

Fix 'There Are Currently No Power Options Available' error on Windows 10/11

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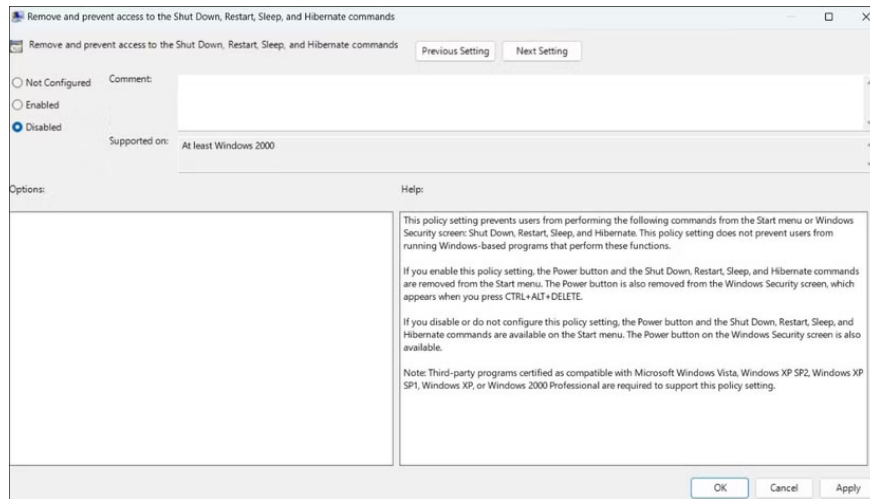
1. Using Local Group Policy Editor

Both Windows 10 and 11 have an option you can use to prevent other users from using power options on your computer. If you or someone else has this option enabled, you won't see any power options in the Start menu.

Note : Group Policy settings are only available on Professional, Education, and Enterprise editions of Windows. If you're using the Home edition of Windows 10 or 11, you'll need to use Registry Editor to make these changes. (See the next method.)

Luckily, you can fix the problem by modifying a Group Policy setting. Here's how:

1. Press **Windows key + R** at the same time to n.
2. Type **gpedit.msc** into the box and press **Enter** .
3. In the Local Group Policy Editor window, use the left pane to navigate to **User Configuration > Administrative Templates > Start Menu and Taskbar** .
4. On the right, find the entry that says **Remove and prevent access to the Shut Down, Restart, Sleep, and Hibernate commands** and double-click it.
5. In the entry window, select the **Disabled** option at the top.
6. Click **Apply > OK** at the bottom to save the changes.
7. for the changes to take effect.



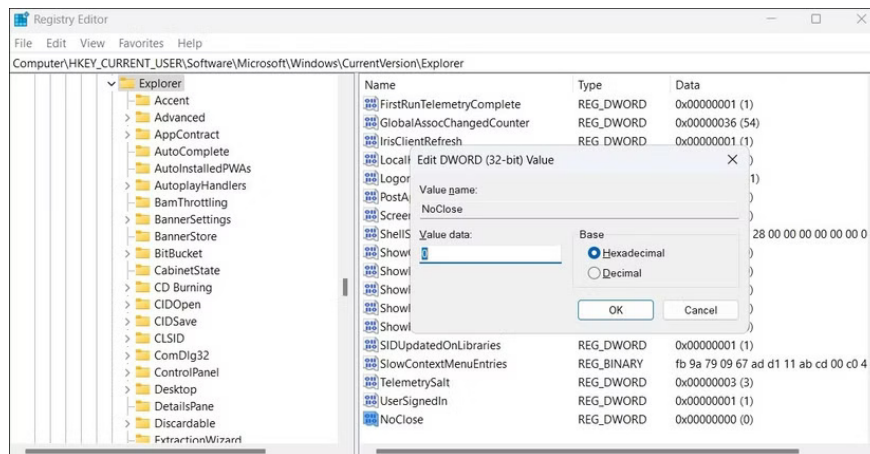
2. Edit Windows Registry

If you're using the Home edition of Windows 10 or 11, you won't be able to access the Local Group Policy Editor. In this case, use the Registry Editor to disable the hiding of power options. Here's what you need to do:

1. Press the **Windows key + R** at the same time to open the Run box.
2. Type **regedit** into the **Run** box and press **Enter**.
3. In the Registry Editor window, type the following path in the address bar and press **Enter** :

HKEY_CURRENT_USERSoftwareMicrosoftWindowsCurrentVersionPoliciesExplorer

1. Double-click the **NoClose** item in the right pane.
2. Set the **Value data** of **NoClose** to **0** (zero) and click **OK** .



Restart your PC after making the above changes and you will see all the power options in the Start menu.

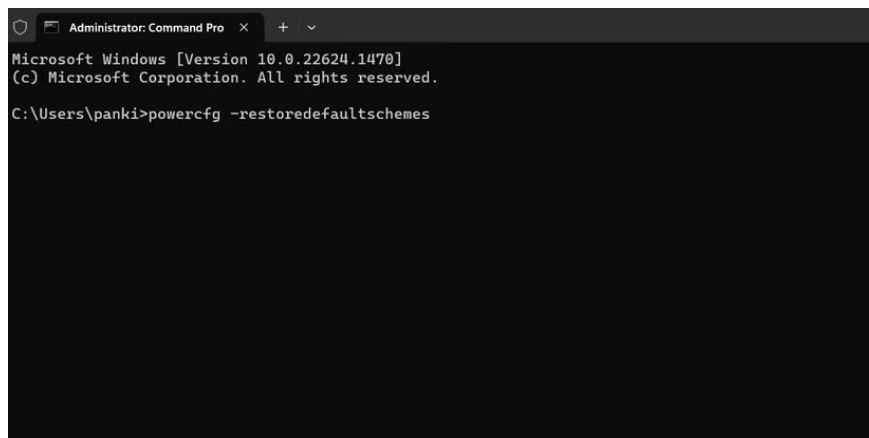
3. Restore default power plan

Another possible cause of the "There are currently no power options available" problem is a misconfigured power plan. If you or someone else has modified your computer's power plans, try restoring them to their default settings to see if that resolves the problem. To do so, follow these steps:

1. Open the Start menu, search for **Command Prompt** and click **Run as administrator** .
2. Select **Yes** in the User Account Control prompt.
3. In the Command Prompt window, type the following command and press **Enter** :

```
powercfg -restoredefaultschemes
```

1. Your power modes will now be reset.



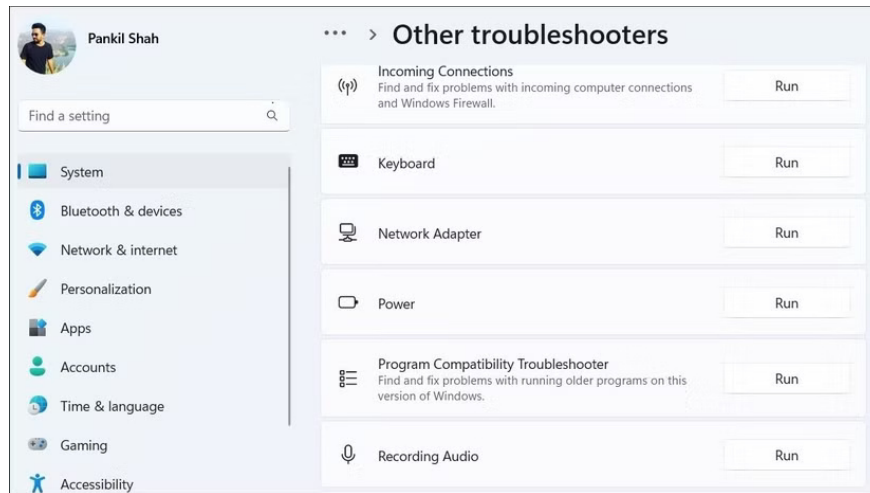
```
Administrator: Command Pro x + v
Microsoft Windows [Version 10.0.22624.1470]
(c) Microsoft Corporation. All rights reserved.
C:\Users\panki>powercfg -restoredefaultschemes
```

4. Use Power Troubleshooter

Both Windows 10 and 11 include a number of troubleshooters to fix common issues. In this case, you can run the Power Troubleshooter. This troubleshooter will automatically detect and fix issues related to missing power options on your PC, as well as resolve any inconsistencies that cause the error.

To run this troubleshooter, follow these steps:

1. Press **Windows + I** to .
2. Go to **System > Troubleshoot > Other troubleshooters** in Settings. If you're using Windows 10, go to **Update & Security > Troubleshoot > Additional troubleshooters** .
3. Click the **Run** button next to **Power** .



Wait for the troubleshooter to run and do its job. Then check if the error is resolved.

5. Repair corrupted files

Windows PCs rely on system files to perform a variety of functions. If any of these files are corrupted or missing, you can experience a variety of problems, including the one discussed here. The good news is that Windows includes a tool called SFC (System File Checker) to detect and repair corrupted files on your PC.

```
Administrator: Command Pro
Microsoft Windows [Version 10.0.22622.586]
(c) Microsoft Corporation. All rights reserved.

C:\Users\panki>sfc /scannow

Beginning system scan. This process will take some time.

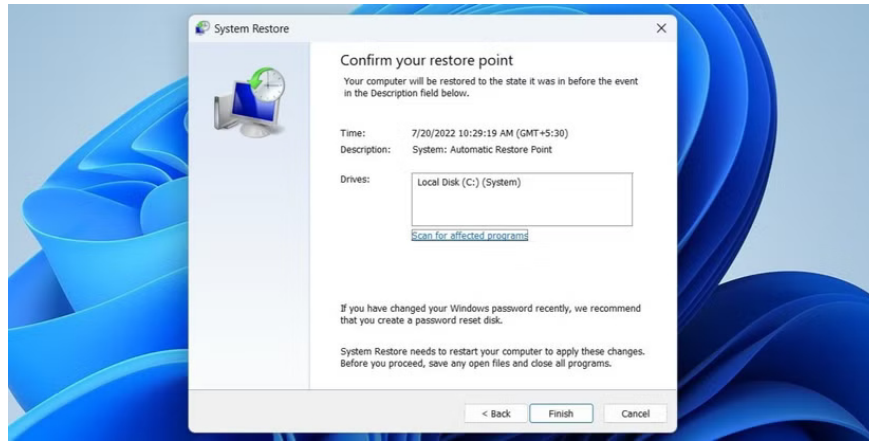
Beginning verification phase of system scan.
Verification 100% complete.

Windows Resource Protection did not find any integrity violations.

C:\Users\panki>
```

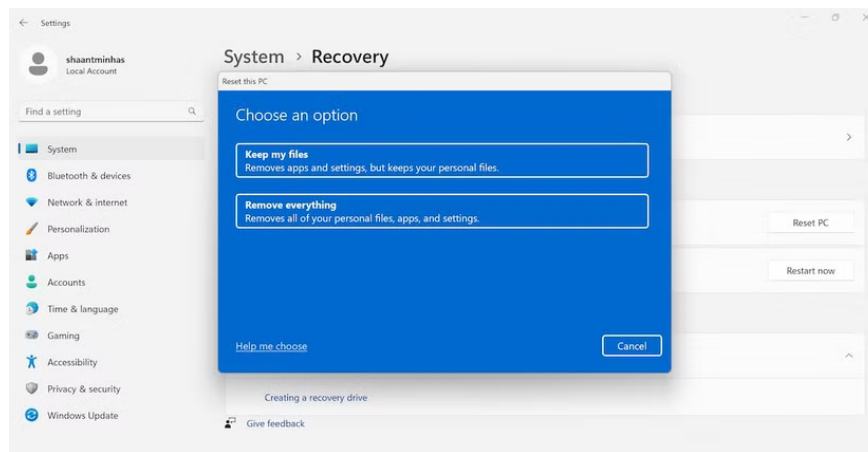
6. Use System Restore

System Restore is a useful Windows feature that allows you to restore your PC to a previous state. You can use this option to restore your PC to a time when it was not displaying the "There are currently no power options available" error. Don't worry! This process will not affect your personal files or data.



7. Reset Windows PC

If nothing else works, consider resetting your PC as a last resort. This will restore all settings to their defaults, which may solve any problems. The good news is that you can reset Windows without losing your files.



Wait for the reset process to complete and your PC will be like new and error free.

There are a number of reasons why your Windows PC's power menu displays the "There are currently no power options available" error, ranging from simple software errors to more complex system configurations. However, you can easily fix it with the solutions listed above. Once you've done that, you can shut down, restart, and hibernate your PC as usual.

See also:

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