

Great effect of energy saving refrigerator that every family should do

One of the important things that you have to keep in mind when using refrigerators to save electricity but still ensure its good performance is 2 normal temperature levels of freezer and cool compartment.

How to use refrigerators to save electricity is an issue that most housewives are concerned about. If used properly, this electronic device is not too expensive. One of the important things that you have to keep in mind when using refrigerators to save electricity but still ensure its good performance is 2 normal temperature levels of freezer and cool compartment.

1. Adjust the temperature accordingly for the refrigerator

The current series of refrigerators are set with many cooling levels from low to high. The bigger the number, the cooler the smallest number is the warmest.

Depending on the weather, we can adjust the temperature in different refrigerators. In winter, increase the temperature so that the food does not freeze, and in the hot summer, reduce the temperature so that the food does not break down.



2. Adjust the temperature for the best freezer compartment

The temperature in the freezer should be kept below 0 degrees Celsius, an average of about -18 degrees Celsius for the refrigerator to use electricity properly and can preserve food for the longest time. -18 degrees Celsius is the heat that bacteria cannot grow.

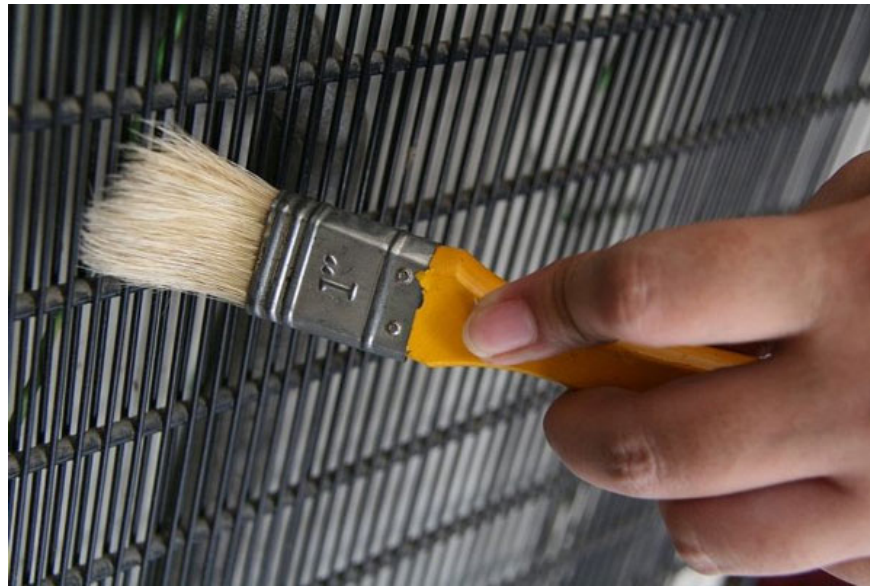
3. Adjust the temperature for the coolest compartment most suitable

The most standard temperature of the cooler is 0 degrees Celsius. This is the right temperature to preserve and prevent rancid food.

In addition to adjusting the temperature appropriately, you should incorporate some of the following useful things to both save electricity and ensure food safety for your family.

The way to help refrigerator save electricity, prolong life

Clean the condenser (located behind the refrigerator) regularly at least once every 6 months (or 1 year / 1 time) to avoid dirt, remove heat from the compressor better, help the refrigerator consume less more power.



Cover food in the refrigerator. This not only helps keep food fresh longer but also helps compressors operate less (regulating the amount of moisture inside the refrigerator).

Do not open the refrigerator for too long, often.



Filling in the fridge to balance the temperature inside the refrigerator because cold food will cool itself back and forth to each other. If the refrigerator does not contain a lot of items, you can place extra ice packs or ice packs.

Check the door rim (the inner door is responsible for preventing the temperature inside the refrigerator from leaking outside when closed) regularly. If it detects that the door buffer is bent or torn, replace it quickly.



Defrosting the refrigerator periodically (for freezing snow refrigerators), the snow layer more than 0.5cm thick will interfere with the air flow in the freezer compartment and between the moisture of the food causing a lot of power to cool quickly.

Turn off automatic ice making when not in use or there is a lot of ice in the box.



Do not put hot food in the refrigerator.

Keep the refrigerator away from heat.

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