

Health-threatening dangers are hiding right in your own home

The house is the safest place, this statement is not necessarily true when the surrounding air environment in our house is affected and we can hardly feel it with common sense. The dust and bacteria are silently existing and raging, affecting and threatening our health. Will there be any remedies and solutions? Let's find out with us!

People often protect themselves when going out on the road by wearing a mask, and when we get home, we don't need to be prevented from doing anything anymore. However, this is completely wrong because the environment around our house still contains hazards affecting the health of the family, especially dust, bacteria and toxic gases accumulated. in the process of living. Is there any measure to prevent and fix this problem? Join us to find out and offer the best measures to protect your health and your whole family!



Gas accumulates in the house

As we all know, the colorless gases produced from chemicals such as oil paint, the smell of burnt food, . will accumulate in the air for long and persistent. Especially in the closed environment of the house, when the circulation with the outside air environment is still very poor, this will cause the toxic gas generated to be smelled and subtle in your own home. And our health will suffer.

Especially families with relatives who smoke, this is extremely unfortunate for your home, which greatly affects the health of the elderly and children.

Picture 2 of Health-threatening dangers are hiding right in your own home



PM2.5 ultra-fine dust

Ultra-fine dust PM2.5 is a toxic dust that experts consider to be the most dangerous.

This dust is caused by traffic pollution, easy-to-fly factories and buildings. And when in the house, this dust will spread many dangerous pathogens like cardiovascular, asthma, even premature death. In particular, for those who regularly spend most of their time at home such as young children, the elderly, sick people . when inhaled, there is a higher risk of infection.

Especially the situation of heavy air pollution in Vietnam, especially those in the main transport routes, industrial parks, factories, . will be more affected.



Mold

Wet weather is a favorable condition for mold to grow and develop, they naturally grow in your beloved family's house. These mold fungi often reside in cloth, furniture, ceramic tiles and even walls can easily turn into their homes, . And we can see with the naked eye only when they grow and surfaced too much on materials and belongings.

Additional resonance is the cramped living space, poor ventilation, lack of sunshine or less cleanliness, making them even more violent.



Tiny bacteria

Even if you work hard to clean the house, if you don't know how to do it, it will make it worse.

Especially indoor objects such as sofas, mattress beds are always the place to hide this kind of bacteria and bugs. Worse, they proliferate and grow so quickly that our naked eyes cannot observe and so we are still doing normal activities.

Therefore, in recent years, the number of children with atopic dermatitis and respiratory failure in children has increased more and more.

In addition, all kinds of bacteria from the street clinging to the sole of the shoes, clothes . according to people coming home, also contributed to making the living space in the house worse.



Solutions to overcome

Regular and periodic cleaning of homes is the first thing we want to recommend, if you don't want it to get worse. Encourage every home to have a household vacuum cleaner to use. Because the new vacuum cleaner can work in small, hard-to-reach areas and especially fabric materials, we are almost impossible to clean with normal dusting methods such as chairs, sofa, blanket, mattress .

Use dehumidifiers on the delivery days from cold to warm, rain, . to help the indoor air always dry. Because the wet environment is not only a favorable condition for bacteria to grow but also affects electrical appliances and appliances in the home.

Installing ventilation fans in areas where dust and smoke are most likely to occur such as kitchens, bathrooms, .

You can refurbish your home air purifier to ensure the health of every family member. The cost of investing in an air purifier is also moderate, ranging from 4.6 to 6 million, which is more suitable for the economy of many households. Alternatively, you can use an air purifier with a 2 in 1 handy dehumidifier.

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