

Hot weather can make you sad and don't want to help others

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Liuba Belkin, associate professor at Lehigh University in M, said: *"The surrounding temperature can affect the mood of individuals, thereby affecting the formation of emotional reactions and behaviors, because so people will help each other less in a living environment that they don't feel comfortable with."*

The researchers conducted a two-part study. They collected data and studied and analyzed the differences in individual behaviors under hotter conditions than normal.

They found that employees who work in an uncomfortable environment will have about 50% less participation in social activities, including: volunteering to help customers, listen positively, and make Hints in high temperature environments.

For part two, an online experiment was conducted randomly.



The team created an online questionnaire to identify situations where the survey team felt hot and then measured emotions and controlled their perceptions and some survey questions.

The researchers said that compared to the control group, they were more tired, less effective, more negative, less socially supportive than the control group.

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