

## Cocktails can help prevent septic shock

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But researchers in a new report show that supplementing with vitamin C, corticosteroids and thiamine in many cocktails can help prevent organ failure due to septicemia.

Dr. Paul E. Marik, Lung Lung Medical Director, Department of Inpatient Medicine, Eastern Virginia Medical School said: *"There needs to be a new treatment approach to treat sepsis. We suggest that early use of vitamin C, along with corticosteroids and thiamine, which are mainly cocktails may be effective in preventing organ dysfunction including acute kidney damage and reduced rate. death of patients with severe septicemia and often with septic shock. "*



To reach this conclusion, the researchers examined patients treated by resuscitation through vitamin C, corticosteroids and thiamine in cocktails and results showed improved health faster. , the death rate from sepsis is much lower than that of unused controls.

About 40% of patients with septicemia died in the hospital in the control group, compared with only 9% in the group treated with cocktail with a lower mortality rate.

The researchers said that the combination of vitamin C, hydrocortisone and thiamine in combination can reverse the physiological changes of sepsis.

Marik said: *"Because of the inherent safety of the combination of hydrocortisone, vitamin C and thiamine in cocktails, we believe this treatment strategy can be applied until the results of clinical trials. The next is more effective, universal and more realistic "* .

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