

Does the home have young children should buy air conditioner or misting fan?

With quite a bit of money spent, users should choose which cooling device to both effectively cool, while ensuring health and safety for families, especially young children?

Air conditioning and misting fan are two devices that are quite popular when summer comes as a solution to "survive" through hot peak days. Although all have a cooling effect, many parents wonder how to use a misting fan or better regulate their health. With quite a bit of money spent, users should choose which cooling device to both effectively cool, while ensuring health and safety for families, especially young children?

1. How to choose air conditioners for homes with young children
2. Should I buy mobile air conditioners for small houses?
3. This summer, should a misting fan, steam fan or air conditioner be selected?

It is possible that parents do not know, the use of fans can reduce the risk of sudden death in newborns by the airiness that fans bring. However, parents should minimize the use of steam fans for children, preferably not to use.

The reason is because if you use a steam fan for too long, the moisture in the air will increase, thereby creating a favorable environment for mold as well as the bacteria harmful to health have the opportunity to grow and harm. for weak resistance and direct impact on the health of young children such as respiratory diseases, allergies, skin diseases, .

According to the advice of experts, we should only use a misting fan to cool places with a well-ventilated, low-electronic room and avoid directing the spray fan to electronics.



If your family has young children, air conditioning is a very good choice. However, you need to pay attention to how to use it to avoid a child with sore throat. Parents should not arbitrarily decide the temperature in the room with newborn babies according to their comfort, the ideal temperature in the child's room should be maintained at 26 - 28 degrees C. This heat level though adults feel It's a bit hot but for babies this is a moderate temperature.

In addition, parents should not let children stay in air-conditioned rooms for more than 4 hours continuously, otherwise they will be susceptible to sore throat, skin will also be dry. To ensure the health of children, about 2-3 hours, parents should let the baby go out of normal temperature once. In addition, you can put a basin of water in the room to balance the moisture to avoid the room being too dry.



In summary, air conditioning will be more suitable for families with young children because there are more features and health protection for them. However, if you need an affordable product that meets the basic needs to deal with the heat, the misting fan is still a reasonable choice.

Hopefully, with the above information, you have a better understanding and decided to buy air conditioner or misting fan to cool in the hot summer days.

See more:

1. How to choose the appropriate air conditioner capacity
2. Notes when installing air conditioners do not cost electricity
3. Wrong habits when using air conditioning

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