

Do these 10 things as soon as you're single!

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Are you still single? No matter how much you just end up out of a relationship or have been single for a long time, you need to know that celibacy still has certain positives. Even if you feel you are alone, there is still a great truth: you are completely free! And if you are like most people, it means that one day you will find love again. So, while preparing for the journey of life, here are 10 certain things you must do when you are single.

1. Keep single status for three months



This is almost exclusively for those who have just stepped into a single life, because it takes a lot of time. If you just got out of a relationship, learn to enjoy your own life. Learn about things that make you feel happy, do things you really want to do, and don't spend time on other useless things. Make a date if you want but remember to think very carefully about it. Learn more new things, make yourself a busy schedule so you don't feel lonely anymore. Certainly now, you will find that when you are satisfied with a single life and will be less likely to jump into a relationship with blind reasons.

2. Go out with friends



Stay in touch with your friends. Spend weekends visiting the countryside, visiting a new city with old friends or going to the beach to swim, run and dance with close friends. Take the time to do what you like with those who know you best.

3. Spend a weekend with a couple you know



Find a few friends who have good relationships, the same age and talk with them. Notice what they have done well and what their views are. It's easy to show romance for a love and focus on the honeymoon phase. But it takes a long time to know what is a true love.

4. Traveling. Travel on your own to another land



One thing to emphasize is that, when you are in love, traveling together is really great, but in logic, it can be a nightmare. Travel when you're still single! Visit Europe, circumnavigate America, explore Australia or pyramids in Egypt for example. You will find yourself liberated and have a bit of a risk: the fact is that once in a lifetime, you will have an interesting story to tell in your first date.

5. Select carefully. Don't decide too fast



Learn how to say no. It is too easy to "fall" into a new relationship or win the love thunder when you have been alone for a long time. Do not do so. Take that opportunity to find someone who really suits you - the person you really like in a sustainable relationship.

6. Understand yourself



The easiest way to have a strong and happy relationship is to understand what you want and what makes you happy. Take the time to find out yourself when you're single. Learn about what you like, identify goals, ambitions to achieve in the future and priorities. Make sure that any future relationship will give you the opportunity to be yourself and reach your goals. If you give it away, you will get it back, but you need to understand clearly what you drew in the dream in the future.

7. Contact old friends



In all relationships, especially friendship of intimacy is a difficult thing to get. When you're single, try contacting old friends and developing that relationship. Don't use friendship to fill the void in your soul about your lost relationship, it's better to find ways to ensure that family and friends are part of good relationships, it's part in any new relationship.

8. Get in shape



When you are single, you want to find yourself always in the most stable state. Exercise and improve your physique! You will feel better and confident to receive new relationships. Look for a " *unique* " way to get in shape like playing tennis, golf, baseball . Believe that you can meet someone with the same interests as you.

9. Actively meet new people



Every day you should meet a new person or at least find out information about people you already know. You are very vulnerable and feel isolated when there is no particular person in life. Do not be afraid when online dating and using all means can meet your standard people. Do not stop there, when talking to people at work, in shops or gyms. It is a great way to preserve social relationships. Not only is finding a new friend, but also an opportunity to become a sociable person.

10. Enjoy that wonderful time



Singles not only make you feel happy but also an opportunity to change and discover yourself. Single, not alone or playing all night in bars. It's just an opportunity to discover what you like and learn more. Take the time to find your dream lover and enjoy that wonderful single time!

Refer to some more articles:

1. How to improve relationships in just 60 seconds?
2. The more messaging, the more sustainable the relationship is.
3. 5 differences between true love and attachment

Having fun!

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