

# Create a piercing image on your Facebook profile using AI.

This guide shows you how to use ChatGPT AI to create artistic images that pierce through your Facebook profile page with an incredibly impressive 3D screen-shattering effect.

By mid-2026, personalizing your online presence will go beyond just ordinary selfies. The trend of creating AI-powered images with a "**breakthrough screen**" effect is becoming a sensation on social media platforms.

By using ChatGPT and its built-in image modeling, you can transform a flat profile into a vibrant 3D space, where the subject appears to step out into real life through shattered glass. Follow the instructions below and you'll have the perfect "pierced" profile picture.

## Detailed guide on creating "piercing" images for your profile page using AI ChatGPT.

To create this artwork, you will need two main components: **a portrait or profile picture of yourself** and **a screenshot** of your Facebook profile page. Note that you can blur or adjust the display settings for necessary information if you don't want to reveal personal information on the page.

### Step 1: Upload the source image to ChatGPT

Open the ChatGPT app on your phone. Tap the plus (+) icon to select images. You should select both a portrait photo and a screenshot of your profile page so that the AI has the most accurate data for comparison.



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Nâng cấp



Tạo hình ảnh

cho bài thuyết trình của tôi

Tìm thập kỷ

của tấm ảnh này



Hỏi bất kỳ điều gì



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10:50

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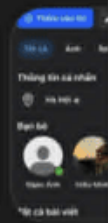
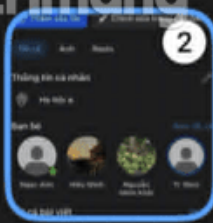


Nâng cấp



ChatGPT

Tắt cả ảnh



Tạo hình ảnh

Trực quan hóa mọi thứ



Suy nghĩ đi

Suy nghĩ lâu hơn để cho ra trả lời tốt h...

Thêm 2 ảnh

Tìm kiếm trên mạng

## **Step 2: Use a dedicated prompt.**

After uploading the image, paste the following prompt into the chat box to give commands to the AI:

A subject emerging out of a Facebook profile page displayed on a large smartphone

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Nâng cấp



Thêm vào tin | Chỉnh sửa trang cá nhân

Tài tử | Ảnh | Bài viết

Thông tin cá nhân

Họ Tên

Đạn bài

Nguyen Anh | Phieu Minh | Nguyen Minh Khue | Ti Vinh

\*Bít cả bài viết

media interface visible behind,  
ultra realistic or stylized  
depending on input, clean  
background, 8K, dramatic  
composition, focus on subject,  
preserving identity and key  
features from the original  
image



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q w e r t y u i o p

a s d f g h j k l

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123 . ←



### **Step 3: Receive results and make adjustments.**

The AI ??will take a few seconds to process and output the image. If the subject doesn't look like you or the Facebook interface is incorrect, you can ask the AI ??to adjust the minor details until you are satisfied.

10:51

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ChatGPT



ultra realistic or stylized  
depending on input, clean  
background, 8K, dramatic  
composition, focus on subject,  
preserving identity and key  
features from the original image

Đã tạo ảnh



 **Quantrimang**



Hỏi bất kỳ điều gì



## Step 4: Save and share

Once you're satisfied with the artwork, simply press "**Save**" to download the image to your computer in the highest resolution.



## Prompt suggestion for creating images with a pierce-through effect on your profile page.

If you want a slightly unconventional style instead of a realistic one, try changing the "Stylized" section in the prompt using these three suggestions:



### 1. Japanese Anime/Manga Style

"A subject emerging out of a Facebook profile page on a smartphone screen, breaking through with cracked glass. **Style: High-quality modern Anime, vibrant colors, cel-shaded, expressive**

**features** , dynamic forward motion, debris and energy particles, 8K, cinematic lighting, preserving key identity features from original photos."

## 2. Oil Painting Style

"A subject emerging out of a Facebook profile page on a smartphone screen, breaking through with shards of glass. **Style: Impasto Oil Painting, thick brushstrokes, rich textures, dramatic chiaroscuro lighting** , artistic debris, dynamic motion, maintaining subject's likeness from the provided images, 8K resolution."

## 3. 3D Animation Style (3D Render/Pixar Style)

"A subject emerging out of a Facebook profile page on a smartphone screen, breaking through the screen. **Style: Stylized 3D render, Pixar-inspired, smooth surfaces, large expressive eyes, soft cinematic lighting** , cute but dynamic debris, realistic shadows, focus on subject's identity, 8K, clean background."

## Some tips for taking the best photos.

1. **Screenshot quality:** Make sure the screenshot of your profile is clear, showing your full name and profile picture so that the AI can accurately recreate it.
2. **Portrait lighting:** Your original photo should have clear lighting, neither too dark nor too bright, so that the AI can recognize faces more easily.

We hope you create some incredibly impressive "see-through" photos for your profile to refresh your social media look!

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