

Gen make you more friendly

Researchers from the National University of Singapore have announced that they have found that the CD38 and CD157 genes are related to the sociality of young people.

1. Find the gene that is still active after our bodies die
2. New gene therapy through the skin can help treat diabetes and obesity

Researchers from the National University of Singapore have announced that they have found that the CD38 and CD157 genes are related to the sociality of young people.

They found that younger adults with higher CD38 gene expression and differences in the CD157 gene sequence were more friendly and social than others. They have more close friends and show better social skills.

Accordingly, the CD38 and CD157 genes are able to help regulate oxytocin release, the most important social hormone in humans in relation to initial social behaviors such as pairing, mating, communication and raising children with more complex behaviors such as empathy, trust and generosity.



The research team studied over 1,300 healthy Chinese teenagers in Singapore in a non-clinical environment.

They examined the correlation between CD38 gene expression and CD157 gene sequences, both of which relate to an individual's autistic abilities, and social skills as collected by three other questions. together.

Questionnaires assessing the ability of participants to participate in social relations; Their value and the level of interest in friendship as well as the number of their friends and relatives.

NUS Professor Richard Ebstein said: *"We believe that studying gene expression will help gather more information than simple structural studies of DNA sequences because it is an expression of decision genes.*

finally how a gene affects our behavioral traits " .

In addition, *"Oxytocin plays an important role in these behaviors, so we need to study the oxytocin network related to how important that individual's social skills are,"* Ebstein said.

The results from the study showed that people with higher CD38 expression had more close friends, and this association was observed more among the mostly male participants.

The findings from this study help deepen the understanding of the relationship between human interaction and social interaction with oxytocin.

By releasing hormones that dominate social interaction, CD38 and CD157 genes not only regulate social life at the cellular level but also contribute to the development of important human social skills in set up social and friendship relationships.

You finished reading the article "**Gen make you more friendly**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.