

Asthma patients are less likely to fight the flu

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Accordingly, people with asthma will have a weaker immune system to cope with some types of flu. Research indicates.

Researchers led by Dr. Ben Nicholas from the University of Southampton have assessed the ability of asthma sufferers to sample the healthy people who volunteered and, in turn, exposed the **virus** to the muscle's response. body of this group.

Dr. Nicholas said: '*We want to consider whether the immune system of people with asthma is able to fight and cure flu symptoms completely. This is very important in monitoring and treating asthma patients*'.

1. 4 ways to deal with asthma attacks - bronchial asthma



Research results show that patients with asthma who get the flu have worse signs. Meanwhile, normal healthy people who get the flu are more resistant to many flu viruses. This shows the difference in the immune system status of these two groups.

' We hope that this result will help the medical community better understand that patients with asthma often get the flu and often stay away. Since then, it is possible to find combined special treatment methods, limiting the flu situation, making asthma worse, 'he added.

Now for more in-depth research, Dr. Nicholas will use a micro-pin inserted into the lungs, placed in an experimental environment to monitor the asthma response to asthma with other symptoms from the flu.

The research was supported by Synairgen scientist from Southampton University Spin-out company. At the same time, the group will also use online health information for adults and children with asthma to continue research.

In addition, this study is considered important, necessary to see the difference in the ability of an asthma immune response to flu symptoms as well as to create a new type of asthma control drug. Future.

The study has just been published in the Journal of Clinical Allergy and Immunology.

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