

Buy a good brand of home electronics health?

Electronic health scales are an indispensable product in every family that helps members monitor and control health regularly. The following article will help you choose the best family health balance.

You are in need of buying an electronic scale to monitor your weight to help you take better care of your health, and also help you plan a meal, exercise to have a nice body!

However, you have a hard time finding the best balance, best suited to your needs, especially while there are extremely many types, the brand is currently on the market! So the following article will help you find the best quality electronic health scales.

1. Scales of electronic health Camry

Scales of electronic health Camry has many diversified designs with cost of 200-400 thousand dong. With a design that is primarily square, diverse in color, weighing up to 150kg, the Camry health scale is considered to be suitable for many people.



Health balance and check fat level Camry EF971-S36

2. Balance Beurer electronic health

Like Omron or Microlife health balance Beurer electronics is a well-known German brand of home monitoring and health equipment. Beurer Health Scales has a compact, modern, weighing design that can weigh a maximum weight of 150 - 180kg.



Weigh Beurer GS202 electronic

Genuine Beurer electronic health scales are manufactured in Germany, the common warranty period is 24 months.

3. Omron electronic health scales

If you haven't had a chance to find out, Omron is Japan's leading healthcare equipment brand. Their products are widely known in Vietnam, such as blood pressure monitors, blood glucose meters .



Scales of Omron HBF-214 body fat

Omron's electronic health scales are divided into two groups. The weight group only allows to monitor the weight of 500-600 thousand VND, the group that allows the analysis of body fat costs 2 - 4 million VND.

4. Laica electronic health scales

A brand from Italy, they produce mainly electronic scales, very little mechanical scales. They have a lot of price, cheap price, medium range have high grade also notes. The model of this brand is also very diverse from delicate, youthful to luxurious and modern.



Laica electronic scales PS-3005

5. Tanita electronic health balance

Another brand comes from the land of cherry blossoms. They specialize in the production of electronic scales and mechanical scales, the product has a lot of price, the price is a few hundred thousand expensive, sometimes up to several tens of millions.



Tanita BC-543 body weight and health balance

6. Balance Microlife electronic health

Micolife is the leading health care brand from Switzerland, so it is not surprising that their electronic health scales are also appreciated by many.



Microlife WS 60A electronic health scales

The company is known for its electronic health scales that are popular at 400 to 800 thousand VND. Its models are highly appreciated in compact design, transparent glass, but only allow weight measurement without almost any other indicators.

Some experience using electronic health scales

1. Read carefully the user manual first, remember to do this first when buying weight! Very useful!
2. Place the scale in a position to ensure a balanced, sure. You can put a pad under the weight to prevent the weight from getting wet. Or finished, store in a dry, cool place, avoid direct sunlight.
3. Stand up and weigh gently, without jumping on the scale.
4. Check the battery status of the device periodically.
5. Make good use of the functions that the manufacturer has integrated into the scale.
6. You should only weigh once! Don't be free to balance at that time! Will create a bad habit, while also making the scale lessen the durability of the scale.

Hopefully, with the above information, you have chosen to give your family a satisfactory scale and use it properly. If you need to order electronic scales for your family, please visit META.vn!

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