

## Distinguishing corona virus infection and the common cold, pay attention to this

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Here's how to distinguish these two diseases by Dr. Yang Yiyan, chief of the immunology department at Zhongshan Hospital.

Colds are a very common disease, often occur during the changing seasons, changing weather. In the normal case, if you have a common cold and fever, do not have serious infections due to bacteria, viruses, patients only need to use antipyretics and drink plenty of water will gradually get better within 3-5 days. day.



Corona is a respiratory virus, capable of causing severe pneumonia and high infection. After taking the usual medication, the condition of people infected with corona virus does not decrease. One of the signs of corona virus infection that the common cold does not have is shortness of breath, because corona virus attacks the respiratory system, causing pneumonia, leading to hypoxia.

So, if you experience these symptoms, you need to calm down and should go to the hospital for timely testing.

**What to do when you suspect you are infected with the corona virus:**

1. Wear a mask for yourself and your family members. Stay in a room alone, restricting going to public places to prevent the virus from spreading.
2. You should eat alone until you are completely recovered. After several days, the condition did not get better, so you should go to the hospital for a corona virus test.
3. When signs of fever, cough, headache . drink more water, can use vitamin C effervescent tablets, or fresh orange juice to increase resistance.
4. Buy oxygen monitors at pharmacies. Measure blood oxygen saturation in the morning and evening daily. In normal people, the oxygen saturation in the blood is about 98. If the blood oxygen saturation decreases, there is a possibility of Wuhan pneumonia, please go to the hospital for timely testing.
5. If pneumonia caused by corona virus, isolate and treat according to the hospital arrangement.

Things to know about Corona virus to prevent acute pneumonia in Wuhan

The right way to wear a medical mask is to prevent and prevent Corona virus

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