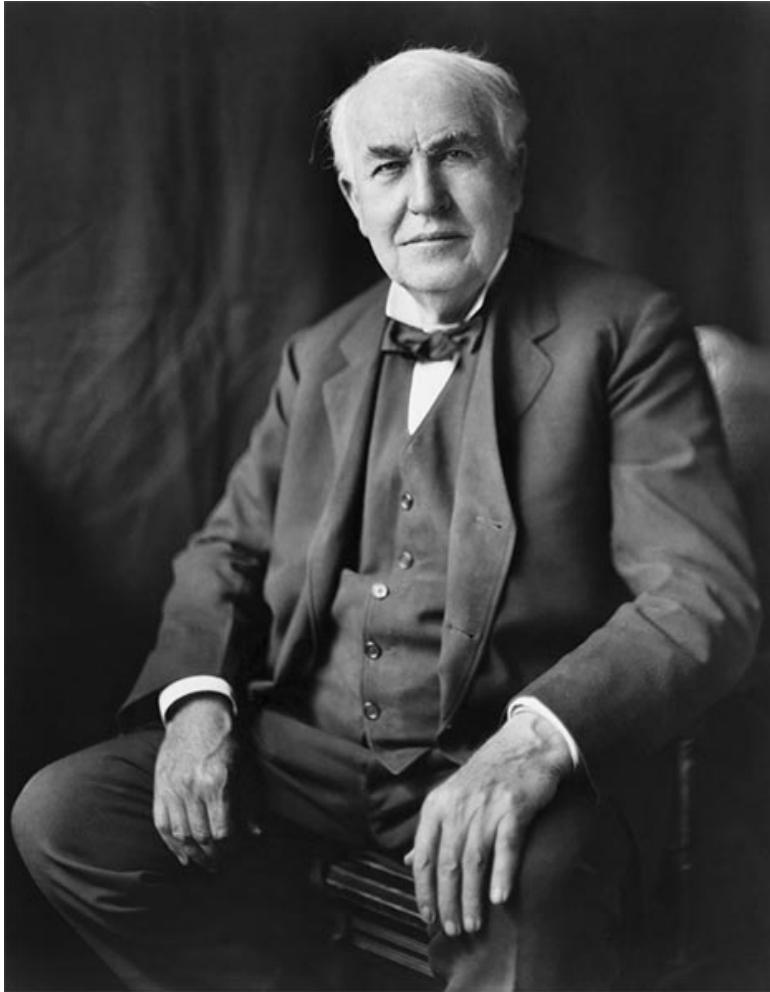


# **Forget the quality of genius, diligence, hard work will help make a great figure**

Not everyone who is born is also fortunate to have a genius brain.

Albert Einstein is a genius who laid the foundations of modern physics, but perhaps he should not be considered an ideal model for everyone because simply not everyone was born fortunate enough to have a set. such a genius mind.

A group of scientists from Penn State State University and William Paterson University (USA) recently conducted a number of studies with college students, and the results showed that students were motivated, transmitted inspired by the hard-working, 'hard-working' learning style of the great inventor Thomas Edison, rather than the "born a genius" model of Albert Einstein. Of course saying that does not mean that Einstein is not hardworking. No one can become great without 'sweating, boiling tears', but perhaps diligence is a prerequisite, not a genius nature.



Thomas Edison is a typical example of success created from hard work

"There is a false message out there saying that you must be a genius before you want to be a scientist. This is wrong, and can become a major barrier for those who are not intelligent but excel in pursuing science, can make them miss a great career, and humanity lose their names. big. Fighting is also part of science and special talent is not a prerequisite for creating a great scientist, " said Dr. Danfei Hu, a member of the research team.

Researchers hope that raising awareness of the importance of hard work will attract more young people to science - especially at the time when the number of students choosing to study majors Scientific research is increasingly declining.

## **Hard work is within the reach of all of us**

We cannot choose for ourselves a brain with a high IQ, but it is clear that diligence and hard work are qualities that anyone can cultivate on their own.

'It is important that you have faith that you can' make a story, 'and be serious to make that belief a reality. In addition, motivation is also an important factor, 'said Dr. Janet N. Ahn, another member of the research team.

Hu and Ahn conducted three studies, each conducted with groups of 176, 162 and 288 students, respectively. For the first study, the participants read a story about typical adversities a scientist faced throughout his career. Half of the students were told that the main character of the story was Einstein, while the other half was told it was Edison.

Although the plot is exactly the same. But in the first case, most students thought that Einstein was able to overcome the difficulty because he possessed a genius brain. While in the latter case, most argue that hard work has helped Edison succeed. Notably, the students in the second group felt much more excited and motivated after reading the story. This result partly shows that success comes from efforts that have a more positive impact, creating greater motivation for everyone.

'Edison failed more than 1,000 times before the light bulb he created could glow, clearly his success involved perseverance and diligence. Young people always try to find inspiration and imitate from celebrities. If we can send the message that hard work is the decisive condition of success, even for great people, they will feel motivated to try harder, not to be discouraged when they fail, or low self-esteem that you cannot succeed just because you do not possess the nature of genius', the team concluded.

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