

'Cool' tips from cold stones are not well known

Beauty, home cleaning, cooking ... these are unexpected uses of ice cold that few people know!

When it comes to cold ice, many people often think of its use as a refreshment during hot summer days. However, in addition to this utility, cold stones have many other 'cool' uses that few people know about. Here are some interesting family tips from these small cold stones, it will certainly make your life a lot simpler.

1. Mistakes to avoid when cooking
2. 21 great tips for cooks
3. 12 common mistakes when cooking that you should avoid

1. Ice used to heat rice



Have you ever used ice cubes to reheat rice? If not, then come back tonight to see it. The cold ice when put into the rice cooker, high temperature will melt the ice and absorb evenly into the grain of rice to help them become flexible without being hardened.

2. Make salad become fresher



If you regularly make salads, you will probably find salads withered often wither and not as fresh as the original. So let's change the way to mix a little so that the dish becomes more attractive, before mixing, put in a stone, then pour the sauce. With this simple way, surely your vegetables will keep the freshest, crisp and sweetest.

3. Lifesaver for a fatty soup



When salty soup, you can add more water to reduce the salinity for the dish. So what if the soup is too fat? When you encounter this situation, quickly put some cold ice cubes into the soup pot. Cold ice will make the fat freeze and float on the surface, now you just need to take them out and have the perfect soup.

4. Using de-iced stone to remove trash



Trash is a place to store many kinds of household waste, after a period of use, residual waste sticks to the bottom of the barrel, causing unpleasant odors. To eliminate this odor, you just need to put a little ice and some fresh lemon slices in it (can be replaced with coffee grounds or tea).

Then close the lid and shake it vigorously for a few minutes so that the mixture can fly stubborn stains. The ice cubes will help to freeze and smell the odor and the lemon will make your trash smelling nice.

5. Clean the toilet

According to the experience of many women, removing ice cubes to enter the toilet will help to limit the stuffy condition, minimize the amount of invading bacteria. This method is used quite commonly in public toilets because of the large number of users.

In addition to the above uses, cold ice can also help women beautify.

6. Perfect cream lining

1. The style of makeup over the past 2 decades of Victoria's Secret angel: simple, natural but extremely sexy



For women who often makeup, but have large pores, apply this method. Before using the foundation cream, roll on the face, focusing on the area with large pores on both sides of the cheeks, forehead . With the coldness of the stone will purify pores, thereby helping the skin Your skin becomes smoother and the base cream will stick to your skin. After rolling the stone, dry your face and apply it to the base, you will see the difference from the face without using ice.

7. Effective skin care



Women who turn 30 will begin to show signs of aging on the skin such as wrinkles, melasma . to limit this condition, use cold ice to nourish the skin. The stone has a great use to help rejuvenate the skin, erasing wrinkles that make your face skin radiant. So, every morning, instead of washing your face with normal cold water, use ice cubes to clean, try and feel the difference on your face. One thing you should keep in mind is to use cooked or purified water to freeze, so it is safer and better for your face.

Method: Put cold ice cubes in a water bath, then use that cold water to wash your face and massage your face.

8. Exfoliating



Dead skin is what causes your skin to be ugly and flawed. To solve this problem, exfoliating is essential to help skin rejuvenate and glow naturally. Exfoliating is not necessary to do every day that you can do 3 times a week. In addition to the exfoliating cosmetics, there is also a natural home beauty method that uses cucumbers and strawberries. These ingredients should be ground with a little water and placed in an ice tray in the refrigerator, waiting for a few hours. Then take the stone out and massage on the face gently, the rough surface of the stone will help remove dead cells, while providing nutrients to the skin thanks to the fruit in the stone.

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