

# Honestly, if you get bitten by this bug, you will be forced to become a vegetarian

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This strange creature is often referred to as the lonely star bug, Lone Star tick, the scientific name is *Amblyomma americanum*, living in the eastern United States and Mexico.

According to Vanderbilt University Medical Center, allergies will occur after a person is bitten and uses milk or red meat products. When allergic, the victim will have symptoms such as difficulty breathing, rash, lowering blood pressure, even anaphylaxis - a type of catastrophe occurs when the patient is allergic and very easy to kill otherwise diagnosed with a cause and treated promptly.

The reason is that in this type of bug there is a type of sugar called 'alpha-gal', but the human body does not have it. This type of sugar is also found in red meat, pork and some dairy products, normally the human digestive system still handles these foods and alpha-gal sugar.

But when we get bitten by this bug, this alpha-gal sugar is passed into the bloodstream, our body will make antibodies against these outside invaders. This is the reason why when we absorb alpha-gal in meat and dairy products, we will be allergic.



Fortunately, like other allergies, this can also be treated with antihistamines and epinephrine. Otherwise, all people in the East and the South of the United States will have to say goodbye to meat favorites when they become victims of this bug. This is very painful.

Currently, researchers do not know whether those who have been bitten must be vegetarians forever.

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