

Blushing after drinking alcohol, the hidden sign of a dangerous disease many people don't expect

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Every holiday or New Year holiday, people gather together to eat and the inviting to the glass is inevitable. However, have you ever wondered why there are people who blush and have a face after drinking some alcohol? Many people believe that people who drink alcohol and blush are easier to drink than others, is this true?



Not everyone suffers from congregation when drinking alcohol. After alcohol enters the body, they will be converted into Acetaldehyde by the liver, then converted into Acetate, a safer substance. People who have a speed of alcohol decomposition into Acetaldehyde in the blood happen quite quickly, causing too much Acetaldehyde to be produced, the liver does not convert to Acetate promptly, it builds up so that capillaries swell up and make the condition appear. red face.

On the contrary, people with slow alcohol decomposition rate of Acetaldehyde make the blood vessels shrink, blood supply is low, the face is pale.

Scientists warn that blushing after drinking alcohol may be a sign of a very dangerous symptom: Acetaldehyde poisoning. Consequently, the person suffers from dizziness, headache, and dizziness. In addition, Acetaldehyde is also the cause of oral cancer, throat cancer, liver cancer .

Blushing when drinking alcohol is hereditary, there is no cure or preventive measures. If you or a loved one suffers from this, limit alcoholic drinks to avoid the unfortunate event.

Why do you often remember nothing after drinking drunk?

After being drunk, many people often have unusual actions but after they wake up they don't remember what happened, all are vague and vague perceptions. This is because you have temporary dementia when drinking too much beer and alcohol.



When we are drunk, the hippocampus, located in the temporal lobe, is responsible for storing information and forming memories in long-term memory and the ability to orientate in space is canceled. Chemical damage makes the brain unable to create memories at the time to save it. After awakening, you can't remember what happened when you were drunk because the brain has no memory of that time period.

Drinking a lot of alcohol and getting drunk often adversely affects health, there is a risk of some serious diseases such as liver, high blood pressure, cancer, . Therefore, do not drink a lot of alcohol, please own yourself in the fun to protect your own health.

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