

# From A to Z travel experience watching sunflower Nghe An

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Nghia Dan is a mountainous district in the north of Nghe An province, 90 km from Vinh and 300 km from Hanoi. The terrain of this area is mountainous but more convenient than other districts of Nghe An. In recent years, Nghia Dan is known as the ideal place for those who love to take photos with sunflower fields. This farm of flower fields is located right next to the Ho Chi Minh trail.



Sunflower field in Nghia Dan is under the management of TH True Milk Dairy Company. This field is located on Ho Chi Minh Road, 10km from the center of Nghia Dan district

Sunflower is a one-year tree, always reaching out to the sun. Sunflowers bloom in around May but there are places where seasonal fruits are planted, so they will bloom around November and December. In Nghia Dan, TH True Milk company grows sunflowers for the purpose of raising dairy cows, so sunflower here is also not too big and usually after 2-3 weeks the company will harvest.



## Instructions for travel

- From Hanoi, you go to My Dinh or Giap Bat bus station, underground water bus station, there will be a lot of vehicles going to Nghia Dan. Most high quality cars will follow Ho Chi Minh road and go straight to Nghia Dan. The distance from Hanoi to Nghia Dan is 300km, the ticket price is 150,000vnd. If you choose a passenger car that usually follows National Highway 1A, you will have to go to Vinh, the price of 200,000 VND and then go from Vinh to Nghia Dan will be more expensive.

- If traveling by motorbike from Hanoi, you can follow the new National Highway 1A to Nghe An and then from Nghe An to Nghia Dan. The second way is that you go to Xuan Mai and then follow Ho Chi Minh road will go straight to Nghia Dan. If you go this way, you can go through Cuc Phuong National Park, Lam Kinh, into Ho Dynasty .

## Time and place to visit

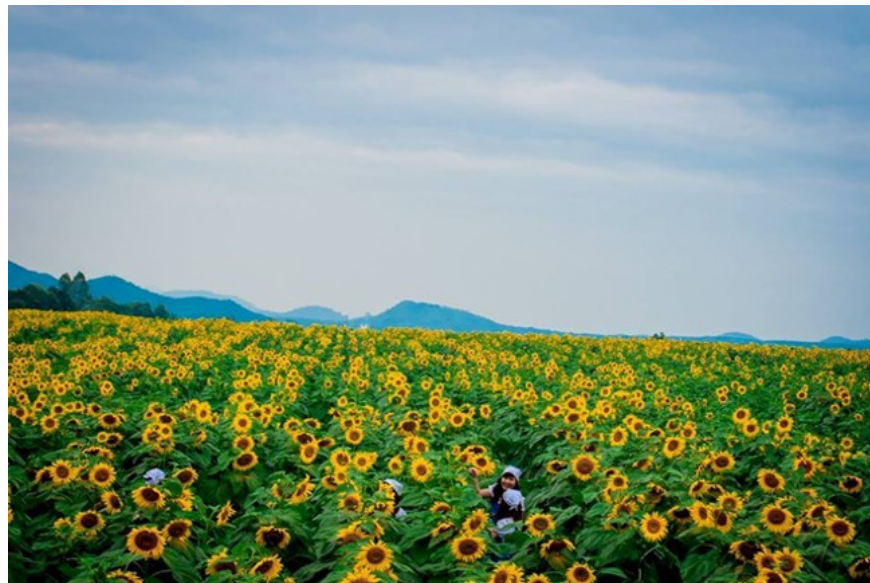
**Time** : If you visit Nghia Dan, Nghe An this time, you will be lost in the endless yellow of sunflowers racing each other. This is also an extremely suitable time for you to discover and record beautiful photos in the sun flower field.



With more than 30ha planted with successive classes, the time for watching flowers lasts 1-2 months, you can

arrange a time to have a good trip, picnic.

**Location** : Next to Ho Chi Minh trail, stretching for nearly 1km from Yen Khang village to Lang Lam village, Nghia Lam commune, Nghia Dan district, Nghe An province.



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## **Stay**

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If you want to stay overnight in Nghe An, near the flower garden, the area of ??19/5 Farm has 1 hotel and many motels, or visitors can go further, down to Nghia Dan district center (10km), central Center of Thai Hoa town (15km) also has many, hotels and motels to choose from.

## **Specialty Nghe An**

Nghia Dan area has specialties that, when you explore the field of Western Sunflowers, you should not miss the opportunity to taste:

- **Eel porridge** is one of the specialties of Nghe An that many tourists prefer. The appeal of porridge with yellow eel, sweet and pungent taste will surely make it hard to resist.



- **Nghe An duck cake** is made from filtered flour, different from the banh beo made from rice flour in Hue. To get a batch of delicious cakes, baking dough must be kneaded several times carefully. The core of the banh beo is the shrimp or the meat. Nghe An duckweed cake has a delicious taste and cannot be mixed in.



- **Glutinous cake in Nghe An** at first glance looks quite similar to rolls in the North. However, the taste of the cake is completely different from the rolls. Smoothies taste very delicious, cold food tastes soft and cool very comfortable.

- **Flower cake** , a special specialty of Western Land of Technology is also an indispensable product for visitors. Flower cake is very fragrant, crispy and has a very characteristic flavor, once eaten will be unforgettable.

- **Cuddle** candy, peanut candy with fragrant flavor, both eating and drinking with iced tea, green tea, watching the blooming flower field will be an ideal choice for tourists, and it is also a reasonable home gift. to bring you back.



- In addition, there are also fruits with typical flavor of Phu Quy land such as Cam Vinh, May 19, Hong Quang Tien pomelo . whose particular flavor will make visitors remember the region. this land.

## Combining attractions

Combined with a trip to the sunflower field in Nghia Dan, you can visit other nearby spots too.

- **2000ha grass field** located along Ho Chi Minh Road is also under the management of TH True Milk Dairy Company. The whole field is full of Mombasa Ghine grass, mulato grass . almost as high as a human head, making this area look like a grassland in Europe.



- **Visiting dairy dairy farm of TH dairy company** : you can witness firsthand the modern technology line, the farm area is wide and clean with high-tech machines and equipment. This is the most scale factory in Asia so if you want to visit, you should contact the Management Department in advance.

- **Relics of archaeological culture of Vac village, Nghia Hoa commune** : this is a precious archaeological site which has been excavated many times, discovered many bronze artifacts, preserved the impression of ancient Vietnamese civilization.

- **Lam Kinh historical site** : in Xuan Lam commune, Tho Xuan district, Thanh Hoa, is an ancient citadel area built by King Le Thai To, also known as Tay Kinh.

- **Cam Luong Angelfish Stream** : has been put on the program "Strange Vietnam Vietnam". In Cam Luong, Cam Thuy and Thanh Hoa communes, there is a stream which is home to thousands of fish, called angels. These fish eat limestone leaves and have children weighing up to 30kg.

- **Ho Citadel**: in Vinh Loc, Thanh Hoa, is the capital of our country from 1398 to 1407, built by Ho Quy Ly. The Ho Dynasty in history is also known by names such as An Ton, Tay Do, Tay Nhai, Tay . This is considered the only stone castle left in Southeast Asia, recognized by UNESCO as Di world production in 2011.

- **National nature and forest conservation areas such as** Pu Luong (Ba Thuoc, Thanh Hoa), Ben En (Nhu Xuan, Thanh Hoa), Pu Mat (Con Cuong, Nghe An) .

## Some things to keep in mind when coming to flower fields

- The field of sunflowers is a farm to grow raw materials to serve production and husbandry, so it is free to open. When you visit, you absolutely do not need to buy tickets or pay any fees. While visiting, people should be conscious of keeping, not picking flowers and avoiding damaging the flower.



- In November and December, the weather in Nghe An has started to be quite cold, you should prepare additional supplies and coats to serve the trip.

- Renting a ladder for 25,000 VND will be very useful for taking photos, especially when you want to relax watching the panoramic view of the vast sunflowers hills.

- Bring sunscreen, skin protection hat by weather in western Nghe An hot weather than Hanoi.

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