

Benefits of the habit of placing the cell phone face down

When sitting across from someone, you should keep your phone face down. This habit not only helps you avoid the risk of personal information leaking but also brings many other benefits.

Placing the phone face down on the table or face up seems unimportant, but it actually affects the device and the user's privacy. Putting your phone face down on the table when not in use, especially when you're around other people, brings you many unexpected benefits.

The benefits of placing your cell phone face down



When you put your mobile phone on the table, instead of placing it face up, it is more beneficial to place it face down and here are the reasons.

Avoid revealing private information

When you keep your phone face up, incoming notifications will appear on the screen. This means that people around you can see and read details of your notifications, greatly affecting privacy.

If the message contains personal information or notices from the bank. then letting others see it will sometimes be awkward. Therefore, turning your phone screen face down when facing others is the way to maximize your privacy, limiting situations where people around you accidentally read your messages.

Prevent dust and liquid from coming into contact with the screen

When placing the screen facing up, dust will dirty the phone screen. It may scratch the screen and protective film during cleaning. If you're worried that turning your phone upside down will scratch the screen, you can add a screen protector.

In addition, if you place the screen facing up, when you accidentally spill water, food. they will directly impact the phone screen. To limit these unwanted factors, you should turn your cell phone face down when placing it on the table or when not in use.

Protect the camera from scratches

The design of most phone models today has the rear camera cluster protruding from the back, so if you leave the phone lying on its back, this camera cluster will come into contact with the surface below, gradually causing damage. scratches the camera lens, affecting the ability to take photos and photo quality.

Increase concentration

Smartphones always have a notification feature on the phone screen to help users recognize new messages. The notification feature is both a strength because it helps you receive messages faster, and a disadvantage because too many and continuous messages will distract you from your work.

To overcome the above drawback, you can turn the phone face down when placing it on the table, or turn off the notification feature on the lock screen. That way, you can both maintain focus because there are no notifications to disturb you, and you can read notifications when you unlock the screen as usual without worrying about missing them.

It can be seen that the habit of placing your cell phone face down on the table when not in use brings more benefits than you think. Another thing to note is that when putting your phone in your pocket, you should face the phone inside to limit screen breakage when colliding with metal or hard edges, and avoid contact with hot batteries that can cause burns. skin.

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