

# History of birth and development of the Olympic Games

Olympic Games or Olympics is a competition in many sports among countries around the world symbolizing the spirit of solidarity and peace of all humanity. 2016 Summer Olympics officially named Games of the XXXI Olympiad, also known as Rio 2016, will take place in Rio de Janeiro, Brazil from August 5 to 21, 2016.

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There are two types of Olympic Games: Summer Olympics and Winter Olympics.

**The Summer Olympics** take place every four years from 1896, except for the years of world war (like the second world war).

**Winter Olympics** was founded in 1924 for winter sports. It was originally held in the same year as the Summer Olympics, but since 1994, the Winter Olympics and the Summer Olympics have been interspersed every two years.

## Olympic history

According to legend, the ancient Olympic Games was founded by **Heracles**, the son of God Zeus. The first Olympic Games was held in 776 BC. At the Olympic Games, Coroebus ran the Olympic Stadium at a distance of about 192 meters and became the first Olympic champion in history.

The ancient Olympic Games developed and maintained every four years for nearly 1,200 years. In 393 AD, Roman Emperor Theodosius I, a Christian believer, canceled the Olympics due to their pagan influences.

About 1,500 years later, **Pierre de Coubertin** was a French aristocrat who began to restore the Olympics after realizing that it was fitness, more specific sports that would make people strong and strong.



Pierre de Coubertin founded the Modern Olympics and was the first President of the International Olympic Committee from 1896 to 1925.

In 1890, he organized and founded the French Union of Sports Associations (Union des Sociétés Françaises de Sports Athlétiques (USFSA)). Two years later, Coubertin first came up with the idea of ??restoring **the Olympic Games** .

Two years later, Coubertin held a meeting with 79 delegates representing 9 countries to announce the restoration of the Olympic Games. Delegates at the meeting voted unanimously for the Olympic restoration plan and decided to set up an international committee to host the Olympics. This committee became the International Olympic Committee (Comité International Olympique), and Demetrios Vikelas, Greek delegate was elected the first president of the Olympic Committee. Aten was chosen to host the first Olympic Games, and planning began.



Panathenaic Stadium in the first Modern Olympics took place in 1896 - (Photo: Getty Images)

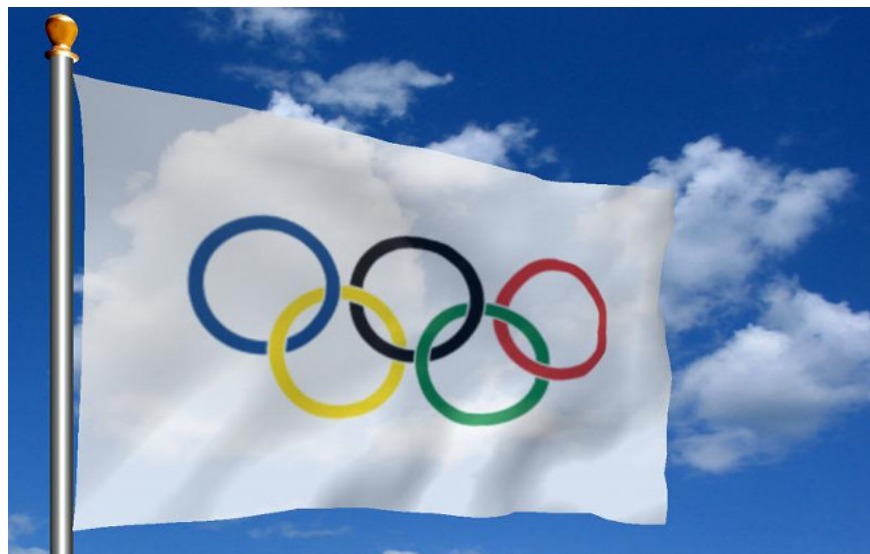
Since being restored and perfected so far, the Olympic Games has undergone 26 congresses. Today's Olympics are held every 4 years. Except for years of world war, the Olympics were not organized.

The women's marathon is not in the ancient Olympics. Famous Greeks who attended the ancient Olympics: philosopher Socrates, Pythagoras, Plato, Aristotle and Hippocrates - the father of medicine.

**In ancient Olympics, women were not allowed to participate in the competition** . Some women did not accept this discrimination, so they disguised themselves as men to compete, even though the punishment was then thrown down from Tropaion Mountain if discovered.

## **The interesting information about the Olympic**

### **1. The official Olympic flag**



Created by Pierre de Coubertin in 1914, the Olympic flag consists of **5 circles representing 5 interconnected continents** on a white background. The circles from left to right are: blue, yellow, black, green, and red. The colors chosen are because at least one of these colors appears on the flag of each country in the world. The Olympic flag flew for the first time in the 1920 Olympics.

### **2. Olympic slogan**

In 1921, Pierre de Coubertin, the founder of the modern Olympic Games, borrowed a Latin phrase from his friend, Father Henri Didon, as the Olympic slogan: **Citius, Altius, Fortius** ("Faster." , **higher, stronger** ") .

### **3. The oath of the Olympics**

Pierre de Coubertin wrote an oath for athletes to read in every Olympics. The first oath was read by Belgian fencing athlete Victor Boin in the 1920 Olympic Games. In each opening ceremony, an athlete on behalf of all athletes read the oath: "*In the name of all the players, I promise that we will participate in Olympic competitions, respect and comply with the principles of the Olympic Executive Board, following the spirit of sports for the glory of sports. and honor of our playing teams.* "

#### **4. Real gold medal**

The final Olympic gold medal was awarded in 1912.

#### **5. Medals**

The medals of each Olympic period are designed to be unique to each host country. Each medal must be at least 3mm thick, 60mm in diameter. In addition, gold and silver medals must be made of 92.5% silver, with gold medals plated with 6gram gold.



The 1976 Olympic medal with a simple laurel wreath and the symbol of the city hosting the Olympics.

#### **6. Song of the Olympics**

The Olympic song, or Olympic song, is a song composed by Spyros Samaras based on a poem by the Greek poet and writer Kostis Palamas. The song was first performed at the first Olympics held in Athens in 1896. But since 1958 the new song has been publicly announced as the official song for the Olympic Games. The host countries of each Olympics often translate songs into their own language.

#### **List of Olympics**

Năm	Tên	Địa điểm
1896	Thế vận hội Mùa hè 1896	 Athens, Hy Lạp
1900	Thế vận hội Mùa hè 1900	 Paris, Pháp
1904	Thế vận hội Mùa hè 1904	 St. Louis, Hoa Kỳ (dự định tổ chức ở Chicago)
1908	Thế vận hội Mùa hè 1908	 London, Anh
1912	Thế vận hội Mùa hè 1912	 Stockholm, Thụy Điển
1916	Thế vận hội Mùa hè 1916	 Berlin, Đức (hủy do chiến tranh)
1920	Thế vận hội Mùa hè 1920	 Antwerp, Bỉ
1924	Thế vận hội Mùa hè 1924	 Paris, Pháp
1924	Thế vận hội Mùa đông 1924	 Chamonix, Pháp
1928	Thế vận hội Mùa hè 1928	 Amsterdam, Hà Lan
1928	Thế vận hội Mùa đông 1928	 St. Moritz, Thụy Sĩ
1932	Thế vận hội Mùa hè 1932	 Los Angeles, Hoa Kỳ

1932	Thế vận hội Mùa đông 1932	 Lake Placid, Hoa Kỳ
1936	Thế vận hội Mùa hè 1936	 Berlin, Đức
1936	Thế vận hội Mùa đông 1936	 Garmisch-Partenkirchen, Đức
1948	Thế vận hội Mùa hè 1948	 London, Anh
1948	Thế vận hội Mùa đông 1948	 St. Moritz, Thụy Sĩ
1952	Thế vận hội Mùa hè 1952	 Helsinki, Phần Lan
1952	Thế vận hội Mùa đông 1952	 Oslo, Na Uy
1956	Thế vận hội Mùa hè 1956	 Melbourne, Úc
1956	Thế vận hội Mùa đông 1956	 Cortina d'Ampezzo, Ý
1960	Thế vận hội Mùa hè 1960	 Rome, Ý
1960	Thế vận hội Mùa đông 1960	 Squaw Valley, Hoa Kỳ
1964	Thế vận hội Mùa hè 1964	 Tokyo, Nhật Bản
1964	Thế vận hội Mùa đông 1964	 Innsbruck, Áo
1968	Thế vận hội Mùa hè 1968	 Mexico City, México
1968	Thế vận hội Mùa đông 1968	 Grenoble, Pháp
1972	Thế vận hội Mùa hè 1972	 Munich, Tây Đức
1972	Thế vận hội Mùa đông 1972	 Sapporo, Nhật Bản

1976	Thế vận hội Mùa hè 1976	 Montreal, Canada
1976	Thế vận hội Mùa đông 1976	 Innsbruck, Áo
1980	Thế vận hội Mùa hè 1980	 Moskva, Liên Xô
1980	Thế vận hội Mùa đông 1980	 Lake Placid, Hoa Kỳ
1984	Thế vận hội Mùa hè 1984	 Los Angeles, Hoa Kỳ
1984	Thế vận hội Mùa đông 1984	 Sarajevo, Nam Tư
1988	Thế vận hội Mùa hè 1988	 Seoul, Hàn Quốc
1988	Thế vận hội Mùa đông 1988	 Calgary, Canada
1992	Thế vận hội Mùa hè 1992	 Barcelona, Tây Ban Nha
1992	Thế vận hội Mùa đông 1992	 Albertville, Pháp
1994	Thế vận hội Mùa đông 1994	 Lillehammer, Na Uy
1996	Thế vận hội Mùa hè 1996	 Atlanta, Hoa Kỳ
1998	Thế vận hội Mùa đông 1998	 Nagano, Nhật Bản
2000	Thế vận hội Mùa hè 2000	 Sydney, Úc
2002	Thế vận hội Mùa đông 2002	 Salt Lake, Hoa Kỳ
2004	Thế vận hội Mùa hè 2004	 Athens, Hy Lạp
2006	Thế vận hội Mùa đông 2006	 Torino, Ý
2008	Thế vận hội Mùa hè 2008	 Bắc Kinh, Trung Quốc

2010	Thế vận hội Mùa đông 2010	 Vancouver, Canada
2012	Thế vận hội Mùa hè 2012	 London, Anh
2014	Thế vận hội Mùa đông 2014	 Sochi, Nga
2016	Thế vận hội Mùa hè 2016	 Rio de Janeiro, Brasil
2018	Thế vận hội Mùa đông 2018	 Pyeongchang, Hàn Quốc
2020	Thế vận hội Mùa hè 2020	 Tokyo, Nhật Bản
2022	Thế vận hội Mùa đông 2022	 Bắc Kinh, Trung Quốc

## The numbers have left many impressions at the Olympics

**2** : The UK and France are rare countries participating in all Olympic Games.

**3** : Three Estonian sisters Leila, Liina and Lily Luik will attend the marathon this year. This will be the first time there are three sisters competing at the Olympics.

**4** : Athletics, fencing, gymnastics and swimming are four sports held in every modern Olympics.

**5** : The number of finals that Brazil's men's and women's football teams attended at the Olympics. Brazil lost all five matches.



Brazil has never won an Olympic football gold medal.

**6** : The number of athletes who have won both the Olympic gold medals in summer and winter.

**6** : In 1990, Swedish athletes attended up to six subjects including high jump, long jump, three-step jump, throwing javelins and throwing dumbbells. This is a record.

**6** : German athlete, Birgit Fischer has a record of winning a gold medal in canoeing at six different Olympics.

**7** : Swimmer Mark Spitz has won seven gold medals with seven records in the Olympic Games in 1972.

**13** : The youngest age of a competitor in Olympic history.

**14** : The number of individual medals of former Soviet athlete Larisa Latynina, an Olympic record.

**19**: Brazil is the 19th country to host the Olympics, and is the first South American country to have this honor.

**22** : Number of medals won by swimmer Michael Phelps - an Olympic record.



Phelps has the most medals (both personal and team).

**31** : Number of athletes who have won medals on the correct birthday.

**57** : International Olympic Committee IOC once deprived 57 medals at the Olympics, largely because of the doping athletes.

**64** : Oscar Shawn won a gold medal in shooting in 1912, when he was 64 years old 280 days - a record. He also participated in the 1920 Olympics, when he was 72 years old.

**92** : The percentage of players who didn't win any men's soccer medal after their first success.

**101** : The median number of medals that the former Soviet Union once won in the 10 Olympic Games, the highest in history.

**978** : The total number of gold medals the US team has won in Olympic history, a record.

**1960** : Abebe Bikila becomes the first African athlete to win the Olympic gold medal when winning the marathon content in Rome.

**September 9** : Number of record athletes set up at the 2008 Beijing Olympics.

## **2016 Olympics through impressive numbers**



The panoramic view of Rio Olympic is ready for the world sports festival.

**0.0074** : Percentage of visitors to Rio de Janeiro attending the 2016 Olympics is likely to be infected with Zika virus according to a statistical study by Yale University (USA).

**450,000** : The number of condoms that the International Olympic Committee (IOC) distributes to clinics, vending machines in the athletes village at the 2016 Olympics to defend the transmission of unsafe sexually transmitted diseases.

Face the candidates who won the gold medal in the 2016 Rio Olympic Olympic football

Hosts Brazil, Argentina and Germany are the brightest candidates for the men's soccer championship at the Rio 2016. Olympic Games. Besides, it is impossible not to mention the 'umbrella horses' like Portugal or Mexico.

**37.8 billion** : This is considered an investment cost for the 2016 Olympics.

**306** : Total gold medals will be awarded to 34 sports at the 2016 Olympics (136 medals for men, 161 for women's medals and 9 for medals for mixed content).

**206** : The number of countries participating in the Olympics this year (excluding free athletes playing under the Olympic flag colors and refugee teams).

**114040** : This is the number of athletes who will compete at the Olympics in Rio de Janeiro.

**14** : At this year's festival, 14 countries have only 1 athlete competing in the 2016 Olympics, including: Afghanistan, Brunei, Burkina Faso, Dominican Republic, Federated States of Micronesia, Kiribati, Laos, Malawi, Marshall Islands, Sao Tome & Principe, Solomon Islands, Timor Leste, Togo and Tuvalu.

**7.5 million** : The number of tickets sold in the 2016 Olympics, of which more than half of the affordable price is below 30 USD in the hope that local people will easily buy to cheer for the event.

**3,200** : This is the number of referees and assistants who will be on duty at the 2016 Olympics.



**9** : The world's fastest man Usain Bolt (Jamaica) will win a total of 9 gold medals at three consecutive Olympic Games if he wins at 3 distances of 100m, 200m and 4x100m of men's relay in Brazil this year. If this is done, the athlete will set a record that will be hard to break in the Olympic history later.

**6** : Men's and women's football at the 2016 Olympics will be held in 6 cities in Brazil including: Rio de Janeiro, Belo Horizonte, Brasilia, Manaus, Salvador and Sao Paulo.

**2** : This year, the Olympics will present two new sports, golf and rugby.

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