

Doing these 9 things in your first meeting with someone, they won't be able to forget you

The secret to making others remember you even if you only meet once.

Having met a person but when they meet again, they can't remember who you are, especially your name? Don't rush to blame them but blame that you don't know how to impress and attract others.

All of us want to be remembered, meaningful to people who have met and somehow, will have a certain impact on the lives of others. However, leaving an impression on everyone, especially in the first meeting, is not always that easy.

On the **Quora** website , a user asked, "*How can others not forget me at the first meeting?*" And this question quickly received a lot of feedback from interested people, especially psychologists.

Here are the 9 most feasible tricks you can apply now - every time you meet a stranger (or someone you're new to) apply these tips to make them unforgettable. ok

1. Actively chat



Just stand still and wear for others to keep saying that everyone can do it .However, if you only listen like that, they can never remember you.This is the conclusion made by **Julian Reisinger** - relationship specialist and founder of **Lovelifesolved.com** website .

Don't let fear make you look like a fool - can't speak up, ask questions, tell your own stories and express your personal views. Please "show off" your friend outside and make a good impression on the person opposite.

2. Not too rude but still participating in debate and maintaining a straightforward attitude

Most people often avoid making controversial, conflicting words - especially when meeting someone for the first time - because they want to "act" well in front of others, to make sure there is a print. Nice statue and everyone likes me.

However, if you really want to be remembered, you need to show your voice politely, gently so that you don't make the other person feel "attacked", offended and disrespectful.



According to **Reisinger** , people often remember what has reached the "best" level, such as the most beautiful, the worst, the most beautiful, but rarely mind mediocre things. Demonstration is the best student in the class or individual students are often remembered by more than a student with no outstanding points.

He also suggested that he should make his arguments, express his views with certainty and clarity, even if this could make the person a little uncomfortable or uncomfortable. Because, they will help you become more interesting, special and more memorable.

3. Express a little something unusual

Breaking down traditional things, culture is considered the ideal way to fasten your image in the eyes of others. However, express this in a positive way, knowing the limits and relevance.

For example, you can start with funny, unusual answers / questions instead of familiar opening words like *"How are you?"* or *"What do you do?"*



Using pre-prepared answers or everyone knows it can be boring. Moreover, you will have to answer these questions thousands of times in your life, so it is better to create a little difference to become more attractive in the eyes of others.

4. Increase confidence in body language

According to **Rob Riker** (founder of **The Social Winner** blog), using nonverbal behavior will make you much more impressive and will definitely be easier to remember. A self-confident handshake, straightening and maintaining eye contact both while listening and speaking clearly is the smartest way to communicate.



When talking to others, instead of looking down at the ground, you should look straight ahead - towards the opponent. Now, *"you are connecting with the world, not avoiding it"*.

See also: **8 tricks to decode body language**

Riker also added that you should *"master the space around you"* . This means not sitting on the edge of the chair so that others have larger seats or appear embarrassed when you touch their hands. Express yourself as naturally as possible.

5. Express your emotions outside

"I learned that people will forget what you say, people will forget what you do but they will never forget the feelings you made them feel."

In order to leave a deep impression on someone, you need to make them feel something - preferably good.



According to Reisinger, expressing himself as a vulnerable person, making them laugh, make mistakes and apologize, "attack" others' ego, tell a touching story, be friendly or discuss a boss. The topic with the most excited attitude are good ways to express emotions outside.

6. Listen attentively

As mentioned above, become a more listener than you say - however, don't just sit and listen during the conversation. Also, one thing to keep in mind is that while focusing on listening, you also need to show attentiveness, contemplation and connection with the opposite person.

"People who leave a good impression and are most popular in the world are people who always show thoughtfulness to others in a sincere and complete way," said journalist **Becky Blanton** .



This may sound hard to do when most, they often think about what they will say next and wait for the opportunity to interrupt and express their personal views.

Concurrent with Reisinger, Blanton also said that we will remember the feelings that others have left in our hearts and that when you really listen to someone, you make them feel important. They will remember that.

7. Smiling

When meeting someone for the first time, smile. This will show you are happy, in a good mood and very excited to meet them. Laughing will also make others feel "happy" and both will start the story easier.

8. Ask questions and express them in an interesting way

Express your interest outside by asking questions.

Kevin Moriarty - a user on Quora site also shared: *"I am very easy to remember, because when I meet someone, I often ask them what they care about and what they like to do. I try to understand what others say and ask appropriate questions related to the topic that both are discussing. "*



"On the contrary, when I simply talk about the things that interest me, it seems that I am a weirdo with superior intelligence - who develops a personal perspective on all matters rather than following them. This also makes me a bit special in everyone's eyes, although this assertion depends on each person and time. "

9. Name others when speaking

Name other people in the conversation will make them understand that you pay attention and care about them.

According to **Kara Ronin** , a social skills expert and instructor on **Udemy** , *"the really effective way to be remembered by others is to lead their names in the story."*

In essence, the name is something that connects with each person. Whenever I hear someone say my name right away, we will think *"Oh, he / she must have liked me because they still remember my name"* and one thing is certain. is saying *"Mr. David, ."* will be much friendlier and easier than saying *"Hey, ."* - the way people say it often makes people feel a bit rude and a sign The effect of something is not very good.

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