

Hold your breath to see the process of your baby coming out of the womb during a natural caesarean section

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1. Things to know before becoming pregnant

Natural caesarean birth allows children to move from their mothers' wombs instead of using medical procedures such as normal caesarean section. The baby is born slowly, sometimes takes 4-5 minutes and immediately receives skin-to-skin contact with the mother even when the umbilical cord has not been cut.

According to experts, natural caesarean section increases the affection between parents - children and is very close to the traditional method of giving birth. And this will be the choice of many women.

Impressive video recorded by Dr. Jham Frank Lugo (Venezuela).

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