

Farmers have a higher risk of suicide than others, a new study shows

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This finding indicates that two decades after the US crisis in the United States, suicide rates of American farmers are many times higher than in other industries.

Corinne Peek-Asa added: '*Factors related to peasantry such as poverty, poor health care conditions, isolation, financial stress become one of the interactive factors that make Farmer's job has a high suicide rate* '- She is also Professor of Occupational Health and Environment at the School of Public Health at the University of Iowa.

Peek-Asa and her colleagues found 230 US farmers died of suicide between 1992 and 2010.

According to the study, the annual suicide rate of US farmers ranges from 0.36 to 0.95 / 100,000 people in the above years.



Meanwhile, the highest annual suicide rate for all other occupations during that time never exceeded 0.19 / 100,000 people, the researchers said.

The suicide rate of American farmers was higher in the 1980s when more than 1,000 farmers committed suicide because they lost their farms, confiscated their homes. And according to her, the new number will be much higher than that time.

Not only that, the researchers found that different suicide rates have a distinct regional distribution. The region in the Western United States has the highest percentage, accounting for 43% of farmers' suicides, followed by the Midwest with 37%, the South with 13% and the Northeast at 6%.

One of the differences that governs this distinction is partly due to the perception of farmers in the regions. Only when their farms are having a little trouble, they default to the complete failure of the individual and thereby lead to negative action.

In addition, many of them said that after failure, they could not care for their families, they had less chance to choose and suicide was their last choice.

Peek-Asa said that the US has proposed many potential solutions and policies to prevent high suicides of farmers, especially in some rural areas. Next is to improve their lives, health care conditions, awareness, and intelligence is also very important.

This research has just been published in the American Journal of Rural Health.

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