

# Compare FitBit and Apple Watch

Let's find out some of the main differences with TipsMake.com and help you determine which device is more suitable for you through the following article!

There has never been a better time to get a new smartwatch, with the release of the fifth-generation Apple Watch last year. Now is also a good time to own a new fitness tracker with the release of Fitbit Versa 2.

These two products have different features and overall focus, so it's hard to choose which device to wear on your wrist for your next marathon, right? Let's find out some of the main differences with **TipsMake.com** and help you determine which device is more suitable for you through the following article!

## Should choose FitBit or Apple Watch health monitoring bracelet?

1. Design
2. Battery life
3. Functions
4. Accuracy
5. Final decision

### Design

At first glance, it's easy to confuse the Fitbit Versa 2 with the Apple Watch. Square shape and slim design with rounded edges, makes Fitbit Versa 2 look surprisingly familiar to Apple fans. When it comes to Apple, this design is no stranger to anyone who has seen the Apple Watch 4. Apple designs a product with different casing materials, including aluminum, titanium and white ceramic options, Along with a variety of straps are available.



Versa 2 is only available with aluminum. You can immediately see that the Apple Watch is a clear winner with lots of different options. Both devices have an Always On display, which means you'll be able to view physical notifications and data without having to raise your wrist. While Apple dominates in design choices, the Versa 2 is not inferior in appearance, so you will not regret choosing one of two options.

## Battery life

There is no clear winning option in terms of design, so the article will move to another category. While physical fitness will be the main focus here, battery life is the second most important factor.



If battery life is what interests you the most, the Versa 2 is the clear winning option, with a promise of about 5 days of battery life (compared to Apple's 18-hour battery life). You can slightly increase battery life, if you turn off the Always On feature on Apple Watch 5.

If you don't have a charger or forget to plug in your Versa 2 after running in the morning, rest assured! You will not wake up to a 'dead' device. Versa 2 is a better choice for any fitness enthusiast who values ??battery life.

## Functions

Features are the most important thing to consider before making any purchase decision. Many people wonder because the Apple Watch is more known as a smartwatch than a health bracelet. However, both devices are more likely and are good enough to be worn regularly.

Frequent swimmers will prefer water resistance to a depth of 50 meters on both devices. Any fitness enthusiast who wants to run, cycle or walk without a phone can choose an LTE-enabled Apple Watch and leave it at home.



While both watches include an optical heart rate monitor, Apple divides the 4 and 5 series by including an ECG (ECG) display. The Versa 2 has a SpO2 sensor to measure blood oxygen levels.

Unlike the Apple Watch, the Versa has built-in sleep tracking. This is a welcome addition and another way to show Fitbit's seriousness about tracking physical factors on the Versa 2. This product looks at the entire 24/7 health cycle. your work, not just a 30 to 60 minute workout.

## Accuracy

As a device designed specifically for fitness tracking purposes, you can expect the Versa 2 to easily win this category. However, there is one important area that Apple wins in the contest for accuracy - GPS. Curiously, the Versa 2 lacks GPS and is a strange omission for a device that focuses on physical tracking. That makes you need to bring your smartphone whenever you want to track outdoor exercise properly.



The Apple Watch 5 has both a GPS and a compass (Watch 4 has GPS only), allowing for more accurate tracking of physical elements. However, the Fitbit's approach to using a single app to view all your workout information is a huge plus. Apple requires at least 3 applications: Health, Watch and Activity.

## Final decision

Finally, deciding on which health monitoring bracelet is right for you is entirely subjective. There are strong arguments in favor of both products. For example, Android users should absolutely consider the Versa 2, as they won't be able to connect their phones to Apple Watch. Users who appreciate the strong battery life will want to choose the Versa 2 with a rugged appearance and nearly 400% more battery life than the Apple Watch 5.

The same is true when it comes to price. The Versa 2 is undoubtedly a better deal at \$ 200 (VND 4,600,000), while the Apple Watch 5 starts at almost double the price. Anyone who values ??personalization and a large App Store with thousands of physical apps should head to the Apple Watch. You won't regret making any decisions, but the Apple Watch wins closely thanks to the features deep within it.

Which health monitoring bracelet is your favorite option? Leave your comments in the comment section below and let people know why you chose this product rather than the other option.

Wish you owned a device like that!

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