

Apply skin care masks from natural products

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No need to use cosmetics regularly, you can still take care of your skin by applying masks from natural products. Coconut oil, pumpkin, banana pepper are great things to make masks for dry skin.



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Here is how to apply a face mask suitable for 3 common skin types.

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Apply mask for dry skin

You often wince because your skin is dry and cracked every time it gets cold, thereby creating an opportunity for wrinkles to appear and your skin tone also becomes rough, less fresh. Apply the following face mask for your dry skin.



Apply a mask to dry skin with tomatoes

Tomato mask

Puree 2-3 tomatoes, the water used to drink helps regenerate the skin from the inside, and the residue is applied to the face for about 20-30 minutes and then rinsed thoroughly.

Tomato carcass will make the skin always firm.

Coconut oil mask

Take a moderate amount of coconut oil, spread evenly and massage gently on the face. Then dip a washcloth in warm water, wring it out and apply it to your face for easier absorption of nutrients. Do this 4-5 times and then wash it off with warm water.

Coconut oil has the effect of providing additional moisture, making the skin smoother and softer.

Pumpkin mask

Mix well a mixture of pumpkin, a spoon of honey, an egg, then massage it on your face for a few minutes and wash it off with water. This mixture can also be used for dry areas such as elbows, knees, ankles, etc.

Pumpkin contains Vitamine to create elasticity, good elasticity on the skin, collagen regeneration to create youthfulness and vitality for the skin.

Cucumber mask

Crush the cucumber and squeeze the juice, then use a cotton swab to apply evenly on the wrinkles on the face,.

Cucumber has an anti-drying effect, helping to remove wrinkles.

Banana pepper mask

Peel and mash bananas with cow's milk or lemon juice, then apply a mask on your face.

This mixture will have the effect of making the skin smoother.

Apply a mask for oily skin

Oily skin is a type of skin that often secretes lustrous sebum to facilitate dust on the skin to clog pores, so your facial skin is prone to acne.



Egg and lemon face mask for oily skin

Egg and lemon mask

Mix egg whites with 4-5 drops of lemon, apply on face for 15-20 minutes and then wash off.

Cucumber and egg mask

Squeeze a moderate amount of cucumber mixed with egg white, apply to the face after washing the face thoroughly. Leave on for 20 minutes, then rinse off with water.

Strawberry mask

Puree a little strawberry with fresh milk, then apply on the face for about 15 minutes and then wash the face thoroughly.

Apply a mask for combination skin

Your skin is usually oily in the T-zone and dry in the cheeks. That is a sign of combination skin. So you have to re-balance the moisture and provide more nutrients to the skin thanks to the mask made from natural ingredients.



Apply a mask of mixed skin with avocado

Avocado and cucumber mask with eggs

Mash half an avocado and cucumber, mix with egg whites then add 2 teaspoons of powdered milk. Use 1 glass cup of this mixture and leave in the refrigerator for about 30 minutes. Then, apply evenly to the face combined with gentle massage and then rinse with cold water.

Egg Mask with Olive Oil

Take 1/3 of an egg yolk mixed with 5 drops of olive oil, then apply it on your face for 15-20 minutes and then wash your face thoroughly.

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