

# Finding new vitamins can help repair damaged DNA, reverse the aging process

A new high-value vitamin has just been found to be a shocking global medical science.

A new high-value vitamin has just been found to be a shocking global medical science.

A team of scientists in Sydney, Australia has announced that they have discovered a new strain of vitamins that can help repair damaged DNA, reverse the aging process, and even support cancer treatment. letter.

Accordingly, the newly discovered vitamin, scientifically named NAD +, has been found to have very few but most of the body's cells and most importantly, this vitamin can alter interactions. Help repair damaged DNA.

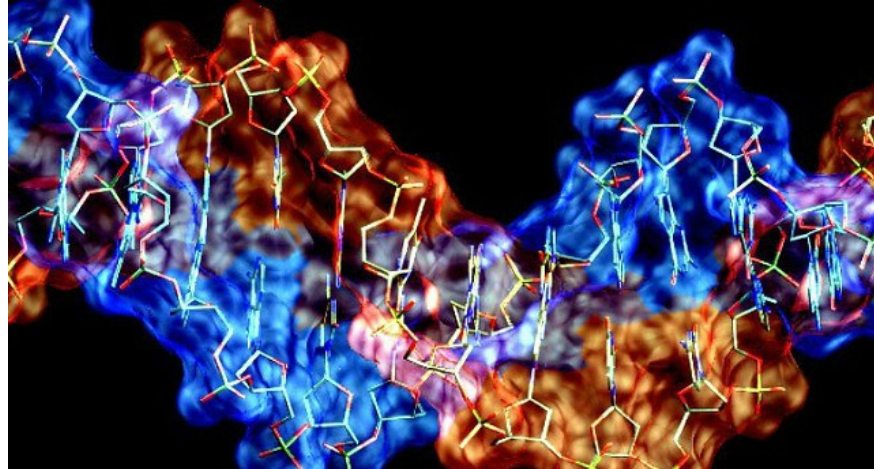
To reach this conclusion, the team used vitamin NAD + to apply to mice and the results showed that it was able to repair damaged DNA due to the genetic alteration of radioactive material. good old age .

1. Injecting Vitamin C into a vein may help treat cancer
2. Top foods rich in vitamin C than oranges
3. Signs of your body are missing a serious vitamin



The main author of the study, David Sinclair, a professor at the University of New South Wales, Australia, said: '*DNA cells damaged in old mice have been indistinguishable from healthy DNA on the body. Young mice only*

*after a week of treatment with new techniques related to vitamin NAD + " .*



Researchers say the study could be a precursor to the development of drugs for cancer and Alzheimer's disease, protecting astronauts from being exposed to radiation in space missions, while minimizing the What effects do you have with regard to DNA destruction in the body?

In addition, scientists have determined that NAD + may be useful in treating various diseases of aging, infertility in women and treatment of side effects of chemotherapy.

Human trials of the new therapy will begin within the next six months .

Sinclair added: " *If drugs are successful with this vitamin, it is possible that this new anti-aging drug will be very safe and effective and will take 3 to 5 years to produce new drugs after testing. success " .*

This study was published in the journal Science.

You finished reading the article "**Finding new vitamins can help repair damaged DNA, reverse the aging process**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.