

Children who live on the farm in the first years of life have fewer allergies than children in urban areas

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And to get the conclusion above, a research team from Shyamali Dharmage University in Melbourne, Australia conducted medical data analysis from a large-scale survey of more than 10,000 people in 14 countries across Europe, Northern Europe and Australia.

The results show that up to 64% of more than 10,000 people experience the first 5 years of life in a rural, rural suburb. Twenty-seven percent of respondents lived in the city and 9% grew up on a farm.



Photo source: Internet.

In addition, those who have lived on farms across 14 special countries are women with cleaner and healthier lungs than women who live in the city for the first five years of life.

And most importantly, children who live on farms are less likely to have allergies including lower respiratory and nasal allergies compared to children and adults in the first 5 years of life in the city.

Not only that, children living in rural areas, farms at risk of asthma or fever, or nasal allergies are only 57% 57% lower than those who live in cities.

The important basis for this conclusion may come from the air environment, pollution, poison . in rural farmland lower than urban and city environments.

This research has just been published online in Thorax Magazine.

Huynh Dung (According to UPI)

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