

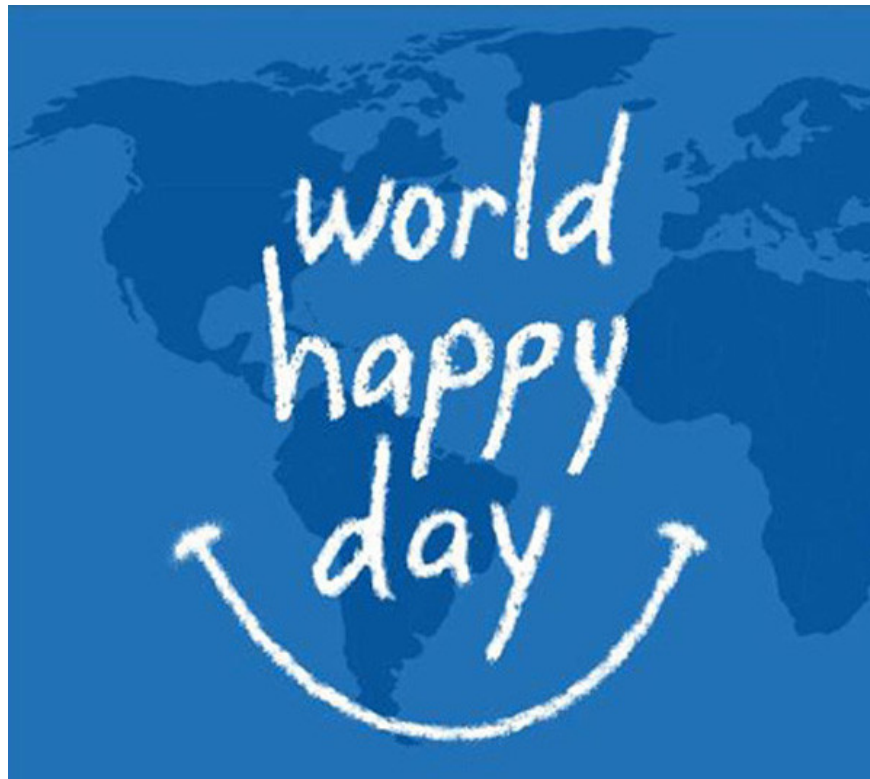
Happy International Day 20/3: Let's learn the history and meaning of this special day

On March 20 every year around the world, the same direction towards the Happy International Day. Are you curious about how this day has historical significance? Please refer to the article below to better understand.

Every year on March 20, many countries around the world are heading towards the same day as the Happy International Day, this is a rather special day all over the world, everyone will be interested in the matter. Core in life: How to find so much fun in life?

The atmosphere welcomes the March 20 Happy International Day, which is flooding all over the country, so please join the Network Administrator to learn about the history and meaning of the happy day.

1. History of International Happiness



In June 2012, the United Nations selected March 20 as the International Day of Happiness. 193 member countries (including Vietnam) are committed to enthusiastically supporting this day.

Happy International Day originates from Bhutan, a small kingdom located deep in the eastern Himalayas, and where people's lives are always happy. The happiness index will be based on the following criteria to assess: health, spirit, education, environment, management quality and people's living standards. The slogan for Happy International Day was chosen by Bhutan: "Natural Happiness for the Nation" .

On March 20, 2013 this is the first time humanity has organized the International Day of Happiness - the day for us to care about the most essential issue in our existence: How to find so much joy in life?

From there, promoting positive things spread throughout the planet. On March 20, everyone in the world from young or old, girl or boy will take the time to create joy and happiness for themselves and the people around them.

On this occasion, UN Secretary-General Ban Ki-mun (Ban Ki-moon) called for citizens of all countries to "pledge to help those around them", promoting sustainable development and full of humanity by "love spreads happiness and helps us build a better future. In order to participate in good deeds, we ourselves also receive good things".

2. The meaning of the International Day of Happiness March 20



The reason the United Nations chooses March 20 is the International Day of Happiness because it is still the most special day of the year, when the sun is on the equator, so on this day, the length of day and night is equal. - is a symbol of the balance, harmony of the universe. It is also a symbol of the balance between yin and yang, between light and darkness, between dreams and reality .

So March 20 - International Day of Happiness also conveys the message that: balance, harmony is one of the keys to bringing happiness.

So how to balance, to achieve harmony in order to receive happiness?

To be happy and to receive complete happiness is not far away but by ourselves. In order to have sustainable happiness, the three pillars of society, the economy and the pure environment will be important and key factors that determine the happiness of each nation and the quality of life of its people. The more these issues are concerned, the happier the lives of the people in those countries. Together, these elements will create a general index of global happiness.

Happy International Day after publication has been supported by many countries around the world. So far, 193 member countries have responded and pledged to support this day with efforts to improve the quality of life, build a fair society, and develop sustainably, to bring happiness to people. people.

3. Happy International Day in Vietnam



Vietnam we are a country with a thousand years of history of developing the country, so the goal is not strange to them, it is happiness. Since our country gained independence and became a Democratic Republic of Vietnam (now the Socialist Republic of Vietnam), the principle of the country set by Uncle Ho for the country is, "Poisonous. set, Freedom, Happiness ".

In order to improve and improve the quality of life for people in Vietnam, the Prime Minister issued Decision No. 2589 / QĐ-TTg dated December 26, 2013 approving the scheme "Organizing activities on the International Day. happy 20/3 every year ".

It has great significance to continue implementing the goal of social security development, building a prosperous, progressive and happy Vietnamese family; raise awareness of the whole society about the happy

international day, so that there will be concrete and practical actions to build a happy family and a happy community of Vietnamese people; calling for the cooperation and assistance of domestic and foreign organizations and individuals for domestic activities on the occasion of Happy International Day (March 20).

In 2014 this is the first time that Vietnam has officially organized activities to celebrate the International Day of happiness. The theme of the Happy Day in Vietnam 2014 of "Love and sharing" is followed by the theme "Connecting love" of the Vietnamese Family Year 2013.

On March 20, the Ministry of Culture, Sports and Tourism celebrated a solemn ceremony at Hanoi Opera House with the theme "Love and sharing".

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