

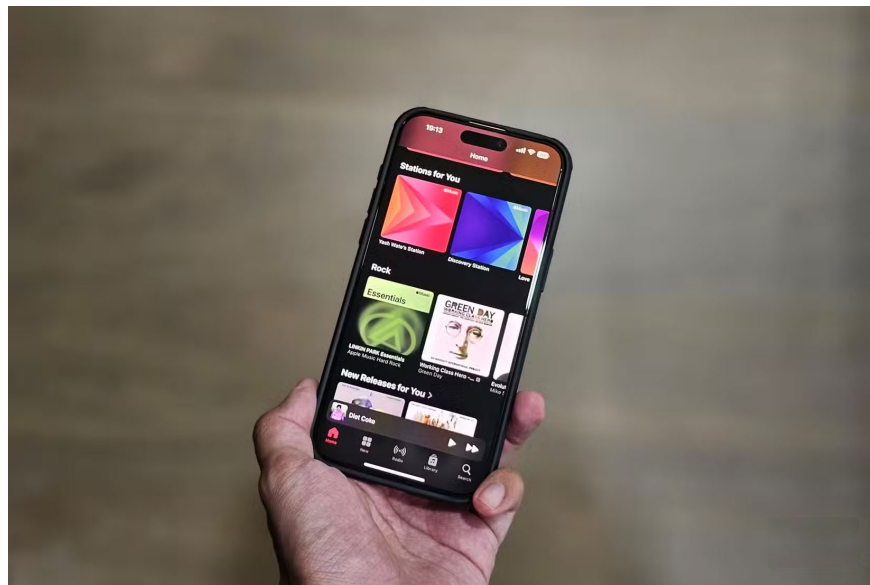
Change These iPhone Settings for All-Day Battery Life!

With just a few smart tweaks, you can significantly extend your battery life without changing the way you use your phone.

Your iPhone battery never seems to last as long as you'd like. But with a few smart tweaks, you can dramatically extend your battery life without changing the way you use your phone.

5. Always use Dark Mode

Turning on Dark Mode can extend your iPhone's battery life because it reduces the amount of power the screen needs to stay bright. This is thanks to the OLED displays on modern iPhones.

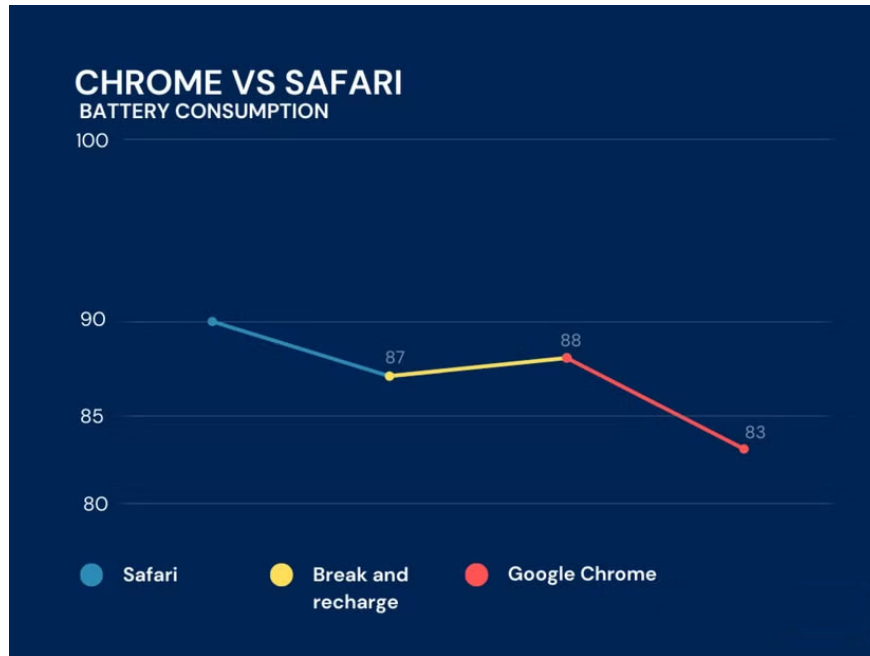


So, turning on Dark Mode means your screen will display darker colors in most apps, which reduces power consumption and extends battery life over time.

The downside is that the OLED display isn't as easy to read in direct sunlight when displaying dark colors, so readability can suffer a bit outdoors. But overall, it's a small trade-off for the extra hours of battery life.

4. Change the apps you use most

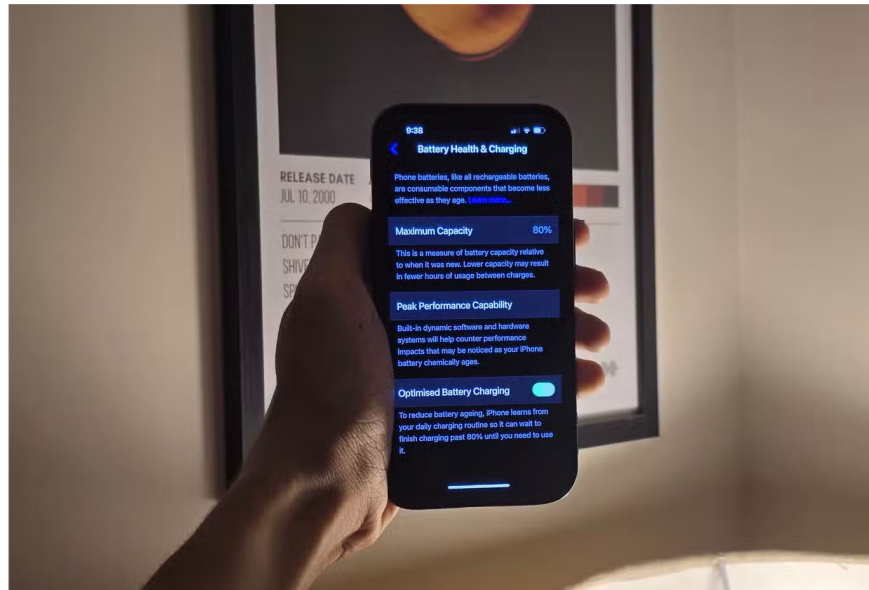
Changing your default apps can also make a big difference in battery life, especially for the apps you open the most. A good example is your browser, where Google Chrome consumes more battery than Apple Safari .



Google apps are some of the biggest battery drainers. For example, Gmail and Google Maps tend to run more heavily in the background than Apple's built-in apps.

3. Turn off Optimized Battery Charging

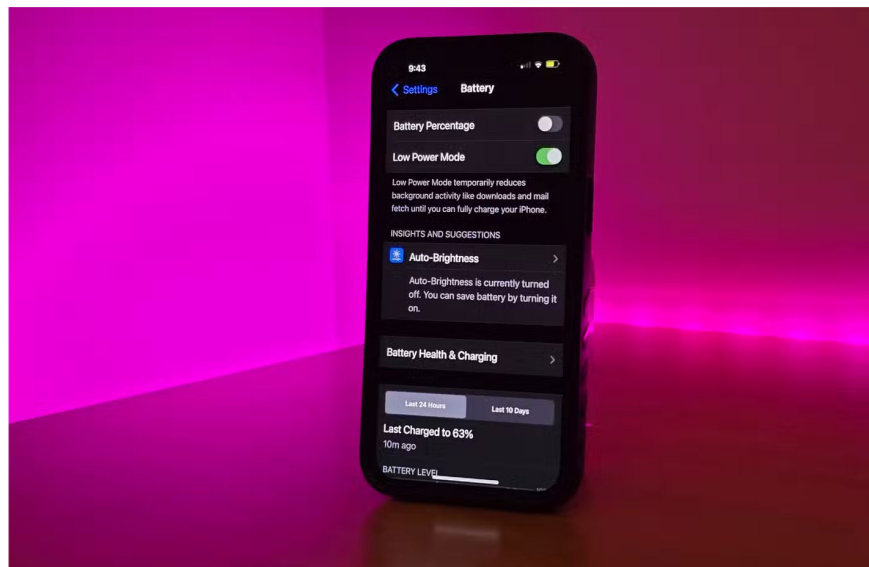
This might sound a little strange, but you should actually turn off Optimized Battery Charging on your iPhone. This feature is designed to learn your charging habits and slow down charging after 80%, only charging to 100% when necessary.



The goal is to reduce the time the battery spends at full charge and improve long-term battery health. In practice, however, this is wildly inconsistent. Many people regularly wake up with their iPhone stuck at 80% even on days when they need a full charge, and sometimes it charges up to 100% when it doesn't.

2. Turn on Low Power mode continuously

You should also turn on Low Power mode and keep it on as long as possible. This will cut down on all power-hungry features to maximize battery life.



Whether or not you should turn it on regularly depends on how you use your iPhone. If you primarily use your iPhone for everyday tasks like calling, texting, web browsing, and social media, Low Power Mode makes little difference and can extend your battery life even further.

On the other hand, if you play a lot of games, edit videos, or use heavy applications, you may see performance drop to unbearable levels.

1. Adjust location settings

You should also check which apps and system services have access to your location, as GPS can be a big battery drain. Many apps and services can track your location in the background, which adds up over time. You should turn off location services completely, as many important functions (like navigation) rely on it. But cutting back on unnecessary permissions is worth it.

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Cài đặt



Siri



Tìm kiếm



Trung tâm điều khiển



Thông báo



Âm thanh & Cảm ứng



Tập trung



Thời gian sử dụng



Face ID & Mật mã



SOS khẩn cấp



Quyền riêng tư & Bảo mật



Game Center



iCloud



Ví & Apple Pay





Quyền riêng tư & Bảo mật

Kiểm soát những ứng dụng có thể truy cập vào dữ liệu, vị trí, camera và micrô của bạn, cũng như quản lý các biện pháp bảo vệ an toàn. [Tìm hiểu thêm...](#)



Dịch vụ định vị

24 khi dùng



Theo dõi

2 >



Lịch

2 truy cập đầy đủ



Danh bạ

5 truy cập đầy đủ



Tệp & Thư mục

9 apps



Tập trung



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< Quay lại

Dịch vụ định vị

Dịch vụ định vị



Cảnh báo vị trí >

Dịch vụ định vị sử dụng GPS, Bluetooth, vị trí của các cột phát sóng di động và điểm truy cập Wi-Fi lấy nguồn từ cộng đồng để xác định vị trí của bạn.
[Dịch vụ định vị & Quyền riêng tư...](#)

Chia sẻ vị trí của tôi >

iPhone của Hà đang được sử dụng để chia sẻ vị trí.



Ứng dụng thu nhỏ

0 >



App Store

Khi dùng >



Bản đồ

Khi dùng >



Camera

↖ Khi dùng >



Edge

Khi dùng >



Facebook

Khi được chia sẻ >



Ghi âm

Khi dùng >



Google Maps

Khi dùng >

To do this, open the **Settings** app , go to **Privacy & Security > Location Services** and review the list of apps that have location access. For apps that don't need location access, tap them and change the setting to **No** .

If you're using a new iPhone, you probably won't notice much of a difference. But on older iPhones with degraded batteries, the impact will be much bigger.

1. Instructions to enable Dark Mode on iPhone
2. How to reduce iPhone screen brightness
3. How to adjust iPhone screen off time

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