

Historical significance of the banh chung

Banh chung is a traditional dish of the nation, so do you know the true meaning of the square banh chung?

Whenever Tet comes, spring comes to each family to gather together, to pack lovely **banh chung** to the ancestors with respect and gratitude to those who gave birth to us. Although it is a familiar dish associated with the wet rice civilization, the history of Vietnam, but not everyone can understand it, what is **the true meaning of the square glutinous cake** ? And why package the square and not the other? If you do not know the true meaning of the banh chung, please join TipsMake.com to learn it.



Banh chung is a traditional dish of Vietnamese people, a kind of cake that has a long history in history. Banh Chung is square, green, symbolizing the Earth and the sound. Shoe girdle is round, white, symbolizing Heaven, Yang, demonstrating the philosophy of Yin Yang, Translation, Dong Phuong dialect in general and Vietnam's Square Circle philosophy in particular.

Banh Chung, symbolizing Mother, Duong Giay cake represents Father. These two cakes are a solemn, precious dish offered to ancestors and grandparents, showing their respect, drinking water, remembering the source, and thankful for their great birth.

According to legend, it is said that Chung and Giay cakes were from King Hung's sixth time, after our country defeated the An enemy. The King wanted to pass on the throne to the children on the occasion of the early spring, and the King called the children to say, " *Whoever finds a good food to present a chariot, offering an ancestor, a good meaning, then I will give the throne.* " .

The Prince raced to search for strange animals everywhere, hoping to please his father to be proclaimed king. The eighteenth son of the 6th Hung Vuong named Lang Lieu (the name is called Lieu Lieu), his pure-hearted,

filial personality, but because his mother died early, there was no mother to paint for, so he was very worried. somehow, suddenly dreaming that a god hints that: " *Things in heaven and earth have nothing precious in rice, are food for people. Should take sticky rice to make round and square cakes, to statue Heaven, Earth, Take the outer wrap, put the inside of the intestine to symbolize the birth parents* ". When Lang Lieu woke up, he was happy to follow the word of God, he chose delicious sticky rice, good green beans, really fresh pork (pork) to make a cake like the god told.

To the appointment, the princes brought the tribe to the ground, with all kinds of flavors. Lang Lieu only has banh chung banh Chung. As the king wondered, Lang Lieu brought the story to be dreamed up by the god. The king tasted the cake, found it delicious, praised it with great significance, and passed the throne to Lang Lieu, the 7th King Hung Vuong's life.



There is no such dish as a banh Chung, full of elements of the five elements according to the similarity as **Kim** has in white sticky rice, **Moc** is in the green leaf, **Thuy** is boiled in water, **Fire** is in Red meat, **Turkish** meat wrapped in yellow beans. Outside tied with 2 strands, divide the cake into four squares called Nine Palace Ha Do. When eating the cake, use the Lat fiber cut to make eight is the Bagua.

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