

# Delete Files on Mac - Empty Trash or Secure Empty Trash?

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The appearance of a trash can in Mac OS has changed a lot over the years, from a rusty trash bin drawn to a steel grid, filled with crumpled documents. The actual functionality remains unchanged, it is simply a means used to transport and temporarily store files from your hard drive when deleting them.

To understand the options of the trash, you should first learn the basic way of storing files on a Mac. Files are stored in all areas of the hard drive, the reason for deleting those files is simply because they want to free up more space for the user's hard drive. This helps improve the performance of the machine, because when you are using, the files sometimes need to be saved in different parts so that access is appropriate. Even if the files are in the recycle bin, they can still occupy the partitions of your hard drive. Just putting the file in the trash can not completely free up the space of the drive.



If you select the ' **Empty Trash** ' option, the files are still in any place we can't see. What you do is that it tells the Mac that if it needs some new file storage space, it can overwrite previously deleted files. The benefit of doing this is that if you change your mind and want to retrieve the deleted files, you can use a file recovery program to find it again. However, if it has been too long or you have saved too many things since deleting the file, they may have been overwritten.

If you select ' **Secure Empty Trash** ', there will be no backup. This option will completely remove parts from your hard drive. No program can recover deleted files for you. However, this is a great option for securing sensitive personal information. In case you want to delete documents that don't want others to see, or when changing ownership of Mac computers to others, this is a very good feature to clean the hard drive.

Both the ' **Empty Trash** ' and the ' **Secure Empty Trash** ' options display a message box asking you to confirm your actions, which is a safety measure aimed at preventing users from deleting.



Before selecting one of the two options, take a few seconds to flip through your trash to check what's in it. Trash also has actions like a folder. When you click on it, a window appears in the search engine and displays a list of all the files that are in it. If you change your opinion about one of the files, just drag them from the trash and place it somewhere on the hard drive. Although sometimes a file can be opened in the trash, but if you want to make a change to it, you need to take it outside.



Understanding how to work with system files and the process of deleting files in the trash will improve your Mac's ability to use it. Leads to limiting the risk of data loss or security for sensitive data.

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