

# Each Singaporean is given a Fibit to take care of their health

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Recently, the Singapore government cooperated with Fibit in the national health program called Live Healthy SG to give every person a ring to monitor the health of the Fibrous Inspire HR to encourage people to have a healthy lifestyle. than.

Each of these smart bracelets costs about 99 USD. However, users who receive this smart bracelet will have to register for high-quality Fibit training for \$ 10 a month for a year.



According to CNBC, Singaporeans who accept the Fibit Inspire HR will have to agree to share with Fibit and the Singapore Medical Council any personal health data to use in the council's incentive programs and for future medical programs.

Fibit claims that they will ensure privacy for everyone, residents registered to participate in the program can know exactly their health data shared with the government.

People can choose to participate or not participate in this program.



It is expected that starting September, Singaporeans can register to receive free Inspire HR Fitbit. Live Healthy SG program will officially start from the end of October.

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