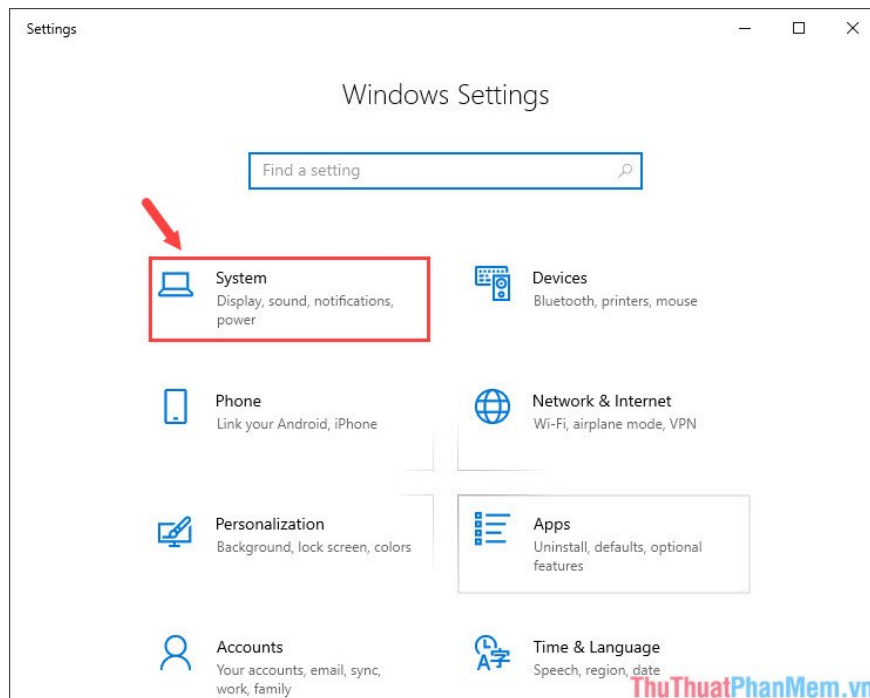


Method 2: Change the brightness manually in Control Panel

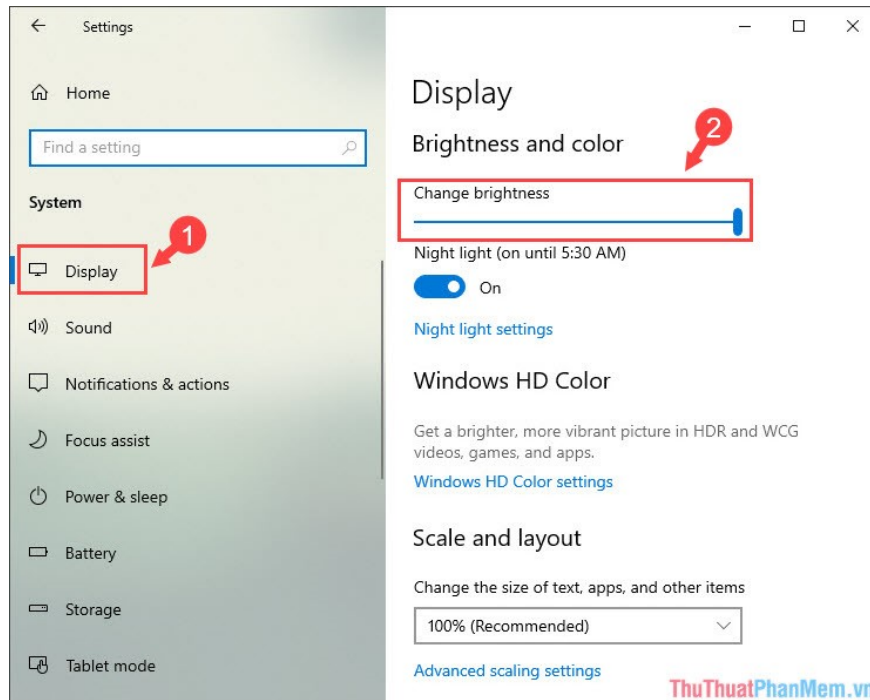
Step 1: Go to Start menu => **Settings** as shown below.



Step 2: Select the **System** item .



Step 3: Select the **Display** tab and you can adjust the level of darkness (light) by swiping the cursor to the left (right) in the **Change brightness** section .



Through this article, hope you know how to adjust the Laptop screen brightness quickly to help protect your eyesight. Remember to visit TipsMake.vn regularly to update the latest computer news and tips!

You finished reading the article "**How to adjust the brightness of the Laptop computer screen**" edited by the TipsMake team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.