

Great way 'special treatment' of anorexia children of British mothers

Punishing bad behaviors and praising good behaviors, while changing the height of the voice is the secret to help children enter the discipline of British mothers that you should consult.

A very common situation is that when life becomes fuller, parents often pamper their children too much. This leads to each time anorexia, lazy eating, children will start "unusual" actions such as throwing things in the house, screaming loudly, even harassing violently. So what to do in this case? In the direction of all the needs of the child, beating so that the child is afraid not to repeat or handle it in any other way? The video below will reveal to you how British mothers have done to put children in order.

Video of how to educate children on discipline for children

In the video above, the mother named Jo wants Charlie into the dining table with his family, but unexpectedly Charlie starts crying and is uncomfortable. Jo also did not know what Charlie wanted and what she could do was obey her sister's words.

The content of the video is as follows:

"What's *the problem?*

Lucy, sit down and tell me it's wrong?

See what I did, I made my dinner messy. I did it, I made it messy. It is naughty. Say Charlie, what is your problem? What do you want?

Calm down Charlie, what do you want? Do you want black grape juice? Tell her.

Yes.

*Is that so? Please sit at the table and she will bring out the juice. Now stop the harassment. **When I can't understand what you want, stop. Sit down with him, hold on to it and say, Charlie, what do you want, tell me. Until I understand it, let it talk to me. Because when I can't communicate with my child, I will become angry and how can I teach my child?***

Do you want this?

Is not!

Do not ask it and should not discuss it first. I should sit down saying that I want you to sit at the table and have dinner.

I have broken two plates and now sit down.

Not good at all . keep it on the chair, look at your face and say, if you do it again .

Listen Charlie, if you throw these things on the ground, you'll have to go out and sit on the stairs . Ok! Look at mom, if you put those on the floor, mom will take you to the stairs. Is not! I can't do that anymore.

. Sitting there .

What I should do is take a minute, go back to me and say, I want you to come back and have dinner with everyone.

Do you want to sit back at the table and have dinner together? Come here and have dinner, good boy.

Is not.

Is not? Okay. Then continue to sit on the stairs. That's right, sit there until I want to eat.

And the amazing thing is that about 2 minutes after being fined sitting on the stairs, Charlie got better and went back to the table.

Do you come back and sit and eat? Good, sit on it.

Look, you did a good job Charlie.

. Their method is to punish bad deeds and show good behavior . There are many things to do when praising, when she voices up and Charlie realizes the difference. The important thing is the height of the voice. I use a low, strict voice when Charlie is doing the wrong thing and raising his voice like Yeah to praise . Charlie eats dinner for the first time in a few months and that's very unbelievable! "



So the secret to getting kids into discipline here is:

- 1.** Be strict and ignore your child's bad deeds. Because this will make children feel "abandoned" and forced to change themselves to be loved again. Not only with British mothers but this method is also commonly used in other Western countries.
- 2.** Calm, absolutely not angry but vice versa, actively explore the child's problem.
- 3.** Change the intonation of the voice: Raise your voice when praising, lowering your voice when you want to be strict.

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