

# Children with sinusitis, pneumonia are at risk of asthma after adulthood

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New findings suggest that children with upper respiratory infections such as colds, sinusitis, laryngitis, tonsillitis, pharyngitis and ENT at the age of five, have a 1.5-fold increased risk. asthma in later life.



Children with lower respiratory infections such as bronchitis, pneumonia and pneumonia in general, are at risk of asthma from 2 to 4 times in later life and are also more likely to have lung function. worse decline.

Dr Evelien van Meel from the University Medical Center in the Netherlands said: "These findings support the hypothesis that early respiratory infections may affect the development of respiratory diseases. Autoclaving when adults, has the greatest detrimental effect on lung function and asthma risk. "

The team analyzed data of 1,54,492 children from several European countries born between 1989 and 2013. The duration of follow-up varied from group to group, but ranged from 4 years to 15 years. The youngest children were measured for lung function from age 4 and 15 years, taking the average age of 8. They found that the *upper respiratory tract infections were* not related to impaired lung function. in later life.

However, *lower respiratory infections* such as bronchitis, pneumonia and general pneumonia in most ages are associated with impaired lung function in adulthood. Van Meel added: "At the age of 8, asthma usually begins to affect the function of the current lung and lung in adulthood later."

This study is presented at the 2017 European International Congress of Respiratory tract.

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