

Even after quitting, after six months, the cigarette quality still exists around you

Despite quitting after 6 months, many toxins in cigarettes still exist around people who quit smoking. This is a potential threat for the smokers as well as relatives living around.

It seems that after people quit smoking, it is good news to avoid deadly substances from tobacco. However, a new finding showed that despite smoking after six months, many toxins in cigarettes still exist around people who quit smoking. This is a potential threat for the smokers as well as relatives living around.

Specifically, an American research team conducted a survey of 65 Americans who had quit smoking after 6 months and the findings were suspicious.



Photo source: Internet.

The results showed that, while smoking, many poisons, nicotine poison dust in cigarettes, cigarette butts and smoke still spilled and cling to the carpet surface, home, mattress, pillows, blankets, clothes, even wallpaper, ceiling tiles. And even after 6 months of quitting smoking, these toxins are still present around the people and living space and by chance the people, relatives accidentally contact, Inhale, smell these substances accidentally, especially for children with low resistance. This is a very dangerous thing. - The main author, Georg E. Matt, a professor of psychology at San Diego State University said in a statement.

Huynh Dung (Theo Nytimes)

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