

Drinking too much white wine can increase your risk of skin cancer

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Specifically, according to information from Dr. Eunyoung Cho, head of the Published in Cancer Epidemiology Association, Biomarkers and Prevention, USA, people who regularly drink and abuse white wine are at high risk of skin cancer. than normal people.

To get this conclusion, Dr. Eunyoung Cho and her colleagues conducted medical monitoring and investigation of about 210,252 people during the average period of about 18.3 years. The survey revolves around the problems of eating, the types of cancer as well as the consumption of white wine . The average amount of drinking white wine of this survey group is determined at the standard of 12, 8 grams of alcohol.



After conducting analysis, research, and survey survey results, the research team made the following important conclusions:

1. People who abuse a glass of white wine every day are at increased risk of skin cancer, referred to as skin cancer at a rate of 13%.
2. In particular, normal alcohol, beer and red wine did not increase this risk, the research team explained because in these 3 drinks, the concentration of acetaldehyde and higher antioxidants should be limited. risk

of skin cancer. Thus, after all, only white wine is independently associated with skin cancer.



1. The likelihood of getting **skin cancer** is even higher for people who are already addicted to white wine but are less likely to be exposed to the sun.
2. And in addition, Dr. Eunyoung Cho also pointed out that for those who drank white wine over the standard of 12.8 grams of wine, for example about 20 grams of white wine, the risk of skin cancer increased. 2% and these people are also at risk of developing **melanoma** on the head, neck and limbs . (a specific type of cancer of skin cancer).



Now skin cancer has been added to the list of diseases caused by **alcohol, especially white wine** , along with specific cardiovascular disease - the American Cancer Society said in a statement.

However, Dr. Eunyoung Cho and her research team have been preparing to further enhance this in-depth study to find out what is the culprit associated with white wine with **malignant skin cancer** , and will soon announce to global medicine in the future.

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