

Finding a new gene can join to cause anxiety disorder

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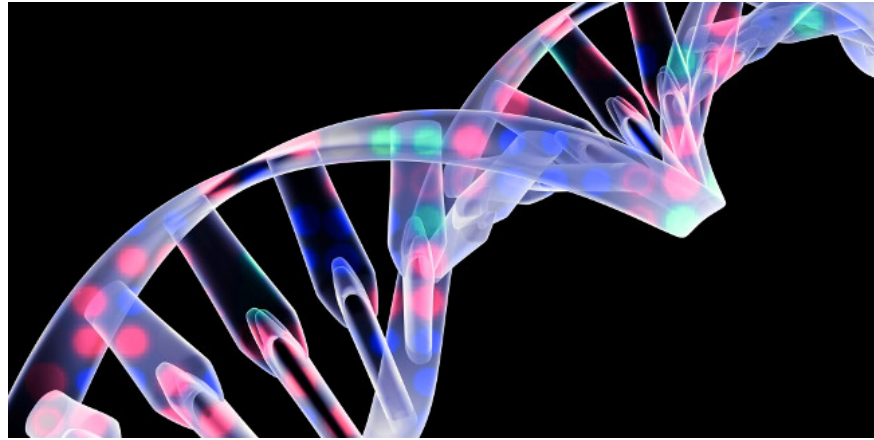
According to the information published in Molecular Psychiatry, a group of researchers from the Julius-Maximilians-Universität Institute Würzburg (JMU) has announced that genetics is one of the new factors joining hands to cause anxiety disorders. Europe. What science did not believe was true before.

The team has identified at least four signs of **the GLRB** (glycine type B receptor) **gene that** is a risk factor for anxiety disorders in the human body.



It is known that in Germany there is a crisis of 15% of adults with **anxiety disorder, panic** manifestations like some people are afraid of spiders, some are often short of breath, even heart palpitations in public and gathering places. gather people .

Regarding the topic of this study, there is also a group of scientists in Münster, Hamburg and Würzburg who are researching in depth about the causes of anxiety disorder within the research area with the Collaborative Research Center. (CRC) TR 58 by Deutsche Forschungsgemeinschaft. Their goal is to find and develop newer therapies for patients.



Thus, at least four variants of the GLRB gene have been discovered that cause genetic disorder disorder.

Not only that, a kind of **nerve gene** mutation called **Hyperekplexia** also participates in causing the disease. This again made the scientific community more in-depth research and proposed therapies for treating anxiety disorders in the future.

Previously, anxiety disorder is one of the most common psychological disorders, often associated with many other disorders such as depression, personality disorder, eating disorders. drink, disorder body form.

Anxiety disorder is an excessive fear of a situation that occurs, is absurd, repeated and prolonged, affecting the adaptation to life. When excessive anxiety and fear seriously affects life, it continues even if the actual concern is over, it's pathology. The exact cause of anxiety disorder is not well known, but it includes many different factors, mainly related to psychological trauma combined with personality tendency to be anxious.

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